

## 2024 Shepparton Athletics Club Track & Field Season Calendar



		Shepparton Athletics Club Competition & Events	Athletics Victoria/Victorian Masters/ LAVic Events
6th October		Registration/Information/Tri al Night	Sat 7th AVSL Round 1
13th October	Round 1	Program A	Sat 14th AVSL Round 2
20th October	Round 2	Program B	Tue 17th BoxHill Twilight Sat 21st AVSL Round 3
27th October	Round 3	Program C	Sat 28-Sun29 Vic All Schools T & F (Lakeside)
31st October (Tuesday)	Round 4	Feature event: SPONSOR 5000m Championship	
3rd November	Round 5	Program D	Sat 4- Sun 5 Vic All Schools T & F (Lakeside)
10th November	Round 6	Program A	Thur 9th Victorian Milers Club Sat 11th AVSL Round 4
17th November	Round 7	Program B	Thur 16- Vic 5km Championships (Venue TBC) Fri 17th- AVSL Round 5 Bendigo Sat 18- AVSL Round 5 Sat 17 LAVic Region Relays- NCR Bendigo
24th November	Round 8	Program C	Sat 25th- Vic Track Relays Venue TBC
1st December	Round 9	Program D	Thur 30th- AVSL Round 6- Ballarat Fri 1st- AVSL Round 6- Various Sat 2nd- AVSL Round 6- Geelong Sat 2nd Zatopek 10km & Zatopek 5km Fun run
8th December	Round 10	Feature event: SPONSOR Pentathlon	Fri 8- Mon 11 Aus All Schools T & F (Perth)
Sunday 17th December	Round 11	Program A  XMAS Break Up &  SAC Alpine Edge Gift	Sat 16- AVSL Round 7 Thur 21st- Victorian Milers Club
6th January	Round 12	Feature Event- SPONSOR Throws Pentathlon	Sat 6-Sun 7- Vic Combined event & AMA Championships (TBC)
12th January	Round 13	Program B	Sat 13th AVSL Round 8
19th January	Round 14	Program C	Thur 18th Victorian Miler Club Sat 20th- AVSL Round 9 20th- 21st LAVic State Combined Events (TBC)
23rd January (Tuesday)	Round 15	Feature event: SPONSOR 1500m Championship	

26th-28th January	N/A	No Club program	Victorian Country Championships (Ballarat) Sun 28th Shepparton Gift
2nd February	Round 16	Program D	Sat 3rd- AVSL Round 10 4th- LAVic State Relays TBC
9th February	Round 17	Program A	Tue 6th Victorian Miler Club Fri 9th Bendigo 5km Frenzy Sat 10th AVSL Round 11 10th/11th LAVic Region Track and Field NCR Shepparton Sun 11 VMA Pentathlon
16th February	Round 18	Program B	Sat 17- AVSL Round 12 Sat 18- World Cross Country Championships
23rd February	Round 19	Program C	Fri 23- Sun 25 AV T & F Championships Weekend 1- Lakeside
1st March	Round 20	Program D	Fri 1- Sat 3 AV T & F Championships Weekend 2- Lakeside
8th March	Round 21	<b>GV Orthodontics</b> Club Championships Round 1	9th/10th Lavic State Track & Field Venue-TBC Sun 10th VMA Throws Pentathlon TBC
12th March (Tuesday)	Round 22	Feature Event: SPONSOR 10,000m Championship	
15th March	Round 23	<b>GV Orthodontics</b> Club Championships Round 2	Sat 16th-17th- Victorian Masters Championships (Venue TBC)
22nd March	Round 24	<b>GV Orthodontics</b> Club Championships Round 3	Sun 24 VMA The Landy
29th March		EASTER Weekend No Club Program	29th-1st Australian Masters Track & Field Championships (Hobart) Sat 30th-Mon1st- Stawell Gift
11th April		No Club program	Sun 7 VMA Gift Thur 11th-Fri 19th- Australian Athletics Championships (Adelaide)
19th April		AGM & Presentation @ Shepparton Club TBC	

Program A	Program B	Program C	Program D
100m	60m	100m	60m
200m	Sprint Hurdles	Distance Hurdles	400m

800m	1500m	200m	
Long Jump	Long Jump	3000m/5000m	Steeple or 800m
Triple Jump	High Jump	Triple Jump	High Jump
Javelin	Discus	Javelin	Hammer Throw
Shot Put	Hammer Throw	Shot Put	Discus

Club Championship Round 1	Club Championship Round 2	Club Championship Round 3
60m Sprint	100m	200m
Sprint Hurdles	High Jump	400m
Hammer Throw	Shot Put	Long Jump
Triple Jump	800m	Javelin
1500m or 3000m	Discus	