

2022

YEARBOOK



UNI JUNIORS



15/2 BOYS



Under 15 - Division 2

Back Row: Yvette O'Keeffe (Manager); Ben Sebastian (Goalie); Oscar Pike; Louis Ryan; Hugo Ryan; Jackson Horne; Zachary Tanner; Patrick Collins; Ben Ward (Coach)

Front Row: Rohan Mitchell; Reuben Flemington; Tom Covey; Angus Flemington; Lewis Goodale; Owen Goodale.

Most Improved



Jackson Horne

Most Consistent



Lewis Goodale

15/2 BOYS

Coach : Ben Ward
Manager: Yvette O'Keefe

The U15/2s had a fantastic season. For the first few rounds, we only got 7 players each game, and managed to find early success in spite of our low numbers. The boys played with enthusiasm, grit, and a great level of hockey understanding. On multiple occasions I have been told how much fun they are to watch, mainly on account of how they deconstructed teams by passing around them! It is a coach's dream when a player's first thought is to pass the ball, and I was ecstatic when the whole team adopted this mentality. Our improvements were great, least of all our improvement to a team of 14, each guy adding to our success. I did little but let them play, and boys, I promise to talk less next season.

We capped the year off with a premiership with a tight 1-nil win over Wests in the grand final. This game was an amazing, and slightly stressful, end to the season. As with the whole year, the boys showed their class as they passed through the opposition, and their showmanship by only scoring 1 to keep Parents (and me!) on the edge of our seats.

A big thank you to all the Uni Juniors committee, especially Wayne, who allowed this season to go ahead. A big thank you to all the parents. I have recently transitioned from junior player to coach, and I now understand the amazing amount of work you do. A huge thank to Yvette O'Keefe, our manager. Her tireless efforts were not unnoticed, and her enthusiasm and encouragement were definitely needed. And last of all, thanks to all the boys. Seeing them flourish is the great joy of coaching and this group are some of the best!

Patrick Collins – Pat had an awesome season with us this year. Often being outsized, he ran tirelessly and used his skill and work rate to outplay all opponents. When he comes back next year, hopefully with a louder voice, he will be a great asset.

Tom Covey – Tom brought great speed and attacking flare to our team. He loved beating an opposition and bursting into open space, leaving them in the dust. As a u13s player, he has awesome potential and hopefully I can coach him again next year.

Angus Flemington – Angus was a constant thorn in opposition attackers. Playing through our backline, Angus made some awesome tackles and really astute passes and began many of our attacking passages. As he gets stronger and develops his attacking instincts, he will be a big threat.

Reuben Flemington – Our key centre forward, Reuben always waited until his mum was looking away to score his goals. Tireless chasing of the ball and great back tackles exemplified Reuben's game. If he takes some of his Water Polo aggression to the hockey pitch, he will rack up goals next season.

Owen Goodale – Owen pled through the forward line, though his tackling ability meant opposition fullbacks we often caught unaware, and dispossessed. Owen made too many intercepts for it to be accidental, and as he finds his killer instinct in the circle, I am looking forward to seeing him play next season.

Lewis Goodale – Winner of our Most Consistent trophy, Lewis was a mainstay of our midfield. With great skills and awesome game awareness, he turned oppositions inside out. They say consistency is only valuable when you are good, and Lewis certainly was.

Jackson Horne – Our most improved this season, Jackson began the season never playing hockey before and ended it as a demon right across the field. He makes great tackles and passes the ball beautifully. I can't wait to see him play again next year.

Rohan Mitchell – Rohan, one of our younger members, had the killer instinct of a veteran player. He loved making fools of fullbacks and barraging the keeper. If he didn't have to take 3 steps every 1 of the bigger guys, he would be unstoppable. **Oscar Pike** – Oscar was another consistently excellent player. One of our key fullbacks, you would swear he had the other team's jersey on the number of times they passed directly to him. With a right mix of tackling, skills, and vision, Oscar is an asset to any team he plays for.

Oliver Pracy – Ollie was our biggest guy on the field and utilised his strength and skill to pick apart the opposition. He made awesome steals, strong passes, and as all fullbacks should, had a conviction that he was actually an attacker. He is an indispensable part of the team, his absence was always very noticeable.

Hugo Ryan – Our third Mr. Consistent, Hugo ran our midfield unit. With great vision and passing, not to mention some nice stick skills, he acted as an unbreakable connection through the team. He even managed multiple midfield transfers throughout the season, a skill I only wish I had. I look forward to seeing how Hugo progresses as he continues his hockey journey.

Louis Ryan – Louis was a great tackler and passer. His biggest asset to the team was making the crucial tackle, then making the perfect pass to kickstart our counterattack. His tackling strength was unmatched across the competition, and I can't wait to see him back next year.

Ben Sebastian – Ben, as our goalie, was a source of great joy in our team. As the centre of enthusiasm, he lifted the spirits of the team every game. Even though he could reach the corners of the goal, Ben was an aggressive goalie who made numerous clutch saves. His absence due to injury was very noticeable and we were lucky to get him back for the Grand Final.

Zachary Tanner – Zach was another big improver throughout the season. Able to play through all lines, he consistently made great decisions and good passes across the field. He eventually found his calling at Right half, and his overlaps were incredibly effective. I am looking forward to seeing how Zach continues to develop over the coming seasons.



15/2 GIRLS



University Juniors Hockey Club - 2022

Under 15 - Division 2

Back Row: Renee Cooper (Coach), Kate O'Shea (Manager), Chloe Curtis, Imogen Cassidy, Ella Cassidy, Liesbeth Fittler van Tilberg, Emma White, Vivienne Napier, Lily Agafonoff
Front Row: Eugenia Sawczak, Nevaeh Coleman, Alexandra Schieffers, Alicia Martin, Makenzie O'Shea (GK), Ruby Brayshaw, Virginia Petrou, Brianna Howard, Courtney Fitzsimmons
Not Pictured: Phoebe Coggin

**Coaches
Award**



**Lily
Agafonoff**

**Players
Player**



**Makenzie
O'Shea**

15/2 GIRLS

Coach : Andrew O'Shea & Renee Cooper
Manager: Kate O'Shea

Well there is an awesome season for U15/2 Girls complete. We started with every type of Hockey player; new to the sport, returning after time away, returning champions and rising sport stars.

Like any new team, we took time to connect with each other but when we did our game improved dramatically. I am pleased to say your coaches were very impressed with the way you played as individuals and as a team, right from the start of the season. You should be very proud of how far you have come.

The coaches this year were Renee Cooper, a blinding flash on the wing for University of Canberra and Andrew O'Shea, the greying old bloke (aka Grey Beard) with all the injuries from playing for Australian National University. A fine pair of coaches that stand proud of the girls achievements this season.

So a few words on each of our rising super stars.

Nevaeh Coleman (U13's fill in). This lady started the season very quietly and a little below where she felt comfortable. The inners and wing is where she shines. Nev has the energy of an energiser bunny, and does not quit even when her feet say no and throw her to the ground. Nevaeh, throughout the season your speed and commitment to the ball improved and you even used your voice; well done, don't stop chasing the ball.

Ella Cassidy. Ella, Ella, Ella, so focused, so committed to get the ball to the circle. We watched you grow from a single minded running forward to a striker with the ability to feed the ball to the circle and scoop up the goals. Your team play was your greatest improvement this year, you learned to trust your pass and it improved your circle play. Ps I think you got taller this year..... Certainly faster running was seen. Ella is the top goal scorer for 15/2 girls this season.

Imogen Cassidy. This year you showed that you are willing to try new things. You stepped out of the centre of the field and used the right and left sidelines to full advantage. You're fast; so fast you over run the ball sometimes. Your control of the ball improved throughout the year and this resulted in your new skill of inserting the ball from the pockets, this skill will do you well in future years.

Lily Agafonoff. Wow, what a stratospheric improvement in your game play. You started the year with very little confidence in your ability to get to the ball, move the ball or even where you should be on the field. This did not stop you. You are a solid Centre Half, your ability to just appear and stop the opponents advancing the ball is fantastic. By the end of the season you were no longer afraid of running at the attackers, it was awesome to watch. Seeing you come off the field with a grin on your face, every game, and then asking how soon can you go back on shows how far you have come. Keep the fire burning, focus on the ball.

Brianna Howard. "I can't play, I'm not that good." You said this a lot this year and then proved yourself wrong, at every possible opportunity in every game. Once you learnt to hold a solid stick in the tackle your game shifted. You are a proven wall in defence, you read the play and commit to the tackle. Next season you need to move up the field into the Halves, you can run, you can tackle and you have learnt to sweep the ball; all good skills for a half. Step out of your comfort zone and your game will open up, trust your skills.

Liesbeth (Beth) Van Tilburg. If we learnt anything from you this year it was, you have hidden hockey ability, it just needs to be challenged. Beth you started the season with next to no trust in your ability or confidence in your game play. Once you learnt to pester the opponents for the ball your skills started to appear. You're fast and have a long reach, something a wing needs. You showed time and again your ability to stop the pass and you will gain better handling skills the more you play. It was great to hear you calling for the ball towards the end of the season as this shows your confidence has improved.

Alex Scheiffers. 10 out 10 for improvement. You did not want to be up the front of the field because you kept telling your coaches that you're not good at this game; as soon as we put you up there you scored a goal. Liar liar pants on fire. You have an excited skip when you start your run at the ball, don't lose that excitement, you are talented and your skills are improving every game. It was great to see you grinning when you came off the field.

Phoebe Coggin. You were only with us for a short amount of time, but your game improved soooo much. The game was new to you and you were not sure where you needed to be and when, but when you tackled an opponent you took the ball from them. You have talent, believe in yourself and you will be surprised to see where you will take your hockey.

Ruby Brayshaw. Run Scoby run...This is what the coaches yelled the most from the sidelines; and you delivered. Your running to the post and being in position to receive the ball on the wing was fantastic. Half the game is about being an option for the person with the ball, the other half is putting it in the goal. Your trust in the other players improved and this was seen on the field. I think sometimes you even sent the ball forward into your own position leaving you to run to get it back. Great commitment. Be in position and run to the ball.

Eugenia Sawczak. Sweeper Sweeper where are you? This is your trademark skill and you have improved it so much. You call the play forward with confidence and command, everything a Centre Forward needs to do. Commit to the ball, don't shy away and give a cracking sweep pass into the circle because the team did so well when you did. You are a positive light in the team, even when you did not feel great; this is leadership. Next year it would be great to see you work on your standing hit so you can be the striker you need to be.

Alicia Martin. Head down and running.... Your greatest improvement this year was your new skill of looking up and offloading at the perfect moment. You are a strong striker and you are very confident with the ball which was very clear to see with your weaving skills. You are also quite precise with the rules, I like this; I think you are a budding umpire and you should aim for a pink shirt next season. You take all coaching in your stride and even when it is raining you are keen to take the field. Work on your "running in a pack" skills and vocalise what you want the pack to do.

Courtney Fitzsimmons. We saw a massive confidence jump in your hitting ability this season. You are a strong forward who is slowly learning to use their voice, call for it and smash the cover off the ball. You are growing confidence in attacking the play and it is rewarding you with the ball. Don't be afraid to run, you are fast and you don't have to run all game (we can sub you off for a rest!). Run to the ball and take it, it's yours.

Chloe Curtis. You have taken ownership of forward positions. You are at the ball, on the pass and always running, it is great to see. We have watched you get challenged hard and even injured but you come back every time. Your jab tackle is fast and super effective and you saved the advance many times using it. Your development and confidence is on the way up, keep going.

Emma White. (U13's fill in) A rising U13 Champion. Emma, your ability to play the game is fast growing beyond your age. You have grown in voice this year and have shown a level of stick-to-ball skill that was awesome to see. It was great to see that when you were pushed around on the field you didn't let it change your play, you just passed the ball and ran around. You are a great team player and have the midfield well and truly controlled.

Viv Napier. Your defence is dependable and clearance of the ball opens up the play, always reliable. You did not seem to get flustered in the swarming tactics of the other teams, you just stood your ground and blocked. The team is stronger with you in the back line but you need to extend and play midfield, you have defence covered. We are glad that you chose to stay with us for the season, you are a strong calm player with a solid hit. I would like to see you stretch out of your backfield because I know you can run.

Makenzie O'Shea. What would we do without you? We started the season with a rotating goalie model and this was going well, but as anyone knows, not everyone is confident in the goal. Enter Makenzie... A first time Goal Keeper. You stepped into the kit mid season and wrangled the back line, saved some awesome goals and this was all down to wanting to help the team. The whole team is so happy you joined us and grateful for your insight and onfield dance offs you had by yourself in the goal. Your greatest achievement this season was in the grand final, facing a penalty shootout against some of the strongest strikers in the 15 Girls competition, you fought hard to secure the win. As much as you wanted to turn and run from this, you stepped up and showed everyone watching not only what you were made of, but delivered a prime example of everything 15/2 Girls represented... absolute grit and determination no matter the challenge.

Virginia Petrou (U13's fill in). What a powerhouse of growing talent, another rising U13 champion. You were challenged in the role of Centre Forward but you complemented Eugenia by an alternative style of play, it kept the opposition on their toes and scrambling for the ball. I think your greatest achievement this year was your speed. You went from backline to forwardline and worked on your running and it showed. Because of your commitment to improve, we were able to put you anywhere on the field and you saved many players who needed a rest. Keep up on the speed training you have been doing in your own time, it is paying off.

Players Player. This award goes to the team mate who the rest of the team voted for the most throughout the year. This year is Makenzie O'Shea, you should be very proud of your team as they are very proud of you.

Coaches Choice. This was a hard decision as many of the players have improved so much this season. After great deliberation the coach's choice for 2022 U15/2 Girls is Lily Agafonoff. Well done, you were challenged by the game and you beat it.



15/1 BOYS



Under 15 - Division 1

Back Row: Shayne Monahan, Oscar Pike, Sammi Branch, Jack Kelk, Will Aigner, Owen Noordhuis, Rhys Harris, Jasper Brown

Front Row: Will James, Will Soar, Owen Rule, Elija Tanouye, Lucas Johnson, Lewis Good-ale

Not Pictured: Ethan Cayzer, Robert Wannell, Decklan Holt

Most Improved



**Elija
Tanouye**

Players
Player



**Will
Aigner**

15/1 BOYS

Coach : Shayne Monahan

Under 15 Division 1 Boys played the 2022 Season as a combined QUHC/UJ team. Playing in a very strong competition was always going to be a tough ask, and that is exactly how it turned out.

The boys played 12 regular season games for 2 wins, 2 draws & 8 losses. This was enough to get them to 4th position on the competition ladder and enable them to participate in the 2022 finals campaign. Unfortunately, week 1 of the finals was as far as they went. Comprehensively beaten by a rampant United team.

The team consisted of 7 QUHC boys: Jasper Brown, Lewis Goodale, Oscar Pike, Rhys Harris, Elija Tanouye, Ethan Cayzer & Robert Wannell. Plus 9 UJ boys: Will Aigner, Lucas Johnson, Owen Noordhuis, Owen Rule, Will Soar, Sami Branch, Will James, Decklan Holt & Jack Kelk.

Despite the fact that the boys came from 2 separate clubs, they combined well as a team in sometimes trying circumstances. They had some tough weeks. During the 12 rounds, they managed to score 16 goals & allowing 39 goals against. Not ideal statistics. Yet, it was not always doom & gloom. They played some exciting hockey at times.

I thoroughly enjoyed being a part of the boy's hockey journey. Hopefully they will back up for the upcoming indoor season and continue to improve.
Regards Shayne Monahan



15/1 GIRLS



Under 15 - Division 1

Back Row: Coach Rachel, Lucy Curtis, Ellie Anlezark, Alicia Martin, Imogen Cassidy, Ella Cassidy, Josie Foster, Anika Oswald, Manager Fi

Front Row: Ella Woolley, Laura Durbin, Aimee Kelk, Grace Savage, Chloe Dann, Ava Pitt, Claire O'Connell

Not Pictured: Courtney Fitzsimmons, Coach Brie

Coaches
Award



Lucy
Curtis

Players
Player



Ella
Woolley

15/1 GIRLS

Coach : Rachel Durbin
Manager : Fiona Kelk

The U15/1 Girls had an absolutely amazing season. We started the season by building new connections within the team and setting up to link differently on the field. Running in packs and supporting each other as we moved forward was a key area of focus. We reinforced positive team talk on the field and this really helped the girls build as a team through the season. By half way through the season we were looking at a strong and continually developing team that went from strength to strength.. Almost each game from that point was a highlight in embedding fantastic passing, strength on the ball and teamwork that utilised the talents of each team member. The best game of the season was by far the final match where the girls truly realised their strength as a team holding together with absolute strength against a tough opposition and giving them a number of serious scares with break away attacks. Nearly every single members of the team represented at Regionals and State level this year which also enhanced their skills, confidence, fitness and creativity on the field. Congratulations to Josie, Laura, Claire, Anika, Ella W, Ella C, Imogen, Alicia, Lucy, Grace, Aimee, Ellie, Ava, and Courtney for your representational efforts and achievements across U13, U15 and U18 regional teams and especially in the U13 State team. We are so proud of the girls for their commitment and persistence on the field and their support of each other skill and play development. Well done for a really successful and enjoyable year of hockey - you absolutely nailed hockey grit and teamwork this year.

Starting with the heart of the team,

Grace - Wow grace save our butts sooooo many times! What an amazing year Grace had talking in the back with confidence, Grace was resilient under what seemed to be relentless attacking pressure from some of our opposition attackers. Grace improved astronomically over the season and grew in confidence, finishing on a high with so many spectacular saves in the last game. Grace's reflexes and clearance skills hit a new level this year and clearly showed why she is such a sort after Goal Keeper. Grace you are a goal keeping extraordinaire!

Lucy - Lucy what an amazing amount of improvement you have made this season. Across the season, Lucy really stepped up her reliability in defence by focussing on her tackles and confidence on the ball. Lucy was brave in her pursuit of new skills and her mindset and commitment to practice sessions got results on field. Lucy improved in confidence, skill and teamwork over this season. Absolutely reliable in the back line and half line Lucy turned our defence into attack many times. We are excited to see how much Lucy continues to grow and where her skill will take her next year.

Ella W - Ella is our most tenacious full back and plays with absolute reliability in her tackles. Ella was like a brick wall, stopping so many attackers before they even got to the circle. Ella developed well over the season, ensuring her clearances from defence were not wasted. Her connections to the half line and inners was a strength of her play. Stretched out of her comfort zone on one occasion, Ella demonstrated what a defenders strength on the ball can look like in our attacking circle when she played Centre Forward. Ella showed us that strength in the circle gets results. Well done Ella you had a rock solid season.

Josie - Josie demonstrated her flexibility and utility by playing in all three lines on the pitch. Ever reliable in the half line, Josie developed her talents as a connector and when running though into attack. She honed her skills as a disrupter of the opposition and was able to strengthen our runs through the mid field at key changeover points. It was great to see Josie build on her confidence and run through into attack as an inner. Josie's contribution and passion for the game was on best display with strong passing and connections into the forward pack and when running with the mid field. This was a really key season for Josie's team contribution with our team play optimised through her positive communication on field.

Claire - Strength and reliability in the centre is what every team needs, and we got it in spade from Claire this year. Claire demonstrated her strong distribution skills from the centre half position and became the centre piece in the mid field. Her positive talk boosted team spirits and made all the difference to more junior members of the team. As Claire's confidence grew through the season, her contribution to team plays was next level. Claire was committed to defence and continually got back to support. Never giving up Claire made a real difference on and off the field to the teams growth across the season.

Laura - Like an energiser bunny, Laura never stops running. She digs deep and supports the entire team every step of the way. Laura really developed her tackles this year and focussed on accurate passes, making sure our launches into attack were maximised. Laura really improved her speed through the season and made good use of it to loop behind the back line whenever needed. Laura's passion for the game and commitment to her team shone through this year. Laura is ever reliable in the half line and links the team together with her amazing sweeps. Great work Laura.

Ellie - Ellie is an absolute workhorse, known for always being there and putting in all her effort throughout every game. Ellie is the most understated superstar in the forward line. She never makes a fuss about anything, she is always there with 110% of her heart in the game. Super reliable in the midfield, always able to steal the ball and launch us into attack. She is always there to support her team mates and makes herself available for the passes out of defence. Ellie continually talks within the team and was the driver of many rebuilding efforts out of defence. She was always there as the connective strength needed to build when we were down and never gave up - ever.

Anika - Running continually Anika made a real difference in the forward pack. Linking through the mid field, Anika was always there building from the half line and into attack. Anika's contribution was both fancy and fast, always making sure the forward pack was feed great balls into attack. Anika was relentless in her contribution to the team, always making sure made opportunities for others through her leads and supported with strength on the ball and clever skills that built into attacking plays. Anika never stopped and was always keen to get back onto the pitch after a short break. Anika's team talk was essential to morale and leadership in the team. We are excited to see how Anika skills build over the next season.

Ava - Ava is a speed demon and has the fanciest spin in the team. She was always demonstrating her tight skills and ability to get out of a tight spot in the mid field. Ava was a deceptively fast attacker who never missed an opportunity to shift the team plays to the next level. Ava's confidence grew through the season and she was able to link with our strikers and half line for creative plays. Ava was another of our mid fielders who never gave up and always thirsted to contribute in every game. She was never comfortable on the sideline, always keen to get back into the game and make a serious dent in the opposition. Ava contribution was beyond her years as one of the youngest on the team and she is expected to be central to the core strength in the team in years to come.

Imogen - Another our tireless mid fielders, Imogen never gave up. She was always looking to mark her opposition out of the game and link to the strikers when we got the ball. Imogen planed with increasing confidence this year and cemented her place in the team with dedicated effort. Imogen was able to really develop her stick on ball skills this year which she made good use of running forward into attack. She linked well with her wings and ensured the opposition were under pressure the whole time. Imogen showed great flexibility through a number of games moving across positions to give other team members much needed breaks. A great season of strength and development, well done Imogen.

Ella C - Fancy in the front line is Ella's hallmark style. She has the strength, speed and agility to carve up any defence and take great shots on goal. Ella created so many attacking breaks and linked superbly with the other strikers to absolutely freak out the opposition goal keepers and defenders every time she got the ball. Tenacious in the circle, Ella made great use of the ball whenever she got it. Whilst flexible enough to play almost any position when required, Ella was a key component of our attacking pack.

Alicia - Alicia is the best positioned striker in the forward pack. Always in the right spot and increasing in speed, Alicia never missed a cross to deflect into the goal. Alicia had a real knack of knowing when to accelerate and support the attack without bringing the defenders with her. She was always ready to receive and made so many great leads up front to create opportunity for both herself and the forward pack. Alicia linked well and was always able to be heard calling for the ball in the circle. She was also brave enough to contribute as a halfback when required, listening well and developing her marking and tackling skills well in the second half of the season. Well done Alicia, your attacking game hit next level this year.

Chloe - Chloe earned the reputation of being our twinkle toes striker. She ran every pass to ground and always worried the defence with her amazing speed. Chloe was creative in her leads across each of the striker positions and made sure she was on the move every time in set plays. Chloe was an indispensable member of our team and grew her confidence to communicate on the run. With relentless pursuit of the ball in the circle, Chloe was a unselfish play maker in our attacking pack who optimised our chances for goals. Well done Chloe you never cease to amaze with positioning prowess and speed.

Courtney - Another of our flexible attackers and midfielders, Courtney was always reliable in the thick of tough opposition. Court was capable of just about anything in this team. Her strength was connecting with her team members and getting us through the mid field into attack. Once clear of the pack, Courtney was able to accelerate and link into break away runs. With multiple opportunities through the season, Courtney built on her speed and strength and never let her team mates down. With growing confidence in her own skills, Court made a great contribution this year.

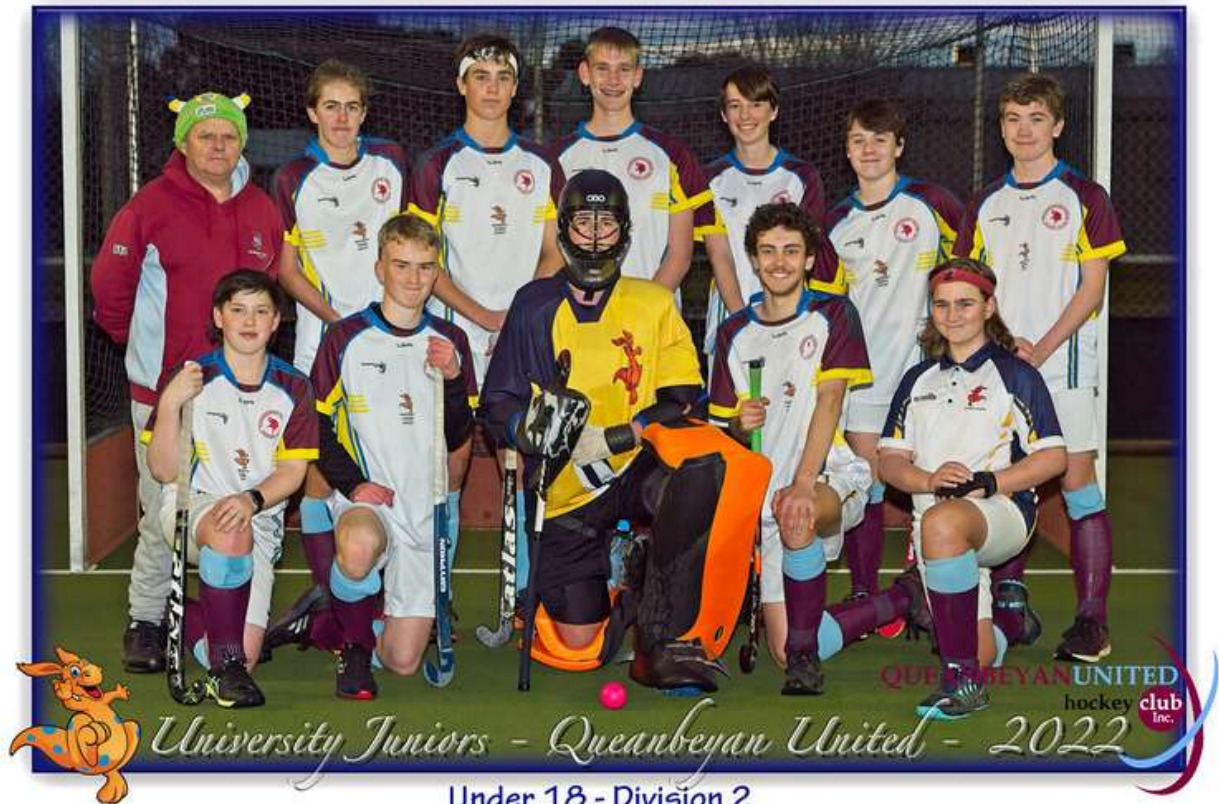
Aimee - Aimee's favourite position was attack and she loves to score goals. Strength in both defence and attack made it hard for the coaches to choose where to play Aimee because we wanted her skills everywhere. Given short bursts into attack, Aimee was tenacious whenever she was given the opportunity to move forward. Aimee injured herself early in the season, but you wouldn't have known she even missed a beat by the end. Great comeback Aimee, it was wonderful to see your flexibility and passion to run from the half line forward whenever you got the ball.

Indira - special mention to Indira who played part of the season with us. Indira made blistering runs in the forward line, especially through the left and almost took the defence by surprise with her speed and spins. Keep going Indira, we look forward to playing together again soon.

Special thanks to the wonderful fill ins throughout the year. We were blessed with a bunch of fantastic and passionate players from U15/2 and U13s when required who seamlessly integrated into the team. We always appreciated your time and commitment whenever you played.

Thanks also to Coach Brie for stepping in part way through the season to assist Rachel - you absolutely did a great job stretching the team out of their comfort zone to build strength and confidence in the girls, and that was on top of specialist goalie and defender skills. Also thanks to our wonderful manager Fiona for doing such a great job and to all the parents and supporters who got the girls there each weekend and supported the growth and development of the team across the season.

18/2 BOYS



Under 18 - Division 2

Back Row: Shayne Monahan, Jack Kelk, Lucas Boorer, Owen Noordhuis, Hunter Norris, Will James, James Straffon

Front Row: Names left to Right: Elija Tanouye, Owen Rule, Brayden Holt, Lachlan Hewatt, Logan Monahan

Not Pictured: Rhys Harris, Elijah Logan

Coaches
Award



**Elijah
Logan**

Players
Player



**Owen
Rule**

18/2 BOYS

Coach : Shayne Monahan

Under 18/2 boys played the 2022 season as a combined QUHC/UJ team. Hopes were high that this team could go all of the way this season.

The boys played 14 games for 5 wins, 6 draws & 3 losses which got them into 3rd place on the competition ladder.

A couple of places lower than was expected, unfortunately. Too many draws did not help. Finishing in 3rd place meant that a win was the only way to progress to the Grand Final. Yet another draw saw the team bow out of the semi finals in a game that they could easily have won.

The team consisted of many boys from the U15/1 team backing up each week. The team was designed this way to get the U15 boys some experience in the older competition. 2 games per week, plus 2 training sessions really helped the boys combine well as a team. Just too many draws.

The team consisted of 7 QUHC boys: Elijah Logan, Hunter Norris, Lukas Boorer, Elija Tanouye, Rhys Harris, Toby Barber & James Straffon. Plus 8 UJ boys: Brayden Holt, Riley Wheatley, Lachlan Hewatt, Will Aigner, Will James, Owen Noordhuis, Owen Rule & Jack Kelk.

The team finished on 21 competition points, only 2 wins behind the competition leaders, which shows how important wins are instead of draws. What could have been. The boys scored 24 goals, the most in this competition. Only conceding 15 goals. Also the best in this competition. The boys deserved better from their efforts.

I had a lot of enjoyment coaching these boys this season. Lukas, Toby, Brayden & Lachlan all playing seniors this year. The future of hockey is bright if these boys continue to play.

Regards Shayne Monahan

Graduate : Lachlan Hewatt

Lachlan has played hockey, a sport he was always destined to play since both his parents played for University of Canberra with the Uni Juniors club since the club began. When word got around that both the University clubs (UC and ANU) were starting a Minkey club (University Angels) Lachlan was the first to be signed up and ever since then he was hooked. Braving many very cold winter mornings at a variety of locations he attended Minkey carnivals, scored many goals and even taught his coaches a few things!! Lachlan learnt how to play hockey through the Minkey program and when he was old enough started playing in the competition teams for University Juniors. Lachlan finishes his time with Uni Juniors as a member of the U18- Div 2 team. Lachlan has played every season of outdoor winter hockey since he began and has recently enjoyed playing senior hockey playing alongside his dad.. Lachlan has loved his time at Uni Juniors and is sad to leave.
- Suzi Foley

In '21 he joined a mostly QUHC team with little to no knowledge of his team mates strengths & weaknesses. He applied himself to the task with gusto, playing several positions throughout the season. He also filled in for the 18/1 team on occasions when work or other playing commitments allowed. In '22 he asked to play with this team again. Although the personnel had changed to a younger group of boys. Once again, he applied himself to the task, taking on a leadership role. Early on, the team was firing well, with wins against all in our path. As the season went on, our defence began to struggle against older, faster opposition. Lachie moved back into our Defensive MidField position to give us some strength where we needed it. With little knowledge of the role, he applied himself & made the position his own. I wish you well in your future ambitions Lachie. May you hit them straight & trap them everytime.
- Shayne Monahan

I've had the honor of coaching Lachy in both juniors and seniors over the past few year. Lachy has always been willing to learn and help out other on the team. I've also had the greatest pleasure that this year I got to play along side Lachy in SL1 mens. It was so awesome to watch him grow from juniors to seniors and prove to so many other his commitment to the sport. Sad to see you leave juniors, but I cannot wait to play with you again on the seniors feild.
- Nathan Cornish



18/2 GIRLS



Under 18 - Division 2

Back Row: Kate O'Shea (Manager), Morgan Hill (Coach), Claire O'Connell, Sabrina Orellana, Liesbeth Fittler van Tilberg, Katya Agafonoff, Makenzie O'Shea, Ruby Alexander, Lucy Curtis, Ellie Archer, Andrew O'Shea (Coach)

Front Row: Ainsley Hewatt, Ruby Brayshaw, Laura Durbin, Ella Cassidy, Grace Savage (GK), Aimee Kelk, Chloe Dann

Not Pictured: Pippa Kates

Coaches
Award



**Katya
Agafonoff**

Players
Player



**Laura
Durbin**

18/2 GIRLS

Coach : Andrew O'Shea & Morgan Hill
Manager : Kate O'Shea

So, it has to be said "good riddance COVID, give us a full season". We asked, and the hockey gods delivered, what a season it was. We were entering the season with so many Girls who wanted to play U18s that we had too many for one team, but not enough for two. With a lot of help from the U15s we gave the year a crack. The Girls were divided up into U18/1 and U18/2.

Grace Savage: the reliable goalie, the wall, started quiet and grew a voice. Grace came to us from a Central Hockey Club family last year into U15s and this year added U18s to her talent pool. She saved more goals than dared pass her and kept our defence line as strong as it could be.

Katya Agafonoff: Rugby, singing and now hockey (again), where do your skills stop? Kat showed the team she has great speed and a weaving run when leading the play, always up forward for support but never afraid to run back to defence. A solid hit and lack of fear from Kat keeps the opponents on their toes and Kat delivers every week.

Makenzie O'Shea: Branching out from the back line saw Makenzie play mid field and into the wings. Her skills were clearly evident when clearing the ball up the line and she was dependable in the defence as well. Makenzie is a player who is growing her skills in the front line and will soon become an allrounder as she reads the play well.

Ellie Archer: The last line of defence. Ellie saved the team on so many occasions it was amazing. From the fullback position, she could survey the attack and would appear right when the opponents least expected, taking the ball in a solid tackle and then passing out to the wing or inners. You set the fast runs up with your quick feeds forward, impressive to watch.

Sabrina Orellana: The year of the hit. Sabrina has never been too afraid of the ball and this year we worked on the hit. I'm very pleased to say that Sabrina has learnt to channel the lightning from the sky to the ball. Your speed over the field picked up a notch this year and I'm not sure we have seen you grin so much. Feel the flow and knock the cover off the ball.

Pippa Kates: Never one to stop because it hurts. This year you have shown that you are adaptive and resourceful with your play. You have given other players the confidence to insert the ball by being the one to receive for Penalty Corners. You played this year with some substantial injuries that would stop even the most committed player, the whole team appreciates your unwavering support and commitment. You are growing leadership potential that will benefit any team you play for.

Ainsley Hewatt: A missing strength. Ainsley was sadly missed for a portion of the season due to injury and illness. Ainsley proved her worth on the pitch each and every game she played. Forcing her way down the pitch whether she was in the inners, the halves or the forwards. Showing great skill and independence. Supporting her fellow teammates from behind or in front.

Ruby Alexander: The leading forward. Ruby used her leadership skills to help push and support our forwards. Making appearances in the inners and halves for the first time. Pushing her boundaries beyond what she thought she knew. Your leadership and understanding of gameplay will be beneficial in any team you choose to join in the future.

Claire O'Connell: Claire may be young but she plays like she's been playing for 30 years. She controlled the pitch in the centre. Supported the field on the wings. Created space to feed the ball. She spent the season working in the halves and inners to push the team to spread across the field, avoiding the white magnets effects.

Laura Durbin: A new all rounder. Laura played everything from a winger to a fullback. The only place we didn't see her was in goalie kit protecting the box. Laura spent the season working on creating new roles for herself on the team. Finding she enjoyed being the inserter for penalty corners. The second half of the season was spent working to improve her push from both sides of the box. Ending the season with speed and accuracy everywhere on the pitch.

Lucy Curtis: Lucy was the wall which couldn't be beat. Being first runner is a big task. Lucy ran out and beat the hit more often than not. Her courage was unbeatable and changed the dynamic in the penalty corner. You found your fire this year, burn lady burn.

Aimee Kelk: Don't let a break stop you. Aimee started the season with a snap; her wrist actually (Ice Skating is bad, ok). But after a couple of weeks in repair mode she pounced on the time she had left and owned the wing. You were always leading and bringing our game into the attacking quarter.

Chloe Dann: Our mighty mouse. Chloe was one of the first fill-ins turned teammate who came up from the 15's. While she was a head or more shorter than the opposition, she never let that stop her from taking them on. Chloe would step up and push herself each and every week. Improving in both skill and confidence week in and out.

Ella Cassidy: Leading goal scorer for the team. Your hunger for the goal was fantastic, shots came from nowhere and you made them count. You wore out the centre of the field with your running back and forth, taking the ball up and speeding back to defend, fantastic work.

Liesbeth Fittler van Tilburg: From not sure about this hockey thing in the 15's to speed demon in the 18's. You could always be relied upon to run up the wing in support for whoever was leading and you even had some brilliant shots on goal too. You are fast becoming a leading forward with the sneaky tackle that wins the ball.

Ruby Brayshaw: Always ready to play another game. You found your voice in the 18's and became the open space lead runner. Your ability to quickly run up to the T on the circle was responsible for many of our goals and opportunities for scoring. Great work for the season, use 18's to develop your speed to position more and you will be unstoppable.

Players Player. This award goes to the team mate who the rest of the team voted for the most throughout the year. This year is Laura Durbin, well done.

Coaches Choice. This was a hard decision as many of the players have improved so much this season. After great deliberation the coach's choice for 2022 U18/2 Girls is Katya Agafonoff, you came to the team with a drive that was unmatched, you worked so hard and the team benefited so much. Well done.

Graduate : Katya Agafonoff



18/1 BOYS



Under 18 - Division 1

Back Row: Will Adams, George Harwood-Edwards, Ethan Menadue, Alexander May, William Aigner, Makhaya Hogg,
Nathan Cornish (Coach)

Front Row: Logan Monahan, Aidan Tscharke, James Yvanovich, Toby Barber, Riley Wheatley
Not Pictured: William Galley, Aiden Hellyer, Shelby Mitchell

Coaches
Award



**Toby
Barber**

Players
Player



**Ethan
Menadue**

18/1 BOYS

Coach : Nathan Cornish

The U18/1 boys had an interesting season with only 4 teams in the competition (YAY guaranteed finals!) It was a tough competition with United and Central always pushing hard with games being won and lost. But also makes for a long season playing the same team every 3 weeks. We finished the regular season in 2nd. The boys have improved both individually and as a team throughout the year with games getting better and competition getting tougher. I also have had the pleasure to watch, play with and verse many of the boys over the course of the season. It has been an absolute pleasure to see their growth in both boys and mens.

Will (Pup) - Will was put into a newer position this year, being moved from the forwards to the midfield and he did not disappoint. His ability to make opportunities and space in the midfield allowed us to attack.

George - George was unfortunately away for half the season, but the games he was here was always a pleasure. George has this hidden hunger for the ball. He isn't afraid to put his body on the line to make a play, and will always give every time he walks on a field 100%.

Aiden - Aiden Hellyer was always in the middle of the action, no matter the game. His skill and knowledge of the game was an incredible asset to the team and some score lines. He was always able to control a game, and hold possession of the ball no matter how many people tried to take it away.

Maka - Makhaya has come a long way in his ability and knowledge of the game. He can now possess and influence a game with the best of them. Maka is able to move around positions and not skip a beat on the game.

Alex - Alex has been a pivotal part of our defence this year. His strength and drive for the ball has allowed him to step up and influence games. He has also allowed us out of defence with his overheads making it to the midfield.

Ethan - Ethan stepped up this year to own the forward line this year. His speed and skill has allowed him to overcome other team's defences to score a few goals. This has definitely been proven true with the team voting Ethan their Player's Player this year.

Sharky - Sharky has this incredible ability to be able to beat anything/anyone thrown at him. He has stepped up this year to help control the midfield, he also has this skill to be able to get away from any players that try to tackle him.

James - James is a brick wall in defence. His ability to trap and tackle has proven him to be a key part of our defence, often making the saving tackle/trap before the attack gets to Shelby. He also has a very strong pass allowing us to get out from defence.

Toby - Toby might be our highest goalscorer this year (might be, because I forgot to keep track. But he has scored a lot) he has improved his attack so much that he often finds himself able to receive the ball uncontested within the circle.

Riley - Riley made a mighty effort every week to come up from Bega to play for us, often playing for both U18 teams every weekend. He was always up for a challenge and often filled in gaps in the lines if needed, always putting in 100%.

Wilbur - Wilbur was a solid wall in our half line. He was able to make tackles where others couldn't as well as support the attack where needed. His talk and skill improved greatly over the year making a vital player for the team.

Logan - Logan unfortunately injured his foot during the season which put him out for about half the season. This didn't stop his determination when he returned, giving every time he walked on the field every ounce of effort he could and listening and learning on the way.

Shelby - Shelby, our goalkeeper. He is a very loud individual, which on a field is not a bad thing. He was always in command of our defence as well as sometimes being loud enough for the attack to hear him. Shelby kept us in games throughout the year, limiting score lines and allowing us to have a result.

Will A - Will joined us part way through the year, while also playing for the 15/1 team. He was able to fit in straight away and his skill was put to the test often being moved between defence and attack.

Thank you to everyone else within the club who have helped throughout the year, whether with training, games or just supporting the boys over season.



18/1 GIRLS



Under 18 - Division 1

Back Row: Portia Ashton (co-coach), Eugenia Sawczak, Taisa Robison, Zoe Macintosh, Milla Sabadash, Elena Aigner, Liz Sutton (co-coach)

Centre Row: Sarah Dann, Astrid Simmons, Sophie Woods, Ella Meischke, Finlay Dawson

Goalie - Lillian Leone

Not Pictured: Josephine Foster, Ellie Anlezark

Coaches
Award



**Zoe
Macintosh**

Players
Player



**Taisa
Robinson**

18/1 GIRLS

Coach : Portia & Liz
Manager: Rachel Callinan

The U18/1s had a tough but rewarding season with all our players learning and playing in a first grade for the first time!

Our biggest challenge this season was, like many others, numbers! But massive congratulations to all in our team who pushed forward, every game, even when we were short.

Despite the low numbers, the girls pushed forward each week, with our training having good attendance and many staying around for some tough fitness sessions, this meant we had some great improvements happening each week, both individually, and as a team!

It was an absolute pleasure to coach the girls, and their sheer pluck and determination kept us smiling every game and training, and we could not have asked for a more delightful group to have coached this season.

Starting from the back we had the reliable **Lil** as our goalie who played each game strongly with her stepping up in tough games showing grit and fortitude! Lil played both Juniors and Seniors this year, and we were very thankful to have her time, expertise, and experience in the team. Massive thanks as well to Clive and Caroyln who helped from the sideline each game.

Always there to give a helping hand was **Sophie**, our most consistent full-back player this season. Sophie had an incredibly strong year at the back, with a very challenging amount of circle-defense required of our team. She saved far too many to count, and the team was very lucky she had our back!

Also in the back we had **Ella**, who worked tirelessly to assist in our defensive circle, and never got her head down, her can-do attitude meant that no matter the scoreline she kept her head up and helped keep the positive vibe of the team strong.

We also need to give a big shoutout to **T** this season, who is usually a center-half, but stepped up to play full-back in a number of challenging games. Despite expressing doubts at first, T ended up being one of the best defenders in the U18/1 league this season, using her well-tuned skills to get the ball past players quickly for some much-needed heroic clears out of the circle!

Through our midline, we had one of the hardest working and keen learners in the team with **Zoe**, really stepping it up a notch this season and working hard to develop some amazing game sense and her defensive structure really coming together. She stuck to her player like glue, which, as the girls know, is what we really tried to instill as a key take-away from the season!

Joining her in our tenacious half line was **Astrid** (who also had a stellar spotlight briefly in the full-back line) who was a key defender and really worked hard in defense as well as being a strong voice on the field when we needed it.

Alongside Astrid was the joyful **Josie**, whose smile and bright personality off pitch really helped our team keep their heads up. Her skills in the mid-field gave us some great opportunities and her persistence in both attack and defense gave us some great openings up the field.

We also need to thank **Ellie** this season, who was always open to playing a different position when the team was short, and did it all with a great attitude. Ellie was an incredible team player who was integral to keeping us together when times got tough. Always keen to learn and support her team, Ellie is the kind of player every coach wants on their team.

Our inner line was one of the hardest working, with both **Milla** and **Sarah** working hard, often with no subs, to defend and attack when needed. Milla also had a try in the half line this season, and her skills and determination throughout the season meant that we were confident in her whenever she had her stick on the ball. Sarah was the same, with her alternative position being a half, she was an incredible asset to the team and her abilities were on-point, as well as working hard to effectively clear the ball to a stick, each and every time.

Out on the wings we had **Fin**, who was always in a position to receive the ball and run with it. When we got a break away from defence and got into our attacking circle, it was almost always a result of Fin's efforts as such an integral attacker on our team. Looking forward to seeing all the goals she'll score next year when she has the opportunity to work in a full attacking line with subs.

Lucky last, up front we had the ever amazing **Elena** who worked hard to make good opportunities when she could and looked incredibly dangerous when she did have the ball. Her level head and capabilities meant that she often left her opponents in the dust and we look forward to seeing what she can achieve next season!

A massive thanks to our manager **Rach** as well, who worked hard to help us get subs each and every week, as well as dealt with all the administration of the team. Her incredible aptitude and friendly attitude makes our jobs so much easier and a lot more fun! Thanks as well to each and every parent and guardian who attended our games, supported the girls throughout the season and us, it is so appreciated!

An incredible thanks also needs to be given to the numerous subs who helped our team from the U18/2s all the way through to the U15s, there are too many to name, but a special shoutout goes to Anika from the U13 age group, her skills were really appreciated and we really look forward to her developing further and seeing her in the U18/1s again!

Thanks for a fabulous season and we look forward to improving and growing further next season!

Xx Portia & Liz

Graduate : Mia Van Der Westhuizen

We say good-bye to Mia this season, who played her last year with the Uni Jnrs before aging out. Although work and life commitments meant we didn't get to see her much this season, having coached her for a few years I can confidently say that Mia's skills have improved every season and she has worked hard to take on all advice I have given and has implemented it each week. I hope to see her playing Snrs someday, and we wish her all the best for whatever the future may hold for her..



Club Report

OUTDOOR - Boys

U11 Boys Division 2 - 8 wins, 3 draws
U11 Boys Division 1 - Semi finalist
U13 Boys Division 2 - Semi finalist
U13 Boys Division 1 - Semi finalist
U15 Boys Division 2 - Premiers
U15 Boys Division 1 - Semi finalist
U18 Boys Division 2 - Semi finalist
U18 Boys Division 1 - Semi finalist

INDOOR - Boys

Boys U12 - Premiers
Boys U14 - 5th place
Boys U16 - Runners Up

OUTDOOR - Girls

U11 Girls Division 2 - 3 wins, 3 draws
U11 Girls Division 1 - Semi finalist
U13 Girls Division 2 - 7th Place
U13 Girls Division 1 - Minor Premiers/Grand Finalists
U15 Girls Division 2 - Premiers
U15 Girls Division 1 - Semi finalist
U18 Girls Division 2 - 5th Place
U18 Girls Division 1 - 6th Place

INDOOR - Girls

Girls U12 - 6th place
Girls U14 - 3rd place
Girls U16 Div 1 - 3rd place
Girls U18 Div 2 - Runners Up
Girls U18 Div 1 - 3rd place



University Juniors Hockey - 2022



Under 15 - Division 2 - 2022 Premiers

UNI JUNIORS REPS

National Teams

Shelby Mitchell - U16 Boys Shadow

State Teams

Amaru Ley Gamboa - U18 Boys
Aiden Hellyer - U18 Boys Shadow

Will Aigner - U15 Boys

Lucas Tanouye - U13 Boys
Tom Covery - U13 Boys
Charlie Jenkins - U13 Boys Shadow

Anika Oswald - U13 Girls
Annaliese Bush - U13 Girls
Ava Pitt - U13 Girls
Ella Woolley - U13 Girls
Hannah Costigan - U13 Girls

School Sports Teams

Aiden Hellyer - U16 Boys
Amarua Ley Gamboa - U16 Boys
Makaya Hogg - U16 Boys
Shelby Mitchell - U16 Boys

Ben Sebastian - U12 Boys
Charlie Jenkins - U12 Boys
Lucas Tanouye - U12 Boys

Anika Oswald - U12 Girls
Annaliese Bush - U12 Girls
Ava Pitt - U12 Girls
Ella Woolley - U12 Girls
Kara Mosely - U12 Girls

Lulu Merriman - NSWPSA Hockey Champs
Hannah Costigan - NSWPSA Hockey Champs

Canberra Representative Teams

Aiden Hellyer - U18 Boys State Champs
Alexander May - U18 Boys State Champs
Jame Yvanovich - U18 Boys State Champs
Shelby Mitchell - U18 Boys State Champs
Logan Monahan - U18 Boys State Champs

Makenzie O'Shea - U18 Girls State Champs
Laura Durbin - U18 Girls State Champs
Courtney Fitzsimmons - U18 Girls State Champs

Angus Flemington - U15 Boys State Champs
Jack Kelk - U15 Boys State Champs
Lewis Goodale - U15 Boys State Champs
Reuben Flemington - U15 Boys State Champs
William Aigner - U15 Boys State Champs
*Jasper Brown - U15 Boys State Champs
*Oscar Pike - U15 Boys State Champs

Ainsley Hewatt - U15 Girls State Champs
Ella Cassidy - U15 Girls State Champs
Josie Foster - U15 Girls State Champs
Lucy Curtis - U15 Girls State Champs
Pippa Kates - U15 Girls State Champs
Aimee Kelk - U15 Girls State Champs

Ben Sebastian - U13 Boys State Champs
Charlie Jenkins - U13 Boys State Champs
Owen Goodale - U13 Boys State Champs
Rohan Mitchell - U13 Boys State Champs
Tom Covey - U13 Boys State Champs

Anika Oswald - U13 Girls State Champs
Annaliese Bush - U13 Girls State Champs
Ava Pitt - U13 Girls State Champs
Ella Wooley - U13 Girls State Champs
Lulu Merriman - U13 Girls State Champs

Charlie Jenkins - U11 York Cup
Lucas Tanouye - U11 York Cup

Kara Mosely - U11 Kim Small Shield
Clara Costigan - U11 Kim Small Shield

Juniors Hockey 2022

