

LOCAL SUPPORT SERVICES

In an emergency, dial 000

HEADSPACE:

Contact Numbers:

1800 063 267 (Adelaide)

(08) 8382 3190 (Berri)

(08) 8725 0443 (Mount Gambier)

(08) 8215 6340 (Port Adelaide)

(08) 8209 0700 (Edinburgh North)

(08) 8186 8600 (Onkaparinga)

(08) 8531 2122 (Murray Bridge)

(08) 8641 4300 (Port Augusta)

(08) 8641 4330 (Whyalla)

Website: www.headspace.org.au/

FAMILY DRUG SUPPORT:

Brendan Jones

E: brendan@fds.ngo.org.au

Support Line: 1300 368 186

Website: www.fds.org.au

EMERGENCY SUPPORT LINES

KNOW YOUR OPTIONS – ALCOHOL & DRUG INFORMATION SERVICE (ADIS):

Contact Number: 1300 13 1340

Website: www.knowyouroptions.sa.gov.au

BEYOND BLUE:

Contact Number: 1300 22 4636

LIFELINE:

Contact Number: 13 11 14