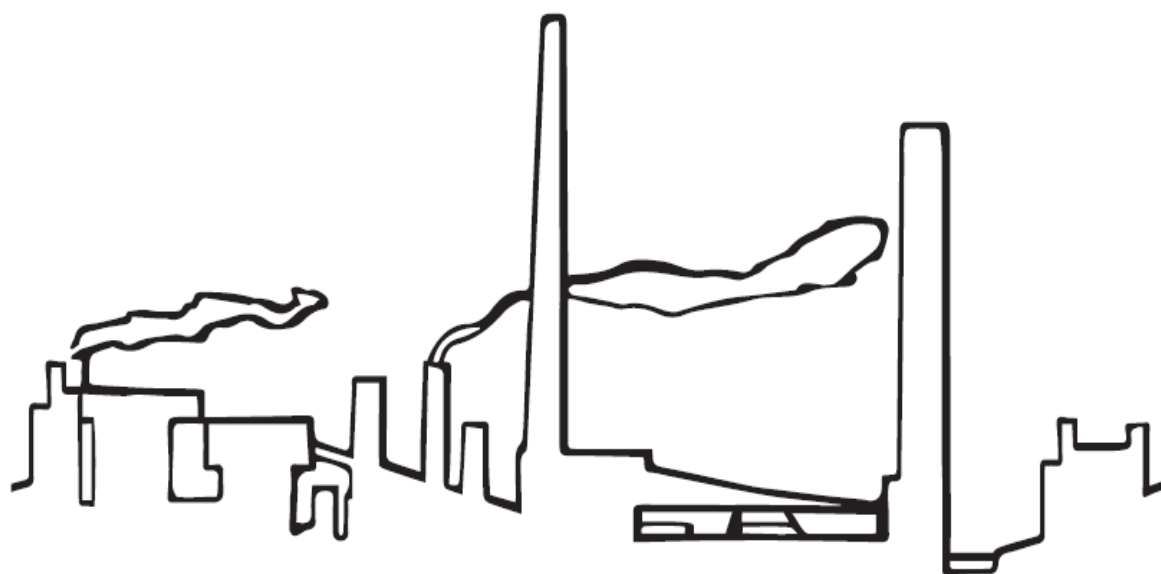


WIRRD

WOLLONGONG ILLAWARRA ROLLER DERBY





GENERAL CODE OF CONDUCT

The Code applies to the following persons;

Club & Unattached member, Participant, Official, Coach, Administrator, Volunteer, Spectator, Parent/guardian, Member of the community and Media

You must meet the following requirements in regard to your conduct during any activity held or sanctioned by Wollongong Illawarra Roller Derby and in any role you hold within Wollongong Illawarra Roller Derby.

1. Inclusion of every person regardless of their age, gender or sexual orientation
2. Inclusion of every person regardless of their race, culture or religion
3. Opportunities for people of all abilities to participate in the sport and develop to their full potential
4. Respect is shown towards others, the club and the broader community
5. A safe and inclusive environment for all
6. Elimination of violent and abusive behaviour
7. Protection from sexual harassment or intimidation
8. Be fair, considerate and honest in all dealings with others
9. Be professional in and accept responsibility for your actions
10. Make a commitment to providing quality service
11. Demonstrate a high degree of individual responsibility, especially when dealing with persons under 18 years of age, as your words and actions are an example
12. Be aware of and maintain an uncompromising adherence to Wollongong Illawarra Roller Derby standards, rules, regulations and policies
13. Operate within the rules of Wollongong Illawarra Roller Derby including State guidelines which govern our NSW incorporated association
14. Understand your responsibility if you breach or are aware of any breaches of this Code of Conduct
15. Do not use your involvement with Wollongong Illawarra Roller Derby to promote your own beliefs, behaviours or practices where these are inconsistent with those of Wollongong Illawarra Roller Derby
16. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible
17. Refrain from any form of harassment towards, or discrimination of, others
18. Show concern and caution towards others who may be sick or injured
19. Be a positive role model
20. Endeavour to ensure others in your company conduct themselves in a proper and reasonable manner

Please note:

Failure to adhere to this code of conduct may result in disciplinary action such as removal from WIRD events/activities, suspension from training or cancellation of club membership.



Who are we?

Wollongong Illawarra Roller Derby (WIRD) is a not for profit organisation run by volunteers who are committed and passionate about playing, developing and promoting the sport of flat track roller derby in Wollongong and across Australia.



What is Roller Derby?

Roller Derby is a full contact sport played on quad skates. Its constant switch between offence & defence creates a very exciting game. Two teams compete in a game with two 30-minute halves, each half is made up of multiple "Jams" that can last for up to 2 minutes with 30 second breaks between Jams. At the whistle, one player from each team called the 'Jammer' races for points while 8 "Blockers" (4 from each team) attempt to assist their own Jammer while stopping the opposing Jammer using shoulders, body and hips to hold, block and hit. Points are scored each time a Jammer laps an opposing skater.

WIRD is an incorporated association, guided by an Executive Committee:

Acting President:	Ziggy Starbuster (Carlie)	president.wird@gmail.com
Interleague Rep:	Ziggy Starbuster (Carlie)	interleague.wird@gmail.com
Treasurer and Public Officer:	EBZ-ecutioner (Ebony)	treasurer.wird@gmail.com
Secretary:	Rook Raucous (Emily)	secretary.wird@gmail.com

Other important contacts:

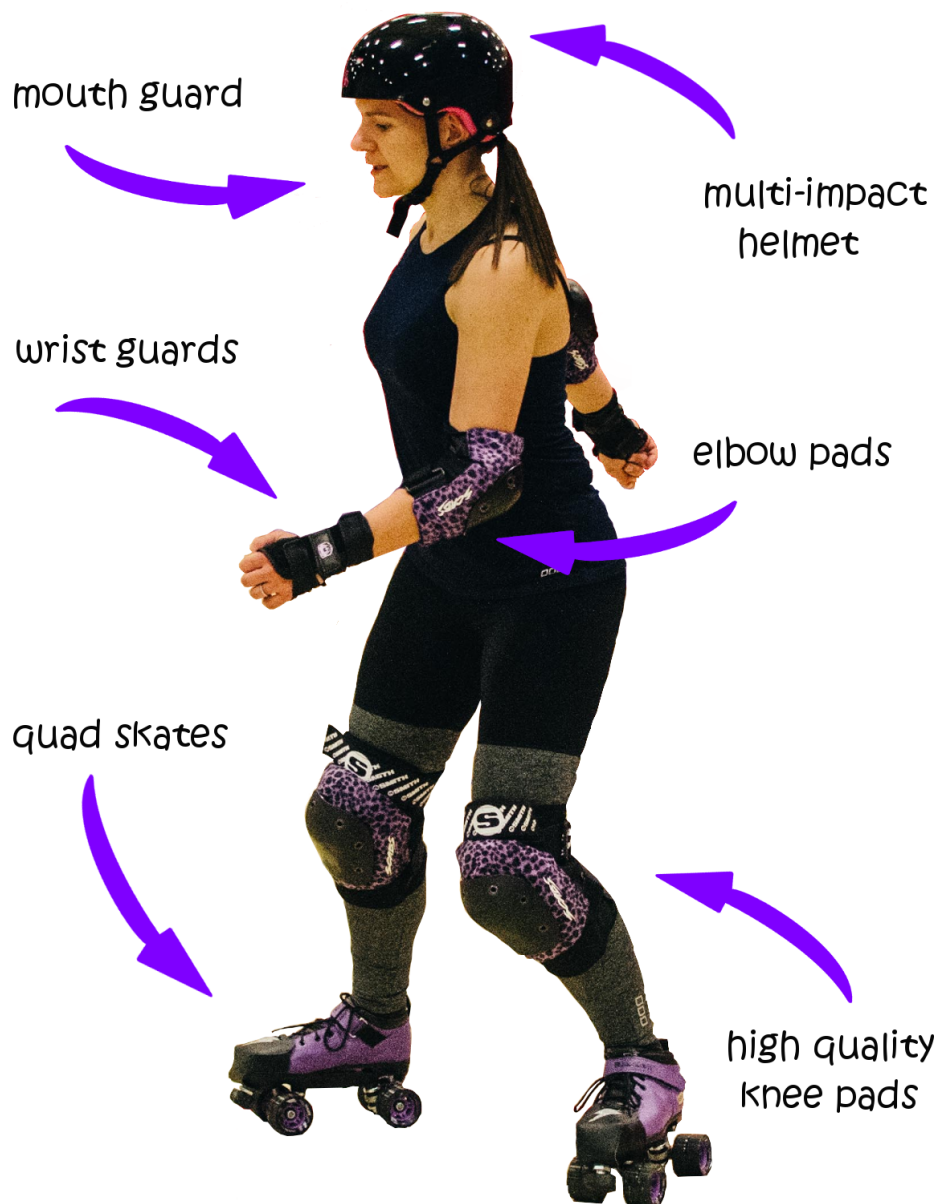
Media Coordinator:	Kranky Crumpet (Amy)	media.wird@gmail.com
Junior Coordinator:	Bald Bearing (Benny)	junior.wird@gmail.com
Grievance Officer:	Kitty Killher (Annette)	grievance.wird@gmail.com
Fundraising Coordinator:	Themme Brutale (Axe)	fundraising.wird@gmail.com
Training Coordinator:	Position currently vacant please contact Treasurer for enquiries	
Event Coordinator:	Position currently vacant please contact Secretary for enquiries	
Officials Coordinator:	Position currently vacant please contact Secretary for enquiries	

Find us on Facebook or for general enquiries email: info.wird@gmail.com

What will you need to get started?

Non- Skating officials:

NOTHING! Come along to Friday night scrim and we will give you a whistle and a stopwatch, clipboard and pen. This is the best way to learn the rules of roller derby, as you will have a front row seat for all of the action and will be doing our skaters a huge favour by providing them with a real game experience. Beginner skaters are encouraged to take part whenever possible.



All equipment (pictured above) is required before participating in on-skate activities.

WIRD has a limited supply of skates and safety gear available to hire.

The above items may be purchased from our supporters District Skate, Oak Flats.

Please enquire if you do not have your own equipment so we can offer some suggestions.



WOLLONGONG ILLAWARRA ROLLER DERBY FEES AND INSURANCE 2021		
Fee type	Cost	Details
League membership	\$30	<ul style="list-style-type: none"> - Includes access to training, 2022 members shirt, reduced parking fees at training venue, invite to league events, and access to league subsidies/ discounts. - Expires Dec 31st 2022.
One month trial membership (available for seniors only)	\$70	<ul style="list-style-type: none"> - Includes one training session /wk over four consecutive weeks and insurance for one month. - Fee not refundable if these sessions are missed. - Must become a league member and pay relevant fees if you wish to continue after the trial.
Skater Insurance	Junior \$40 Senior \$85	<ul style="list-style-type: none"> - Developing skater - Must be purchased before training on skates. - Expires 31st December 2022
	Junior \$55 Senior \$120	<ul style="list-style-type: none"> - Competitive skater - Must be purchased before participating in events with other clubs. - If upgrading from Dev, only need to pay the balance. - Expires 31st December 2022
Officials Insurance	On-Skate \$20 Non-skate \$0	<ul style="list-style-type: none"> - May only participate in events and training as an official. - Not required if developing or competitive insurance is current. - Expires 31st December 2022
Training fees: Junior skater	\$80	<ul style="list-style-type: none"> - One session per week for one term. - Due prior to the start of each term.
Training fees: Senior Level 1	\$80	<ul style="list-style-type: none"> - Non-contact training only. - One session per week for one term. - Due prior to the start of term OR pay the balance after one month trial.
Training Fees: Senior Level 2-5	\$120	<ul style="list-style-type: none"> - Two sessions per week for one term. - Due prior to the start of each term
Training Fees: Social and Associate	\$10	<ul style="list-style-type: none"> - Charged per session attended. - Must have appropriate insurance before participating. - Social skaters are not eligible to compete.

Invoices and payment details will be sent to the email used at registration.

If payment issues arise, please advise the treasurer ASAP to arrange an alternative payment plan.

**Training begins**

Existing members: 25th Jan 2022 (Tuesday)

New members: 4th February 2022 (Friday)

Training breaks

11th April - 25th April

4th July - 14th July

26th September - 10th October

Training ends

TBC (final session)

Fee due dates

Term 1 - 25th January

Term 2 - 25th April

Term 3 - 14th July

Term 4 - 10th October

Regular Training Times and Dates:

Juniors: (1.5 hours)

Fridays 5:00-6:30pm

Senior level 1: (1.5 hours)

Fridays 6:30-8:00pm

Senior levels 2- 5: (2 hours)

Tuesday nights 6:00-8:30pm

Senior levels 2- 5: (2 hours)

Friday nights 6:30-8:30pm

Location:

Court 3- UOW Sports HUB.

9 Northfields Ave, Keiraville 2522

Parking:

Parking available below the building. Charges may occur - please read terms and conditions on arrival





It takes hard work and commitment to become a competitive skater!



Lvl 1, approx 8 weeks

Skaters will learn the basics needed to be a safe skater. Skills that will be focused on during this period:

- | | | |
|---------------|---------|---------------------------|
| • Basic rules | • Form | • Balance and agility |
| • Stops | • Falls | • Forward and back motion |

Level 1 assessment If a skater passes the test - the expectation is that they will be ready for introduction to derby. If they are not ready, the trainers will review the scoresheet and advise areas to develop. Retesting will occur monthly or as required



Lvl 2, approx 8 weeks – Skaters may now participate in non-contact group drills. Skills that will be focused on during this period are:

- | | | |
|--------------------|------------------------|-----------------------|
| • Endurance | • Transitions and TATS | • Hopping and jumping |
| • Basic group work | • Speed | • Lateral movement |

Level 2 assessment If a skater passes the test - the expectation is that they will be ready to begin contact sessions. If they are not ready, the trainers will review the scoresheet and advise areas to develop. Retesting will occur monthly or as required.



Lvl 3, approx 8 weeks – Skaters can now participate in modified contact drills. Skaters who have previously competed or previously been assessed as bout ready will commence at this step for annual testing:

- | | | |
|----------|------------------------|---------------------|
| • Pushes | • Hitting and recovery | • Group work |
| • Whips | • Positional blocking | • Speed and control |

Level 3 assessment If a skater passes the test - the expectation is that they will be ready for full contact scrim. If they are not ready, the trainers will review the scoresheet and advise areas to develop. Retesting will occur monthly or as required.



Lvl 4, approx 8 weeks – Skaters may now participate in full contact drills and scrimmage. Skills that will be focused on during this period are:

- | | | |
|------------------|-------------------------|--------------------|
| • Pack awareness | • Gameplay and strategy | • Team interaction |
| • Endurance | • Advanced rules | • Stamina |

Level 4 assessment Skater must pass the WFTDA minimum skills test and will be observed during scrim sessions and full contact drills for safety, resilience, mental stamina and reaction to changes on the track.



Lvl 5, Bout Ready - Skaters may now compete in games that require WFTDA min skills while continuing to improve physical and mental stamina during training sessions. A WFTDA online test should be undertaken by skaters regularly to ensure current rules knowledge is obtained.

NOTE: Existing Bout Ready Skaters must be tested annually. **Team selection** is based on a skater being assessed as “Bout Ready”, adhering to attendance policy, and showing dedication and commitment to training. **Return to skate testing** may be required if a skater is off skates for more than 6 weeks and medical clearance may be requested if serious injury or illness has occurred.



FAQ - What should I do if I

...want to stay up to date?

Like us on Facebook then join our WIRD Updates group, a league members only group full of useful information. This is where our coaches and executive committee will post messages to our members. Pinned at the top of this group is a frequently updated calendar of events.

...have general questions about our league and the sport?

Just Ask! Everyone is super friendly and always willing to help newer members succeed. We also have a WIRD social group on facebook you are welcome to join and start a discussion with other members online.

...have questions regarding fees, payments or other financial issues?

Contact our Treasurer. They are responsible for all banking and financial matters within our league.

...feel I am unable to complete an activity in training?

Let your coach know ASAP. Every skater progresses at their own pace. Coaches will challenge you but will not force you to carry on if you are not able.

...am injured?

Let your coach know ASAP. Any injury that prevents you from training should be followed up and recorded for insurance purposes and serious injuries may require medical clearance before training can resume.

...know I cannot make it to training for more than one session?

Contact the training coordinator, so they can inform coaches.

...feel bullied, unsafe or intimidated at derby?

OR ...notice somebody else being bullied, feeling unsafe or intimidated at derby?

Contact our Grievance Officer, if you are not comfortable approaching this person, please contact any executive committee member who can raise your issue for discussion and determine a suitable course of action.

...have a suggestion or want an issue raised with the executive committee?

Contact the coordinator responsible for the area of concern or a member of the executive committee so the topic can be discussed at the next executive meeting.