

THIS YEARBOOK'S



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Club Awards

Coach of the Year: Ben Ward (Under 15 Division 2 Boys)

The praise that Ben received from the multiple people nominating him for this award speaks for itself – "Uni Juniors has always provided great coaches but Ben Ward stands out as the best ever", "He has a real knack for communication and bringing out the best in all the boys", "his approach to coaching of process before results has really taught the boys to play as a team and think and engage with how they are playing on and off the field", "He is always keen to highlight the positives and improvements from each game regardless of win or draw, but especially if there is a loss". Couldn't have said it better myself, in a crowded field of great coaches you had an outstanding year.

Others nominated: Andrew O'Shea; Adam Pitt; Nathan Cornish; Morgan Hill.

Junior Club person of the Year: Makenzie O'Shea (Under 18 Division 2 Girls, Under 15 Division 2 Girls)

Makenzie is a massive contributor to the club, so I am really pleased to be able to recognise her efforts this year. On-field, Makenzie made a huge contribution to her Under 18s team, is a really committed trainer and perhaps most importantly agreed to take on the Under 15 Division 2 keeper role when they were short of players and options in this role. While I am loath to link recognition to just on-field results, a dominant performance in goals for the Grand Final penalty shoot-out was a deserving way for her to end her season. Off-field, Makenzie was always volunteering this year with her helping the club recruit new members at the ACT Come N Try Day as well as help skill up our youngest as a coach at the Summer Skills program in term 1.

Others nominated: Alicia Martin, Milla Jenkins, Sein Gonzalez; Ella Cassidy; Aimee Kelk; Makhaya Hogg.

Club person of the Year: Glenn Dando (Club Photographer)

Glenn's contribution to Uni Juniors is the epitome of behind the scenes with him continually being behind the lens at games. Between his time on the fields taking photos and the time in the editing suite, I think his commitment to the Club is more than anyone else. More than any other person in the club, his contribution makes the club the community it is: his photos allow us to share in the special moments for the club, have some light-hearted fun at the more candid moments he captures and, perhaps most importantly, allows us as parents to just enjoy the game our kids play rather than worry about 'capturing the moment'.

Others nominated: Kate O'Shea; Brenda Sebastian; Andrew Mathews; Andrew O'Shea.

Deepest thanks to all those nominated and recognised - our club community relies on our members going above and beyond as you all do week in and week out.



Lead Goal Scorers

Ella Cassidy

Charlie Jenkins

5 year playing milestone

Oscar Stokes

Ava Pitt

Ethan Menadue

Lulu Merriman

Ryker Nicholls

Whiting Nicholas

Austin Venning

Emma Osborne-Laverty

Anika Oswald

Taisa Robison

Tom Covey

Lucinda Harrison

Imogen Cassidy

Lucas Johnson

Nevaeh Coleman

Durbin Laura

Ella Flemington

William James

Ella Cassidy

10 year playing milestone

Aidan Tscharke

Club Graduates

Lachlan Hewatt – 14 years and founding club member Katya Agafonoff – 5 years Mia Van Der Westhuizen – 5 years



President Report!

2022 was another successful year for University Juniors Hockey Club - on and off field.

On-field we again had teams in every age group and division across both the Boys and Girls competitions. This achievement means that more than any other club in the ACT, Uni Juniors can offer a level of hockey to suit their players and members in a way that maximises enjoyment at training and games. We know from Hockey Australia member feedback surveys that having fun is the most important reason new players start playing hockey and current players return, so achieving this goal is really critical. In raw numbers, 2022 was a record year for membership – with the 272 members we had join the club this year surpassing our previous best of 248 in 2020. We had a great year in terms of player retention – in 2022 alone we had a record 19 kids bring up their 5th year of playing with the club. More than 30% of our players have played 5 or more seasons – that is pretty impressive retention. We also had some really impressive numbers of players and members making contributions to hockey in the representative, senior hockey or officiating ranks.

2022 also saw the Club achieve some important milestones away from the playing field. Our prototype Holistic Hockey program was rolled out, with the assistance of a number of supporters. This program aimed to complement the on-field training and development we provide our players with some tips and strategies for improving how they prepare away from the field. All ten sessions were very well attended and all relied on the support of our partners: ANU Men's and Women's Hockey Clubs, UC Hockey Club, PhysioSport, AIS/Black Dog Institute and Sports Dieticians Australia. The program has been nominated for recognition in the Good Sports program and we are hopeful that the program will return next season, so stay tuned. More broadly, we rolled out our new Strategic Plan which simplifies our club's goals into four key areas: Participation and Player Support; Pathways and Development; Positive Club community and Partnerships. I look forward to continuing to build on the work we have done in these areas during the Indoor/Off season and into 2023.

These on-field and off-field achievements don't happen by chance. As Club President I have the privilege of leading a really positive and supportive club community. I would like to thank the coaches and managers that stepped up to support a team this year. Every year seems to throw up different challenges, this year aside from some early year teething issues with RevSport changes, the big one was player numbers across teams. Our commitment to fielding teams in every outdoor competition means that we need to be flexible sometimes and I really appreciate the collaboration that happened between coaches and managers to make sure the players got an opportunity to play each week – I also want to thank the players and parents for their flexibility and support.

Finally big thanks to the Club's Sponsors: Campbell Dental Practice, PhysioSport and Bunyip Toys, their support helps keep our club's fees amongst the lowest, if not the lowest, in the ACT. To the Club Committee – thanks to you all. We had a few join us this year who provided good support through the year, including Jo as Vice-President and some others in brand new club roles. I think I also managed to keep Andrew Hellyer sort of on the committee – with Andrew Sutton stepping down at last season's Presentation day, Andrew Hellyer didn't really get the acknowledgement that he deserves when he stepped down later. So I thought I would call him out specifically now – Andrew has been a huge part of this club for a long time and, if my experience is anything to go by, is a big part of the reason why we chose Uni Juniors for our kids. He has been incredibly supportive of me as I have stepped into the President role and I can't thank him enough for his advice this year.

That's 2022 done - I am already looking forward to the 2023 season. I am really excited to build on some of the things we started this year but all good things take a village so I also look forward to hearing from you as our club community as we move into next year.

Club President Wayne Jenkins





Coaches Report

We had a range of coaches this year from both of our senior clubs of ANU and UCHC as well as other affiliations, and they included both parents and current players. There was a mix of single coaches for some teams with some teams having co-coaches take them through the season.

We had a few coaches sessions this year. Given the current environment these sessions were held in a combination format of in person and on-line, which worked well. The first session was at the start of the season to set some goals and discuss key club based approaches for the year. We also had a touch base part way through the season to evaluate how things were going and make any adjustments that where needed. One session also included a guest speaker with Ben Bishop (ex-Kookaburra, Australian and ACTAS coach, ex-ANU 1 st grade player) coming to share some coaching policies, philosophies and useful approaches for our coaches. A huge thank you to Ben for his time for that session.

With the impacts of Covid, other illnesses and kids being away, communication amongst coaches was key this year to make sure that teams could be fielded each weekend. Coach chats within phone Apps provided a vital piece of technology for the club this year for correspondence.

Many of the teams made finals this year which was a testament to the role the coaches played in the development of the teams across the season. Thanks so much to all the coaches and the managers for their time and efforts this year.

Andrew (Billy) Hambridge Coaches co-ordinator

Umpires Report

Uni Juniors has been strongly represented in umpiring again in 2022, with players and community members fulfilling umpiring obligations across indoor and outdoor seasons. These young umpires cover Uni Juniors commitments and perform as part of the Hockey ACT Joeys program. A number of our umpires also conducted themselves at the highest level for HACT, covering Regional Hockey games throughout the year and umpiring the junior season finals rounds. Our thanks to all involved, including:

Elena Aigner Josie Foster Decklan Holt Anika Oswald William Aigner **Lewis Goodale Charlie Jenkins** Owen Rule **Patrick Collins** Aimee Kelk Jess Speechley Imogen Hellyer Ella Dann Makhaya Hogg Sophie Linehan James Yvanovich Gemma Donnelly Brayden Holt Alex May

We would not have been able to meet our obligations without your support and commitment and we look forward to seeing our young and developing umpires on the field again next year.







University Juniors Hockey Club - Hookin2Hockey 2022

HIN2H

Coachs : Isabel Chua, David Lane, Toby Nicholls & Mark Gillett

2022 saw another great group of budding young hockey stars drag their parents along to Willows every Saturday morning, rain, hail or shine for their weekly fix of stick ball. As well as learning the basics, we had an increased focus on match-play so we were prepared for the return of the inter-club carnivals. There were some nervous faces before the start of the first game, but within moments everyone was having a blast and getting addicted to the feeling of being a part of a great team. Not only that, but our youngsters are already starting to show their goal scoring prowess and dogged defensive determination. It's having fun that counts, but winning also helps and I think we managed plenty of both! I'm extremely proud of the way our groups conducted themselves at the carnivals, playing fairly and never giving up!

Mark, Toby and I would like to specifically thank our assistants Aaron and Isabel as well our ever enthusiastic group of parent helpers who make all the sessions a delight to run. It wouldn't happen without everyone's support. Lastly, I'd like to thank Allens confectionery, without whom we wouldn't have our recovery Snakes.

See you all in 2023! Coach David











III BLUE



Under 11 Blue

Back Row: Monty Trudgian, Sein Gonzalez Rodriguez, Xander Sullivan, Ethan Front Row: Eddie Goodale, Rafferty Barnes, Nicholas Whiting, Tommy Hayes Freebairn, Archie Batey, Saad Salman, Michaelia Liu (coach) Not Pictured: Victor Cumpston, Josh Hughes



Ethan Freebairn



Sein Gonzalez-Rodriguez

11 BLUE

Coach : Michaelia Liu Manager : Mariana Rodriguez De La Hidalga

12 players made up the team of U11/2 Blue, And never has there been a more enthusiastic and hockey-loving crew.

Some of the team did Hook In 2 Hockey in years past, Whilst some had never held a stick before – but they picked up the game fast.

Our aim for the season was always to have fun, But it definitely didn't hurt that we lost less games than we won.

Archie and Sein (or Dorito as he was called), Our two goalie superstars - their saves left the crowd enthralled.

Ethan and Xander, our resident "package deal", Their connection was evident with amazing passes up the field.

Eddie and Tommy, too short to fit the goalie gear, But no matter! Their skills defied their ages and matched those of their peers.

Monty and Josh, two most committed to training, Their powerful slaps cleared the ball to leave the opposition complaining.

Vic and Nicholas, two defenders extraordinaire, They always trained hard and showed off new skills with flair.

Saad and Raff, our newest members of the team, Your tenacity and skill helped make our squad so supreme.











Under 11 Yellow

Back Row: Ivy Oswald, Stella Harvey, Constance Cumpston, Elsie Bishop, Elsie Osborne Front Row: Emily Hayes, Samantha Burton, Phoebe Xu Not Pictured: Milla Jenkins, Madelena Orefice, Dita Slatter



Elsie Osborne



Stella Harvey

11 YELLOW

Coach: Ann Suh **Amager: Tracey Jenkins**

You have all grown and improved so much this season and I hope you all achieved your stick goals. It was a pleasure to coach this team and I hope you enjoyed it as much as I did. Thank you to Tracey for your unconditional support of the team throughout the season, all the parents for your encouragement and help on the sidelines and our fill ins that helped us get through the season. I hope to see some of you in future seasons!

Cheeky **O**ptimistic Nice **N**utty **Impressionable E**xcitable

Deadly **Improved** Tenacious Amazing

Elastic Luminous Skillful

Elegant Memorable

Energetic Loyal Spirited Incredible Electric

Enthusiastic Magnificent Illimitable Lucent

Y is a very hard letter to find

adjectives for

Impassioned Vivacious You-nique

Motivated Adaptable Delightful Determined Yummy

Mindful Inclusive Lively Limitless **Aggressive**

Powerful Hypersonic Outstanding Extraordinary **B**ouncy **Enlivened**

Spectacular Athletic Majestic

Strong **T**alented **E**ncouraging Lovely Limber **Aching**











Under 11 - Division 1

Back Row: Greg Ward (coach); Archibald Trudgian; Ethan Freebairn; Max Riva; Arjun Malik Front Row: Ryker Nicholls; Ed Goodale; Tyrus Balint; George Goodale; Joel Ward Not Pictured: Martin Chung; Timothy Sherry; Austin Venning



Max Riva



11/1 BOYS

Coach: Greg Ward Manager: Matt Sherry

The under 11/1 boys' competition was extremely tough and dominated by strong United and Central teams. However, the under 11/1 Uni Juniors boys remained very competitive against the other teams in the competition and managed to get some good results, finishing the season in fourth position.

The strong nature of the competition meant our defence was regularly challenged, but Max Riva, Archie Trudgian and Austin Venning, who regularly filled the full back roles, were resolute in defence and frustrated many opposition attackers.

We rotated the goal keeper role throughout the season and everyone who played goal keeper did an amazing job. At times I questioned whether I had been given a team of goal keepers because almost every week whoever was placed in goals ended up with the player's player award! There were some particularly notable goal keeping performances from Tyrus Balint and Ryker Nicholls who each played goal keeper in multiple games.

The backs also did a great job distributing the ball wide from defensive free hits and ensuring the team was able to use the full width of the pitch and facilitating attack down the wings, something which we focussed on. Arjun Malik, Ryker Nicholls, Tim Sherry and Joel Ward, who often played on the wing were the main beneficiaries of this. They were able to make use of the space out wide and frequently run the ball down these channels to create circle penetrations.

Goals were often hard to come by in games, but Ryker Nicholls was able to find the goal on multiple occasions to be the team's leading goal scorer. Other goal scorers throughout the season included Tim Sherry, Joel Ward and Ethan Freebairn who filled-in for the team for a couple of games and really held his own in division 1.

The forwards were well supported by the halves, including Tyrus Balint, Martin Chung, and the tenacious and always enthusiastic Goodale brothers, George and Ed. In fact, almost everyone probably rolled through the halves at some point. However, what was particularly pleasing was everyone's intent to distribute the ball and link with the forwards, resulting at times in some great interchanges of passing between the boys.

The season ultimately ended with 0-5 semi-final loss to the minor premiers United. While on paper this may seem like a disappointing result, it was anything but that with the team playing some of the best hockey they had all season. They put United, a team that had dominated every other team in the competition, under significant pressure and really made them earn every last goal right up to final whistle. It was extremely satisfying to see so many of the things we had worked on throughout the season put into practice in the final game.

Greg Ward Coach - under 11/1 boys









III//I GIRLS



Under 11 - Division 1

Back Row: Andrew Matthews (Manager); Hannah Matthews; Arabella Gabriel (Vice Capt.); Maeve Moloney (Capt.); Elsie Osborne (Div. 2 reserve); Edith Reid; Ulrika Wild (Coach).

Front Row: Sadie Cannell; Kara Mosely; Sammi Collins; Jessica Davidson; Ella Flemington.

Not Pictured: Millie Birks



Millie Birks



Edith Reid

11/1 GIRLS

Coach : Ulrika Wild Manager: Andrew Matthews

This season has been phenomenal for the Under 11 Div 1 girls, and I'm exceedingly proud of the effort, teamwork and enthusiasm consistently demonstrated. The season was dominated by United, but we finished in third place with 3 wins and a draw, going down 1 - 0 in a tight semi final against Central.

As our wonderful Captain, Maeve Moloney stepped up as a fabulous team leader who guided and supported the team through her integral steadiness, positivity, and caring attitude. The position of Vice-Captain was held by both Arabella Gabriel and Edith Reid, who also demonstrated wonderful leadership skills throughout the season. Arabella and Edith frequently shared great strategies with the team, and their dedication, patience and maturity do them both great credit.

Maeve held the lines together as an unstoppable centre-half, skilled at maintaining talk on the field and always an inspiring role model for her peers. While French croissants were something we all dreamed of, Maeve was very much missed in the last games of the season during her Europe trip. Her eye for game play and impressive stick skills are sure to set her in good stead for the future.

Renowned for her hits and slaps, **Arabella** is a tenacious and talented player, whose invincible presence on the field as either centre-half, forward or fullback made her a great asset to the team. There was never a player so apt and skilled in the art of avoiding playing goalie...! Perhaps next season... luckily Arabella's enthusiasm and incredible running legs made her a star on the ball!

Sadie Cannell's famous flat pink stick rarely failed to stop an attacker in their tracks, and it was always exciting to see her navigate past defender after defender. Dedicated and even a self-taught tomahawker, Sadie's consistency at training and uncrushable spirit was fantastic. While she was sadly less impressed by my more creative warm up stretches (flamingo being a favourite). Sadie is a highly capable player and wonderful teammate.

One of our top goal scorers, **Sammi Collins** had a lot of exciting action starring in attack, and it was quite common to see parents jumping up and down with excitement when she was in the goal circle! Sammi also played many games as goalie and was responsible for the skillful evasion of a great many goals. Faced with a persistent injury in the second half of the season, Sammi was incredibly resilient and a fundamental part of the team regardless. Her bright smile at training and speed on the field made Sammi an incredibly valuable team member!

The position of goalie was bemoaned by most, escaped by some, and often treated with apprehension, but our very own Ella Flemington took up the challenge with open arms! A supreme goal-stopper. Ella played the most games as goalie out of the whole team and reminded us all how fabulous it is to have a strong defence. Ella also played as wing, and as a full back had a phenomenal flat stick tackle almost impossible to get past. Ella's optimism, great sportsmanship and consistency is truly admirable.

Hannah Matthews was an invaluable fullback, reliable and protecting our defensive circle with great skill. At almost every single training and game, Hannah was always prepared and ready to play, whether it was sunny or raining. To coach a player so enthusiastic and committed was such a pleasure! Sadly, Hannah's injury in the last quarter of the season meant she was unable to play, but in light of this, the team gained a brand new, corporate-level subbing coach! Hannah's organisation and support carried her teammates and was absolutely wonderful. There is even a rumour that Hannah is challenging manager Andrew Matthews for his position!

Perhaps the biggest advocate for mascot "Jeremy" the Echidna's welfare, **Jessica Davidson's** support was only ever greater when directed at her teammates. Playing as both forward and full back, Jess' hockey has improved exponentially across the season, with some especially fantastic defence in the very exciting semi-final. Continuing with her readiness and effort at each training and game, there is no doubt that a bright future of hockey lies ahead of Jess.

When the team was in strife, **Kara Mosely's** exceptional stick skills were always welcome to the team! It was a great pleasure to see her weave around players and work the ball up to the forward line with her teammates, and Kara's strength on the ball and teamwork are an attribute to the high level of hockey she performs at. Balancing both Under 13's and Under 11's games, Kara has had a season full of hockey and is sure to have a very exciting future ahead of her!

Our Coaches Award this season goes to the lovely Millie Birks. Always patient, always ready to listen and always trying her hardest, Millie's focus throughout the season has allowed her to improve in leaps and bounds. Her skill as a hockey player shows great credit to Millie's constant personal best attitude, and her warmth towards her peers makes Millie an excellent team player! Great hockey is about skill, but also about consistently showing up and really enjoying the sport, and Millie excels in each of these factors.

Finally, our <u>Best and Fairest Player</u> was awarded to **Edith Reid!** A star wing, strong defender and ready with an easy smile to play any position that was needed, Edith's versatility and enthusiasm to try new things made her an absolute pleasure to coach. Talented, caring and with an impressive awareness of tactical play, Edith's effort throughout the season was an inspiration to myself and the team. Edith's optimism, sportsmanship and tenacity make her a stellar player!

This year we have been indebted to the hard work of Elsie Bishop, Elsie Osborne, Stella Harvey and Maddy Orefice who all stepped up from Div 2 to play one or more games for us across the course of the season. It was always such a pleasure to share in their talent, especially given they often played two full games in a row; we were very grateful!

Many of our players also participated at higher level hockey such as Regionals and I would like to especially recognise Millie, Edith, Sadie, Sammi, Ella, Ari, Maeve, Kara, Edith for challenging themselves and continuing to develop their hockey. Taking as many opportunities as possible and having a go at these sorts of competitions is invaluable in developing skills and a very commendable and inspiring dedication of time and effort.

I would also like to make a very special thank you to the one and only Andrew Matthews - the season simply would not have been possible without Andrew's many hours of dedication to the Under 11's team. Organising weekly fruit, drawing up team lists and results, liaising with the club, communicating with weekly emails and more is an incredibly large and time consuming effort, and I am indebted and very grateful for his support and enthusiasm this season.

As a first-time coach, I could not have asked for a better group of girls to work with; not a training session or game was ever dull! I have had a wonderful time and was constantly impressed and touched by the team's dedication, hard work, and above all, support for one another. To see such genuine enjoyment, focus and commitment in a young group of women has been truly special. Exceptional as both individuals and as a team, it has been a pleasure and a privilege to observe the girls' development across the season. Their high standard of hockey does the Under II team great credit, not only in terms of excellent playing skills, but also in their teamwork and elevation of one another both on and off the field. I hope very much that many fulfilling years of hockey lie ahead for this group of fantastic players, and I wish this team the very best of luck and joy in future hockey endeavors.

Acknowledgement to coach:

Influential in fostering excellent team spirit was our 2022 coach, Ulrika Wild. What a wonderful role model Ulrika is for our girls; a skilled player, master game tactician and a strong and kind person. Ulrika had only moved to Canberra from Beechworth this year for university, but has settled in easily which reflects her willingness to actively contribute to the club and community, and enjoy Canberra for all it has to offer (even its cold winters!). Ulrika had no previous connections to Uni Juniors, nor had any family connections to anyone in the team- but she gave up her time each Monday at training and Saturday at games to support our children and hone their hockey skills. A BIG thankyou to Ulrika!

Thanks to parents: Thankyou for taking such an active role in supporting your children and their hockey. It is obvious that the kind and considerate players in our team are a reflection of their parents. Your support to us both as coach and manager is gratefully acknowledged.

Ulrika and Andrew







Back Row: Imogen Hellyer, George Goodale, Archie Trudgian, Victor Crumpston, Santiago Gonzalez, Oscar Timson, Jason Dennis, Tyrus Balint, Kate Langford

Front Row: Ben Sebastian, Charlie Jenkins, Atticus Singley, Tom Peterson, Timothy Sherry, Leo Langford, Edmund Goodale





Charlie Jenkins

13//2 BOYS

Coach : Imogen Hellyer Manager: Kate Langford

13/2 boys faced many challenges this season with strong competition and a small team. Despite this, the team came away fourth after a tough semifinal against minor premiers. Despite a mix of experience the whole team played well from the start of the season and did best when they worked together passing which improved greatly across the season and created most of our goals. With a small team to begin with most of the team played multiple games a week, which we greatly appreciated the dedication. The whole team showed up to training (or to their other team's training) almost every week which was great and with everyone keen to improve it led to a lot of improvement and increased teamwork across the season.

Leo

Leo was a leader in the team, always supporting the team and contributing to discussions. Leo mostly played inner where his speed and passing skills were very useful. Leo also helped out a lot in defence and has a great push-out on short corners.

Santi

Santi mostly played half, he did particularly well when he was out wide where he received the ball and passed it up the line setting up the forwards. Santi worked hard on his skills this season which is reflected in his improvements this season.

Oscar T

Oscar as half did exactly what he needed to do by getting the ball from the fullbacks and into attack. He also made it difficult to get past with his strong tackle. Oscar tried out striker occasionally, where he set up many goals.

Archie T

Archie made strong tackles and cleared the ball out of the circle really well as fullback. At training, Archie was always practising new skills to keep on improving which was reflected in the games.

Tyrus

I choose Tyrus as the coach's award for his teamwork and improvements this season. When the team didn't have a goalie Tyrus agreed to do it which the team greatly appreciated, and did an amazing job. When not impressing us with his goalie skills, Tyrus mostly played inner where he utilised his strength on the ball, passing and skills.

Rohan

Due to also playing 13/1s and 15/2s Rohan wasn't able to play every game. Rohan's experience and skills added to the strength in the midfield and were missed when he could not play.

Charlie (Best and fairest)

Charlie controlled each game as centre half and never seemed to run out of energy as he was everywhere the ball was. Charlie's ability to overhead and his hard hit meant he regularly got the team up into attack. His back-stick skills also lead to many impressive goals.

Tim

Tim was always in the right position, as a forward getting into space where he waited to receive the ball and use his skills and speed to get it into the circle. His short back and forth passing with a teammate to get into attack improved throughout the season and was very effective.

Atticus

Atticus can play everywhere and do it well. He is a positive and enthusiastic team member whose skills and passing improved greatly across the season. His strength on the ball and always going after the ball was particularly useful.

Austin

Austin is a natural goalie, he did an amazing job in goals and is constantly improving. He saved the team countless times with impressive saves.

Victor Cumpston

Victor made a strong fullback, he made it hard to get past with his tackles that improved across the season and always cleared the ball out wide away from the opposition.

Ben S

Ben was a great leader to the team, supporting and giving feedback to the team and even when he got injured he still came to support. He was strong wherever he played with his skills and game knowledge which the team missed a lot when he got injured.

Jason

Jason was another strong fullback, I believe this was his first season but you couldn't tell. From the first game Jason was great at marking the opposition in the circle, getting to the ball first and making strong tackles.

George G

George came up from 11s to help us out for the rest of the season. He fit well into the team, is able to play anywhere and always improving. The team valued the energy George brought to the team and that he always gave his best.

Eddie G

The team also greatly appreciated Eddies enthusiasm and energy saving us from being short players towards the end of the season. Despite being the youngest and smallest on the team he used his speed and skills to beat many players, you couldn't tell he hadn't played full field before.

Victor Kobrynski

Victor played the first few games for the team, you could see his improvement as a fullback each game.

A big thank you to everyone who filled in for us throughout the season; Sein Gonzale, Lucas Tanouye, Oscar Stokes, Dan Hosking, Eddie and Tom Peterson.









13//2 GIRLS



Under 13 - Division 2

Back Row: Cristabel Gonzalez (coach), Rebecca Meischke, Lucy Davidson, Trinity Philips, Poppy Birks, Lucinda Harrison, Lily Albrighton

Front Row: Clara Costigan, Edith Reid, Maeve Moloney, Gwenyth Meadows, Arabella Gabriel, Ella Flemington, Kara Mosley Not Pictured: Samantha Collins, Estella Pracy, Diya Bamta, Chole Hicks



Rebecca Meischke



13//2 GIRLS

Coach: Cristabel Gonzalez Manager: Katherine Harrison

I have coached most of these girls in 2020 for U11 and when I saw them this year, I was in utter shock to see how tall they have all gotten and it's totally unfair how much they have all grown

The girls won 2 games in the season this year, but it doesn't reflect how well they played, as they always put in 110% to every game they played. We could have won so many games if the ball didn't keep missing the goal by an inch. I'm very proud of how far each and everyone has come.

Thank you to all the parents who always came to the games to support the team and myself, it really means a lot. Thank you Katherine fro all your help. I will also like to thank Maddy, Dita, Millie, Edith, Ella and any of the girls I fail to mention for filling in when our team needed it.

Trinity Phillips - Centre forward

Trinity is quick on her feet running up and down the field and always quick to crack a joke. You'll always hear me yelling "Drag Trin, drag!" from the sideline, so she doesn't bulldoze through the opposition. When Trinity masters the drag, she'll become a very dangerous player.

Lucy Davidson - Forward & Centre

Lucy will always be there for a quick square pass, using her speed to get the ball down the side of the field. Lucy also has shown great leadership in helping new teammates and sharing her knowledge during training. Lucy, you have so much fight in you so never give up, Be in it to win it!

Gwenyth Meadows - Centre

Using her leadership in helping her teammates, finding good options and making sure they know what they need to do. When her teammates are not sure where they need to be she'll always be there to help out.

Arabella Gabriel (Ari) - Inner & Wing Ari's sneaky stealing the balls from the opposition by running in and scooping the ball under their feet. It's always amazing to see her strong tackles and her ability in finding space to send the ball. When she's under pressure she slaps the ball out and wide into space for her teammates to run

Clara Costigan - Forward

Our top goal scorer. Clara is always out skilling the opposition eliminating players left to right, using their skill and ball control to get the ball into the opposition's circle. When faced with 3 players running at her, she'll always find a way to slip past them with ease.

Kara Mosley - Half & Forward

Kara always finds a way to be free to help backup her teammates when under pressure. Once she gets the ball she zooms past players running into space and doing all types of skills to get the ball into the semi-circle. She's an amazing forward but an even better half.

Estella Pracy (Most Improved) - Wing & Half Estella has made great improvement throughout this season. With her basic hockey skills and her knowledge, she's now able to make strong clean tackles and win the ball back.

At the beginning of the season, I would have her playing a half but she always managed to get higher and higher up the field and play a wing.

Lily Albrighton - Fullback

Always tries her very best to get the ball out of our semi-circle. Has been a strong defender and always backing up the high defender with applying pressure and running out to tackle. Lily, keep trying and always put in the effort because when you do, you are capable to do amazing things.

Lucinda Harrison - Defender

Lucinda is always the first one to the ball and the one making strong tackles in defence. She also plays a great half as she becomes a third defender and strengthens our defence, but she's always happier playing fullback. When she's ready to come out of her comfort zone she'll become a fantastic half.

Poppy Birks - Defender & Half

Poppy is an amazing defender who always swoops in to help her team, hitting the ball out of our 25 and relieving some pressure from inside the semi-circle. Poppy, just remember to hit the ball out wide whenever you're under pressure, you will not only help relieve pressure from yourself but also help your teammates to come back and defend.

Maeve Moloney - Defender & Half Maeve is always in it to win it. When the opposition gets passed her, she'll make double the effort to make sure they don't run any further into our 25. With her flat-stick tackles and determination to win the free hit, she has saved us from a couple of scary short corners.

Diya Bamta - Wing & Half

Diya is new to hockey and joined our team this season. Diya has impressed me with her progress from the beginning of the season. She's able to do strong tackles and has gained confidence in running with the ball. She has shown great skill and determination to better her skill and knowledge.

Samatha Collins (Sammi) - Forward

Sammi is always ready for action, whenever I swap her from forward to half she's always itching to get back into the forward line, as she's always hungry to score a goal. She's a fearless player and plays every game with great confidence and strength.

Chloe Hicks - Defender

Chloe joined our team half way through the season and has shown great enthusiasm in wanting to learn. She's quite comfortable playing in defence, running out to anyone that comes at her. Next year I hope she is able to get out of her comfort zone and try different positions as it'll help broaden her knowledge and skill.

Rebecca Meischke (Coaches Award) - Goalkeeper Rebecca also joined our team half way through the season. When we didn't have a goalkeeper and no one wanted to be goalie for our game against Tuggeranong, Rebecca stepped up and took one for the team. All the parents and I were very impressed with her skill and quick footwork in goals. With the correct guidance and training, she will become a formidable goalie.

Rep Competitions

Arabella - Under 11s comp June long weekend, Moorebank U11 & Goulburn U11 Sammi - Under 11s comp June long weekend, Moorebank U11 & Goulburn U11
Kara - U11 Kim Small Shield, Goulburn U11 carnival,
Shadow player for 12&U SSACT girls team and
identified as one of the top 5. Also received the
Barbara York team award

Clara - Sutherland, Moorebank, June long weekend, Goulburn (played for GLB) and Kim Small (voted best & fairest). Also received the Barbara York team











Under 13 - Division 1

Back Row: (Names left to Right) Charlie Jenkins, Edward Peterson, Owen Goodale, Riley Hambridge, Noah Clode Front Row: (Names left to Right) Leo Langford, Jason Dennis, Tom Peterson, Tom Covey, Oscar Stokes, Daniel Hosking, Lucas Tanouye, Tracy Hambridge (Coach) Not Pictured: Ben Sebastian, Rohan Mitchell



Thomas Peterson



Lucas Tanouye

13/1 BOYS

Coach: Tracy Hambridge Manager: Amy Peterson

TThe U13 Div 1 team this year consisted of a great bunch of boys who gelled really well together. After initially trying everyone out in different positions, everyone's strengths became apparent enabling a more settled set of positions by the end of the season.

This season was one of great improvement and I was so proud of how far the boys progressed. They were a really cohesive team, everyone contributed and there was a lot of great team work and passing. The positive attitude shown by everyone on the field was great to see, even when playing stronger teams and we were down on the score board. The improvement in score lines against each of the opposition teams at the end of the season compared to the start of the season clearly showed how much they learnt and improved. Covid continued to have an impact across the whole season with players becoming ill and unavailable to play. All of the boys put in a great effort every game with many of them playing two games every weekend in another U11, U13 or U15's game. Everyone who played in the team this season got players player votes showing how well each of them played and how their teammates valued their contributions. It was a testament to their skills and hard work that some of the boys were selected in regional teams across the season.

Ed Peterson played one of our forwards. He would run up the wing, and would always get in the right spot in the circle and be on the post for deflections, seeing him get a couple of goals this year. He worked hard, always put in 100% and he would always run back to defend as well. He was fearless even against opposition who were much bigger than he was.

Rohan Mitchell always had lots of energy, was a great talker on the field and contributed to team discussions. He was one of our forwards which was where he liked playing the most. He made great progress this year in making leads, either from the centre to out wide or back towards the halves to get the ball and had some great runs up the field.

Oscar Stokes played one of our forwards. One of his best attributes was his speed which saw him leading really well and carrying the ball up the field. Oscar improved so much during the season and by the end was hassling the opposition, taking them on, running back to defend, doing awesome tackles and not letting them get away from him or make break-aways.

Charlie Jenkins is one of those players that could be put anywhere on the field and this year he played as a forward, inner, half and fullback. He is known for his spins, and he also developed his passing game and distribution skills this year. He did some great runs into the circle, tomahawks and shots from short corners, scoring a couple of goals, as well as saving goals on the line in defence.

Owen Goodale was a great addition to the team this year. He had strong skills and even though he told me he didn't know how to play inner, he did exactly what he needed to in that role from the first game there. He showed consistent effort at training, was a good listener and took advice on board, developed his skills over the season such as leading back into space. He was also a very handy forward making lots of runs into our attacking

Lucas Tanouye primarily played an inner role for the team this year. He is very strong on the ball, and has great skill in getting around the opposition, and will take on anyone including the goalies. A highlight of his season was in a game when we didn't have a goalie and he stepped in to defend a penalty stroke with just a face mask on, and saved it! He was joint leading goal scorer for the team with 6 goals and our players player for the season.

Tom Peterson played a number of different positions at the start of the season including inner and half, but he really found his calling in the second part of the season as fullback. He learnt over the season to stay calm under pressure which helped in the fullback role with the opposition finding it hard to get the ball past him. Tom was one of the leaders in the team, keeping the team in line and sharing his thoughts in team discussions.

Tom Covey played a key role in middle of the pitch mostly playing in centre half. He was a linking player between the backs and forwards, often by using overheads to get out of defence and making himself available for passes. He provided a leadership role for the team and contributed to team discussions. He had some great shots at goal, including using tomahawks and was equal top goal scorer for the team this year with 6 goals.

Dan Hosking was one of our defenders who really grew in skill and confidence this year and came ahead in leaps and bounds with his tackling and marking. He is always consistent, listens, takes advice on board and tries his hardest at all times. He even had a few opportunities to play in the forwards this year too which he did really well.

Noah Clode was one of our defenders this year, and was great in either half or fullback. He was a great tackler, not many balls got past him and he stopped many shots at goal. He had really good positional play putting himself between the ball and the player to cut off passes. A real tough cookie, and a few bumps and bruises in a game didn't stop him playing

Riley Hambridge was one of the defenders in the team playing in the halves or as fullback. He always seemed so calm on the field, and was a reliable and consistent player. He was a good tackler, getting the ball from the opposition and enabling great transitions from our defence to our higher players. He saved many goals on the line and on the post this year.

Ben Sebastian was our goal keeper and was always a bubbly, enthusiastic player who gave it his all. His warm ups involved having tennis balls thrown at him, and he loved having his teammates crack balls at him. Ben had to take a break during the season due to injury, but he would come down to watch, pick up balls and cheer the team on. No doubt he will be back bigger and better next year.

We regularly called on Oscar Timson, Leo Langford and Jason Dennis to play this year. Oscar was always positive and gave his all being a great defender. Leo usually played as inner or forward and would run all the time and scored a goal this year too. And you wouldn't know Jason is newer to hockey as I put him in both defensive and attacking roles explaining where he needed to be and he would always listen and play well wherever he was. A big thank you also to Austin Venning who filled in as our goalie when Ben was out injured. He would back up from other games in U11 and U13's and was always positive and energetic. He did an awesome job saving many shots from the opposition that could have been goals.

I want to say an extremely huge thanks to team manager Amy Peterson who did an amazing job this year with team emails, players player stats, entering game results into the system etc etc. Not only that, but Amy stepped in to coach for a number of training sessions and games over the season when I was away. Thanks also to Andrew Hambridge who helped Amy out on these occasions too, and Brenda Sebastian who also helped out in the dugout.

We had lots of early games across the season meaning many early starts for families. So thanks to all the parents and carers for getting the boys to games and training, and to those parents for players who filled in and had to hang around at the hockey centre some additional hours.

All the best for your future hockey careers boys! No doubt I will see you around the hockey centre in seasons to come.









GIRLS



Under 13 - Division 1

Back Row: Belinda Deacon, Lulu Merriman, Annaliese Bush, Emma White, Kate Lussick, Nevaeh Coleman, Adam Pitt Front Row: Kara Mosely, Ella Woolley, Hannah Costigan, Gin Petrou, Ava Pitt, Kayla Hambridge, Clara Costigan Not Pictured: Saraya Kates, Lucinda Hope-White



Virginia Petrou



Ella Woolley

13//1 GIRLS

Coach : Adam Pitt Manager: Belinda Deacon

Congratulations to all the girls on a successful season. The team finished the round matches in first place and won the minor premiership. We played 12 round matches, with 11 wins and 1 loss and scored 29 goals Against 7. In the semi final we played United and won 9-0 and in the grand final lost in a penalty shoot out 3-2 to Central.

This year we played a 3-1-3-3 structure (3 x backs, 1 x sweeper, 3 x midfielders and 3 x strikers plus goalie). We also focused on understanding the different position roles, particularly in defence with the two different phases of the game (when we have the ball and when we don't have the ball).

At training we worked on learning new techniques in dribbling, passing and receiving, elimination, goal shooting, tackling and marking. It was great to see the girls learn new skills, a different playing structure and roles during the season and further develop their hockey knowledge.

Annie Bush - played attacking midfield, wing and fullback. Annie was a very versatile player. She had a great season and formed a nice combination with Lulu in the forwards. She has strong stick skills and dominated in the midfield. Annie scored 7 goals this year. One of the leading scorers in the u13 competition. Well done Annie!

Navaeh Coleman – played halfback, attacking midfield and left wing. Navaeh has amazing reverse side skills and started developing her 3D skills. There probably wasnt a game this season that we didn't see Nevaeh getting the ball in the air in some form. Navaeh finished the year with 2 goals. Well done Navaeh!

Clara Costigan - played halfback, centre forward and wing. Clara started the season as a fill in and with Covid ensuring we had players missing each week, Clara very quickly found herself as permanent member in the team. Clara finished the season with 2 goals including 1 goal in the grand final. Well done Clara!

Hannah Costigan - played centre forward and attacking midfield. What a season it was for Hannah this year! Leading goal scorer in the u13 div 1 competition. She was always leading and finding space to receive the ball to go forward and had great stick skills when running at full pace. Hannah finished the year with 13 goals including a 4 goal haul in the semi final. Well done Hannah!

Kayla Hambridge - played halfback and fullback. Coming out of defence Kayla was very good in being available as a wide passing option. When we turned over possession up field, she was quick to get back and cover the marking role on the winger. Kayla also overlapped on the right side well when we did midfield transfers. Well done Kayla!

Lucinda Hope-White - played sweeper, fullback and halfback. As fullback she did well getting down low with her tackles and was very solid in defence. As the season progressed Lucinda also played in half back role and overlapped in attack and linked with the attacking midfield and winger with some nice passes. Well done Lucinda!

Saraya Kates - played left and right wing. Saraya's strength was being able to run with the ball at speed. She had many great runs down the wing during the season. Saraya finished the year with 1 goal. Well done Saraya!

Kate Lussick - played attacking midfield and centre forward. Kate was a strong linking midfield player. She showed very good skills in receiving to go forward and was also good at finding our strikers in space. Kate finished with 1 goal for the season (Although Kate did score a hat-trick against Checks prior to Checks being moved to div 2). Well done Katel

Lulu Merriman – played wing, attacking midfield and centre forward. Lulu took the defence on their reverse stick. Her speed always troubled the opposition. Lulu positioned herself in the perfect spot to get through balls inbehind the defence. Lulu scored 8 goals for the season which included a hattrick in the semi final. Well done Lulu!

Kara Mosely - played half back and full back. Kara joined the team permanently midway through the season. Kara was a reliable defender. She has a very good tackle and close in dribbling skills. Well done Karal

Virginia (Gin) Petrou - played as our goal keeper. This was Gin's first full season as a goalkeeper. Gin had a fantastic season. In the 10 round matches that Gin played only 3 balls got past her (one from a stroke) and in the grand final Gin had an amazing match, saving many shots at goal including in the shootout. Well done Gin!

Ava Pitt - Played as defensive midfield and sweeper. Ava was a very fit and fast player who could run all day. She was solid in controlling the middle of the field. Ava was always providing a passing option from deep defence and linking to move the ball forward. Ava scored 1 goal for the season. Well done

Emma White - played left and right wing. Emma had a very good season. Emma was good in maintaining width as we moved forward and positioned herself well in the circle. Emma scored 4 goals for the season. Well done Emma!

Ella Woolley - played at sweeper and defensive midfield. Ella had an excellent season and was the best defender in the competition. Ella started the season playing the sweeper role (free defender) and then towards the middle of the season started doing on field rotations with Ava in the Defensive midfield and sweeper roles. Well done Ella!

Special thanks to Arabella Gabriel, Gwenyth Meadows, Lucy Davidson and Trinity Phillips for filling in for the Division 1 team. Gwenyth also scored 1 goal for the team.

Many of the girls in the team played In the various carnivals, state and national championships and had heaps of fun, made lots of new friends from other clubs, had some awesome results and won some medals - June long weekend, Moorebank, ull Kim Small shield, NSWPSSA Hockey Championship, NSW State championships, Goulburn, Australian ul2 schools championship and Australian ul3 Nationals. Talk about making up for missed hockey during the Covid years as some of the girls will end up playing over 65 games of outdoor this year. Well done girls who were part of the representative teams - Annie, Ava, Clara, Ella, Emma, Gin, Hannah, Kara, Lulu and Neveah.

Special thanks to Belinda our team manager this year who provided excellent assistance. Thankyou also to all the parents, carers and friends who took the kids to training each week and cheered from the sidelines, and finally a BIC SHOUT-OUT to Clenn Dando photographer extraordinaire - amazing action photos of the team this year.

Best of luck next year with your hockey girls!







