



AUSTRALIAN FOOTBALL: YEARS 5 - 6

RULES GOVERNING COMPETITION

REVISED JULY 2015





This document should be read in conjunction with the Ryde PSSA document *General Rules for Competition*.

Teachers are reminded of the following points for the Ryde Zone Inter-School competition.

1 Playing ground

- 1.1 Modified ground to be used. Minimum size of ground to be 60m x 35m.
- 1.2 Each zone (marked by cones) to be approximately one third of the field.

2 Ball

- 2.1 Size three (3) Synthetic

3 Teams

- 3.1 A year 5 and 6 team shall consist of 12 players with any number of reserves. ***
- 3.2 The team will be divided into three even positions (i.e. a team of 12 will have 4 forwards, 4 centres and 4 backs). Players are to remain in nominated position for the entire half. Once ball-up has taken place, players may move out of zone. To stop congestion the umpire may ask players to return to their zones during a stoppage.
- 3.3 At half time players must change position.
- 3.4 Interchange or replacement of injured players may take place at any time. The new player taking the field must play the replaced players position until the end of the half.

4 Playing time

- 4.1 Two (2) halves of approximately 20 minutes. Teams swap ends at half time. ***

5 Start of play

- 5.1 The game shall be started by a ball-up (and restarted after each goal) between two players in the centre of the ground. Players contesting the ball-up should be of similar size and will be rotated
- 5.2 A Player may not grab the ball at the ball-up and play on. He must tap the ball and cannot play the ball again until another player has touched it.
- 5.3 Players to start within their zone until the ball up.



6 Out of bounds

- 6.1 When the ball goes out of bounds a free kick is awarded against the team to last touch the ball.
- 6.2 A player cannot kick for goal from an out of bounds free kick.
- 6.3 If the umpire cannot determine which team last touched the ball then a ball up will restart play 5m infield from where ball left field.

7 Tackling

- 7.1 Hold or bear hug an opponent in possession of the ball with their hands between the shoulder and knees only
- 7.2 Knock or steal the ball from an opponent's hands.
- 7.3 Shepard (no rough sheparding allowed)
- 7.4 Umpires can award a free kick against a tackle that is considered unnecessarily rough.

Players cannot

- 7.5 Throw another player to the ground
- 7.6 Steal or knock the ball from an opponent's hands.

8 Mark

- 8.1 A free kick is awarded to any player who fairly catches a kick providing the kick travels approximately ten meters.

9 Bouncing the ball

- 9.1 A Player in possession of and running with the ball is permitted to bounce the ball once only before kicking or handballing. A player must bounce the ball every 10 meters.

10 Kicking the ball off the ground

- 10.1 Players are not permitted to deliberately kick the ball off the ground.

11 Ball transition

- 11.1 The ball must be touched by a different player in each zone.

12 Scoring

- 12.1 A goal (6 points) is awarded when the ball is kicked between the two major posts without being touched by the opposition.



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- 12.2 If the ball is touched before passing the two major posts or passes between the minor and major posts, 1 point is awarded.
- 12.3 After a goal is scored play restarts with a ball-up in the centre.
- 12.4 After a point is scored play restarts with a kick from the defending team from between the two major posts.
- 12.5 Goals can only be scored by forwards (who are designated by a bib) within their team's forward zone.
- 12.6 Scores from other positions or from outside the forward zone do not count and then a ball-up takes place from the place the kick was taken.

13 Order off rule

- 13.1 Players may be ordered from the field for rough play or abusive language. Time period is left to the umpire's discretion.

14 Coaches

- 14.1 Coaches are permitted on the ground during play.

15 End of match

- 15.1 Players to shake hands with the opposition team.

16 Note

- 16.1 *** Playing conditions may vary for Inter school competitions. The above rules are for the NAB AFL Auskick gala days.