

## Event Calendar

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### May 2024

#### 01 — Wednesday

09:30 — 10:30 Silver Salties Group Fitness Class

#### 02 — Thursday

09:30 — 10:30 Silver Salties Yoga - Thursdays

#### 03 — Friday

09:45 — 10:45 Silver Salties Pilates - 9:45am

#### 04 — Saturday

No events

#### 05 — Sunday

No events

#### 06 — Monday

09:30 — 10:30 Silver Salties Yoga - Mondays

#### 07 — Tuesday

09:30 — 10:30 Silver Salties Tai Chi

#### 08 — Wednesday

09:30 — 10:30 Silver Salties Group Fitness Class

#### 09 — Thursday

09:30 — 10:30 Silver Salties Yoga - Thursdays

#### 10 — Friday

09:45 — 10:45 Silver Salties Pilates - 9:45am

#### 11 — Saturday

No events

#### 12 — Sunday

No events

**13 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

**14 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

**15 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

**16 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

**17 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

**18 — Saturday**

No events

**19 — Sunday**

No events

**20 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

**21 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

**22 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

**23 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

**24 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

**25 — Saturday**

No events

**26 — Sunday**

No events

**27 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

**28 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

**29 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

### **30 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

### **31 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

## **June 2024**

### **01 — Saturday**

No events

### **02 — Sunday**

No events

### **03 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

### **04 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

### **05 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

### **06 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

### **07 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

### **08 — Saturday**

No events

### **09 — Sunday**

No events

### **10 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

### **11 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

### **12 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

### **13 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

## **14 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

## **15 — Saturday**

No events

## **16 — Sunday**

No events

## **17 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

## **18 — Tuesday**

09:30 — 10:30 Silver Salties Tai Chi

## **19 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

## **20 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

## **21 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

## **22 — Saturday**

No events

## **23 — Sunday**

08:00 — 08:30 Winter Solistice Sunday Community Swim

## **24 — Monday**

09:30 — 10:30 Silver Salties Yoga - Mondays

## **25 — Tuesday**

No events

## **26 — Wednesday**

09:30 — 10:30 Silver Salties Group Fitness Class

## **27 — Thursday**

09:30 — 10:30 Silver Salties Yoga - Thursdays

## **28 — Friday**

09:45 — 10:45 Silver Salties Pilates - 9:45am

## **29 — Saturday**

No events

## **30 — Sunday**

No events

## July 2024

### 01 — Monday

09:30 — 10:30 Silver Salties Yoga - Mondays

### 02 — Tuesday

No events

### 03 — Wednesday

09:30 — 10:30 Silver Salties Group Fitness Class

### 04 — Thursday

09:30 — 10:30 Silver Salties Yoga - Thursdays

### 05 — Friday

09:45 — 10:45 Silver Salties Pilates - 9:45am

### 06 — Saturday

No events

### 07 — Sunday

No events

### 08 — Monday

No events

### 09 — Tuesday

No events

### 10 — Wednesday

No events

### 11 — Thursday

No events

### 12 — Friday

No events

### 13 — Saturday

No events

### 14 — Sunday

No events

### 15 — Monday

No events

**16 — Tuesday**

No events

**17 — Wednesday**

No events

**18 — Thursday**

No events

**19 — Friday**

No events

**20 — Saturday**

No events

**21 — Sunday**

No events

**22 — Monday**

No events

**23 — Tuesday**

No events

**24 — Wednesday**

No events

**25 — Thursday**

No events

**26 — Friday**

No events

**27 — Saturday**

No events

**28 — Sunday**

No events

**29 — Monday**

No events

**30 — Tuesday**

No events

**31 — Wednesday**

No events