

INT. OPTIMIST SAFETY CHECKLIST

Yacht Name:_____

Sail No._____

Tick

- ☐ A suitable lifejacket properly fitted and adjusted, with a whistle attached, must be worn at all times whilst on the water.
- ☐ A **buoyant** tow-rope of not less than 5mm diameter, and not less than 8 metres long, securely fastened to the mast thwart or maststep.
- ☐ Mast is securely fastened to the hull. (either tied or Class mast-clamp)
- ☐ At least 1 bailer, min capacity of 1 litre, is securely tied to the hull.
- ☐ One paddle, securely tied to the hull.
- ☐ Buoyancy tanks (3) in good condition and maintain inflation.
- ☐ The centreboard must be securely attached to the hull.
- ☐ Two toe straps & must be securely attached to the hull.
- ☐ The Strop on the boom must be tightened, so that the gap between the boom and the strop is no more than 10 cm.
- ☐ The rudder is securely attached to the hull.
- ☐ Class approved clip on mainsheet / strop.
- ☐ Red Protest flag.

Other Recommended Personal Items:

Bottle of Water

Hat, Sunglasses & Tube of Sunscreen 30+

Suitable clothing for the weather & sea conditions;
(e.g. Rash Shirt, Spray Jacket, Shoes, & Springsuit)