



2025/26 NWPI Summer Competition

Round 1 · Week starting Sun 12 Oct 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 14 Oct 2025	19:30	Pool	Lake Macquarie	BarBats
Womens A	Tue 14 Oct 2025	20:15	Pool	Central	University
Mens A Easts have a BYE.					
Mens A	Tue 14 Oct 2025	18:00		Central	University
Mens A	Tue 14 Oct 2025	18:45		Bruisers	Lake Macquarie
Womens B	Sat 18 Oct 2025	15:20	Pool	Central Blue	Easts
Mens B	Sat 18 Oct 2025	16:50	Pool	Central Blue	Easts
Womens C	Sat 18 Oct 2025	13:50	Pool	Central Orange	Central Grey
Womens C	Sat 18 Oct 2025	14:35	Pool	Central Blue	Easts Blue
Mens C	Sat 18 Oct 2025	16:05	Pool	Central	Easts
u12 Mixed	Sat 18 Oct 2025	11:00	Pool	Central Grey	Central Orange
u17 Boys	Sat 18 Oct 2025	13:05	Pool	Central Blue	Easts
u17 Girls	Sat 18 Oct 2025	11:35	Pool	Central Grey	Lake Macquarie
u17 Girls	Sat 18 Oct 2025	12:20	Pool	Central Blue	Easts

Round 1 · Week starting Sun 12 Oct 2025

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
u12 Mixed	Sat 18 Oct 2025	11:35	Pool	East's Blue	Central Blue
u12 Mixed	Sat 18 Oct 2025	12:10	Pool	East's Yellow	Bluefins
u14 Girls	Sat 18 Oct 2025	10:15	Pool	East's	Central Blue
u14 Boys	Sat 18 Oct 2025	10:55	Pool	East's	Central Blue

Round 1 · Week starting Sun 12 Oct 2025

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 18 Oct 2025	14:00	Pool	Bluebottles	Central Orange
Mens B	Sat 18 Oct 2025	14:45	Pool	Barracudas	Central Orange
u17 Boys	Sat 18 Oct 2025	13:15	Pool	Bullsharks	Central Orange
u17 Girls	Sat 18 Oct 2025	12:30	Pool	Blacktips	Central Orange

Round 1 · Week starting Sun 12 Oct 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
u14 Girls	Sat 18 Oct 2025	10:00		Bandits	Central Orange
u14 Boys	Sat 18 Oct 2025	10:40		Bulldawgs	Central Orange

Round 1 - Week starting Sun 12 Oct 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 18 Oct 2025	12:20	Pool	Lake Macquarie	University
Mens B	Sat 18 Oct 2025	13:05	Pool	Lake Macquarie	University
Womens C Lake Macquarie Sky have a BYE.					
Womens C	Sat 18 Oct 2025	13:50	Pool	University	East's Yellow
Womens C	Sat 18 Oct 2025	14:35	Pool	Lake Macquarie Navy	BGs
Mens C	Sat 18 Oct 2025	15:20	Pool	Lake Macquarie	Barbarians
u12 Mixed	Sat 18 Oct 2025	11:45	Pool	Lake Macquarie Navy	Lake Macquarie Sky
u14 Girls Lake Macquarie have a BYE.					
u14 Boys Lake Macquarie have a BYE.					
u17 Boys Lake Macquarie have a BYE.					

Round 2 · Week starting Sun 19 Oct 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 21 Oct 2025	18:00	Pool	BarBats	Central
Womens A	Tue 21 Oct 2025	18:45	Pool	University	Lake Macquarie
Mens A University have a BYE.					
Mens A	Tue 21 Oct 2025	19:30		East's	Bruisers
Mens A	Tue 21 Oct 2025	20:15		Lake Macquarie	Central
Womens B	Sat 25 Oct 2025	16:05	Pool	Central Orange	Central Blue
Mens B	Sat 25 Oct 2025	16:50	Pool	Central Orange	Central Blue
Womens C	Sat 25 Oct 2025	14:35	Pool	Central Grey	East's Blue
Womens C	Sat 25 Oct 2025	15:20	Pool	Central Orange	Central Blue
u14 Girls	Sat 25 Oct 2025	11:00	Pool	Central Orange	Central Blue
u14 Boys	Sat 25 Oct 2025	11:40	Pool	Central Orange	Central Blue
u17 Boys	Sat 25 Oct 2025	13:05	Pool	Central Orange	Central Blue
u17 Girls	Sat 25 Oct 2025	12:20	Pool	Central Orange	Central Blue
u17 Girls	Sat 25 Oct 2025	13:50	Pool	Central Grey	Blacktips

Round 2 · Week starting Sun 19 Oct 2025

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
u12 Mixed	Sat 25 Oct 2025	10:15	Pool	Central Orange	Central Blue

u12 Mixed	Sat 25 Oct 2025	10:50	Pool	Central Grey	Bluefins
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Round 2 · Week starting Sun 19 Oct 2025

Lakeside Leisure Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 25 Oct 2025	13:15	Pool	Bluebottles	University
Mens B	Sat 25 Oct 2025	14:00	Pool	Barracudas	University
Womens C	Sat 25 Oct 2025	12:30	Pool	BGs	University
Mens C	Sat 25 Oct 2025	14:45	Pool	Barbarians	Central

Round 2 · Week starting Sun 19 Oct 2025

Mayfield Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
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u14 Girls Bandits have a BYE.

u14 Boys Bulldawgs have a BYE.

u17 Boys Bullsharks have a BYE.

Round 2 · Week starting Sun 19 Oct 2025

Swansea Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 25 Oct 2025	13:30	Pool	Lake Macquarie	Easts
Mens B	Sat 25 Oct 2025	14:15	Pool	Lake Macquarie	Easts

Womens C Lake Macquarie Navy have a BYE.

Womens C	Sat 25 Oct 2025	15:00	Pool	Lake Macquarie Sky	East's Yellow
Mens C	Sat 25 Oct 2025	15:45	Pool	Lake Macquarie	East's
u12 Mixed	Sat 25 Oct 2025	10:50	Pool	Lake Macquarie Sky	East's Yellow
u12 Mixed	Sat 25 Oct 2025	11:25	Pool	Lake Macquarie Navy	East's Blue
u14 Girls	Sat 25 Oct 2025	10:10	Pool	Lake Macquarie	East's
u14 Boys	Sat 25 Oct 2025	09:30	Pool	Lake Macquarie	East's
u17 Boys	Sat 25 Oct 2025	12:45	Pool	Lake Macquarie	East's
u17 Girls	Sat 25 Oct 2025	12:00	Pool	Lake Macquarie	East's

Round 3 - Week starting Sun 26 Oct 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 28 Oct 2025	19:30	Pool	Central	Lake Macquarie
Womens A	Tue 28 Oct 2025	20:15	Pool	BarBats	University
Mens A Central have a BYE.					
Mens A	Tue 28 Oct 2025	18:00		University	Bruisers
Mens A	Tue 28 Oct 2025	18:45		Lake Macquarie	Easts
Womens C Central Grey have a BYE.					
Womens C	Sat 01 Nov 2025	12:55	Pool	Central Grey	Easts Yellow
u12 Mixed	Sat 01 Nov 2025	11:35	Pool	Central Grey	Easts Yellow
u12 Mixed	Sat 01 Nov 2025	12:20	Pool	Central Orange	Lake Macquarie Navy
u14 Girls Central Orange have a BYE.					
u14 Boys Central Orange have a BYE.					
u17 Boys Central Orange have a BYE.					
u17 Girls	Sat 01 Nov 2025	11:00	Pool	Central Orange	Central Grey

Round 3 - Week starting Sun 26 Oct 2025

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 01 Nov 2025	13:15	Pool	Bluebottles	Easts
Womens B	Sat 01 Nov 2025	15:30	Pool	University	Central Orange

Mens B	Sat 01 Nov 2025	14:00	Pool	Barracudas	Easts
Mens B	Sat 01 Nov 2025	16:15	Pool	University	Central Orange
Womens C	Sat 01 Nov 2025	14:45	Pool	University	Lake Macquarie Navy
u17 Boys	Sat 01 Nov 2025	11:45	Pool	Bullsharks	Easts
u17 Girls	Sat 01 Nov 2025	12:30	Pool	Blacktips	Easts

Round 3 · Week starting Sun 26 Oct 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 01 Nov 2025	11:55		BGs	Easts Blue
Mens C	Sat 01 Nov 2025	12:40		Barbarians	Easts
u12 Mixed	Sat 01 Nov 2025	11:15		Bluefins	Easts Blue
u14 Girls	Sat 01 Nov 2025	10:35		Bandits	Easts
u14 Boys	Sat 01 Nov 2025	10:00		Bulldawgs	Easts

Round 3 · Week starting Sun 26 Oct 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 01 Nov 2025	13:25	Pool	Lake Macquarie	Central Blue
Mens B	Sat 01 Nov 2025	14:10	Pool	Lake Macquarie	Central Blue
Womens C	Sat 01 Nov 2025	14:55	Pool	Lake Macquarie Sky	Central Blue
Mens C	Sat 01 Nov 2025	15:40	Pool	Lake Macquarie	Central
u12 Mixed	Sat 01 Nov 2025	10:00	Pool	Lake Macquarie Sky	Central Blue

u14 Girls	Sat 01 Nov 2025	10:35	Pool	Lake Macquarie	Central Blue
u14 Boys	Sat 01 Nov 2025	11:15	Pool	Lake Macquarie	Central Blue
u17 Boys	Sat 01 Nov 2025	12:40	Pool	Lake Macquarie	Central Blue
u17 Girls	Sat 01 Nov 2025	11:55	Pool	Lake Macquarie	Central Blue

Round 4 · Week starting Sun 02 Nov 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 04 Nov 2025	18:00	Pool	University	Central
Womens A	Tue 04 Nov 2025	18:45	Pool	BarBats	Lake Macquarie
Mens A Bruisers have a BYE.					
Mens A	Tue 04 Nov 2025	19:30		Easts	Central
Mens A	Tue 04 Nov 2025	20:15		University	Lake Macquarie
Womens B	Sat 08 Nov 2025	11:45	Pool	Central Blue	Bluebottles
Mens B	Sat 08 Nov 2025	13:15	Pool	Central Blue	Barracudas
Womens C	Sat 08 Nov 2025	11:00	Pool	Central Blue	BGs
Mens C	Sat 08 Nov 2025	12:30	Pool	Central	Barbarians

Round 4 · Week starting Sun 02 Nov 2025

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C Easts Yellow have a BYE.					

Round 4 · Week starting Sun 02 Nov 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap

u12 Mixed	Sat 08 Nov 2025	10:00	Central Blue	Bluefins
u12 Mixed	Sat 08 Nov 2025	10:35	Central Grey	Easts Blue
u12 Mixed	Sat 08 Nov 2025	11:10	Central Orange	Lake Macquarie Sky
u12 Mixed	Sat 08 Nov 2025	11:45	Lake Macquarie Navy	Easts Yellow

Round 4 · Week starting Sun 02 Nov 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 08 Nov 2025	11:30	Pool	Lake Macquarie	Central Orange
Womens B	Sat 08 Nov 2025	13:45	Pool	Easts	University
Mens B	Sat 08 Nov 2025	12:15	Pool	Lake Macquarie	Central Orange
Mens B	Sat 08 Nov 2025	14:30	Pool	Easts	University
Womens C	Sat 08 Nov 2025	10:00	Pool	Lake Macquarie Sky	Central Orange
Womens C	Sat 08 Nov 2025	10:45	Pool	Lake Macquarie Navy	Central Grey
Womens C	Sat 08 Nov 2025	13:00	Pool	Easts Blue	University
Mens C	Sat 08 Nov 2025	15:15	Pool	Easts	Lake Macquarie

Round 5 · Week starting Sun 09 Nov 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 11 Nov 2025	19:30	Pool	Central	BarBats
Womens A	Tue 11 Nov 2025	20:15	Pool	Lake Macquarie	University
Mens A Lake Macquarie have a BYE.					
Mens A	Tue 11 Nov 2025	18:00	Pool	Central	Bruisers
Mens A	Tue 11 Nov 2025	18:45	Pool	Easts	University
Womens B	Sat 15 Nov 2025	15:55	Pool	Central Orange	Easts
Mens B	Sat 15 Nov 2025	16:40	Pool	Central Orange	Easts
Womens C	Sat 15 Nov 2025	15:10	Pool	Central Orange	Easts Yellow
u12 Mixed	Sat 15 Nov 2025	11:00	Pool	Central Blue	Central Grey
u14 Girls Central Blue have a BYE.					
u14 Girls	Sat 15 Nov 2025	12:20	Pool	Central Orange	Easts
u14 Boys Central Blue have a BYE.					
u14 Boys	Sat 15 Nov 2025	13:00	Pool	Central Orange	Easts
u17 Boys Central Blue have a BYE.					
u17 Boys	Sat 15 Nov 2025	14:25	Pool	Central Orange	Easts
u17 Girls	Sat 15 Nov 2025	11:35	Pool	Central Blue	Central Grey
u17 Girls	Sat 15 Nov 2025	13:40	Pool	Central Orange	Easts

Round 5 · Week starting Sun 09 Nov 2025

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C Easts Blue have a BYE.					
u12 Mixed	Sat 15 Nov 2025	10:15	Pool	Easts Blue	Lake Macquarie Sky
u12 Mixed	Sat 15 Nov 2025	10:50	Pool	Easts Yellow	Central Orange

Round 5 · Week starting Sun 09 Nov 2025**Lakeside Leisure Centre**

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 15 Nov 2025	13:30	Pool	Bluebottles	Lake Macquarie
Mens B	Sat 15 Nov 2025	14:15	Pool	Barracudas	Lake Macquarie
Mens C	Sat 15 Nov 2025	15:00	Pool	Barbarians	Easts
u17 Boys	Sat 15 Nov 2025	12:45	Pool	Bullsharks	Lake Macquarie
u17 Girls	Sat 15 Nov 2025	12:00	Pool	Blacktips	Lake Macquarie

Round 5 · Week starting Sun 09 Nov 2025**Mayfield Pool**

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 15 Nov 2025	11:55		BGs	Central Grey
u12 Mixed	Sat 15 Nov 2025	11:20		Bluefins	Lake Macquarie Navy
u14 Girls	Sat 15 Nov 2025	10:00		Bandits	Lake Macquarie
u14 Boys	Sat 15 Nov 2025	10:40		Bulldawgs	Lake Macquarie

Round 5 · Week starting Sun 09 Nov 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 15 Nov 2025	13:30	Pool	University	Central Blue
Mens B	Sat 15 Nov 2025	14:15	Pool	University	Central Blue
Womens C	Sat 15 Nov 2025	12:00	Pool	Lake Macquarie Sky	Lake Macquarie Navy
Womens C	Sat 15 Nov 2025	12:45	Pool	University	Central Blue
Mens C	Sat 15 Nov 2025	15:00	Pool	Lake Macquarie	Central

Round 6 · Week starting Sun 16 Nov 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 18 Nov 2025	18:00	Pool	University	BarBats
Womens A	Tue 18 Nov 2025	18:45	Pool	Lake Macquarie	Central
Mens A Easts have a BYE.					
Mens A	Tue 18 Nov 2025	19:30	Pool	Lake Macquarie	Bruisers
Mens A	Tue 18 Nov 2025	20:15	Pool	University	Central
Womens B	Sat 22 Nov 2025	15:45	Pool	Easts	Central Blue
Mens B	Sat 22 Nov 2025	16:30	Pool	Easts	Central Blue
Womens C	Sat 22 Nov 2025	15:00	Pool	Easts Yellow	Central Blue
Mens C	Sat 22 Nov 2025	17:15	Pool	Easts	Central
u12 Mixed	Sat 22 Nov 2025	11:00	Pool	Easts Blue	Central Orange
u12 Mixed	Sat 22 Nov 2025	11:35	Pool	Easts Yellow	Central Blue
u14 Girls	Sat 22 Nov 2025	12:10	Pool	Easts	Central Blue
u14 Boys	Sat 22 Nov 2025	12:50	Pool	Easts	Central Blue
u17 Boys	Sat 22 Nov 2025	14:15	Pool	Easts	Central Blue
u17 Girls	Sat 22 Nov 2025	13:30	Pool	Easts	Central Blue

Round 6 · Week starting Sun 16 Nov 2025

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap

Womens B	Sat 22 Nov 2025	13:30	Pool	Bluebottles	Central Orange
Mens B	Sat 22 Nov 2025	14:15	Pool	Barracudas	Central Orange
Mens C	Sat 22 Nov 2025	15:00	Pool	Barbarians	Lake Macquarie
u17 Boys	Sat 22 Nov 2025	12:45	Pool	Bullsharks	Central Orange
u17 Girls	Sat 22 Nov 2025	12:00	Pool	Blacktips	Central Orange

Round 6 · Week starting Sun 16 Nov 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C BGs have a BYE.					
u14 Girls	Sat 22 Nov 2025	10:00		Bandits	Central Orange
u14 Boys	Sat 22 Nov 2025	10:40		Bulldawgs	Central Orange

Round 6 · Week starting Sun 16 Nov 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 22 Nov 2025	12:40	Pool	Lake Macquarie	University
Mens B	Sat 22 Nov 2025	13:25	Pool	Lake Macquarie	University
Womens C	Sat 22 Nov 2025	11:55	Pool	Lake Macquarie Navy	Central Orange
Womens C	Sat 22 Nov 2025	14:10	Pool	University	Central Grey
Womens C	Sat 22 Nov 2025	14:55	Pool	Lake Macquarie Sky	East Blue
u12 Mixed	Sat 22 Nov 2025	10:00	Pool	Lake Macquarie Sky	Bluefins
u12 Mixed	Sat 22 Nov 2025	11:20	Pool	Lake Macquarie Navy	Central Grey

u14 Girls Lake Macquarie have a BYE.

u14 Boys Lake Macquarie have a BYE.

u17 Boys Lake Macquarie have a BYE.

u17 Girls	Sat 22 Nov 2025	10:35	Pool	Lake Macquarie	Central Grey
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Round 7 · Week starting Sun 23 Nov 2025

Lambton Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 25 Nov 2025	19:30	Pool	Central	University
Womens A	Tue 25 Nov 2025	20:15	Pool	Lake Macquarie	BarBats
Mens A University have a BYE.					
Mens A	Tue 25 Nov 2025	18:00	Pool	Bruisers	Easts
Mens A	Tue 25 Nov 2025	18:45	Pool	Central	Lake Macquarie
Womens C University have a BYE.					

Round 7 · Week starting Sun 23 Nov 2025

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
u14 Girls Easts have a BYE.					
u14 Boys Easts have a BYE.					
u17 Boys Easts have a BYE.					

Round 7 · Week starting Sun 23 Nov 2025

Lakeside Leisure Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 29 Nov 2025	13:45	Pool	Easts Blue	Central Orange

Womens C	Sat 29 Nov 2025	14:30	Pool	Central Grey	Central Blue
Womens C	Sat 29 Nov 2025	15:15	Pool	BGs	Lake Macquarie Sky
Mens C	Sat 29 Nov 2025	16:00	Pool	Barbarians	Central
u17 Boys	Sat 29 Nov 2025	13:00	Pool	Bullsharks	Central Blue
u17 Girls	Sat 29 Nov 2025	11:30	Pool	Blacktips	Central Blue
u17 Girls	Sat 29 Nov 2025	12:15	Pool	Eastes	Central Grey

Round 7 · Week starting Sun 23 Nov 2025

Mayfield Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
u12 Mixed	Sat 29 Nov 2025	11:20		Eastes Yellow	Eastes Blue
u12 Mixed	Sat 29 Nov 2025	11:55		Bluefins	Central Orange
u14 Girls	Sat 29 Nov 2025	10:00		Bandits	Central Blue
u14 Boys	Sat 29 Nov 2025	10:40		Bulldawgs	Central Blue

Round 7 · Week starting Sun 23 Nov 2025

Swansea Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 29 Nov 2025	14:00	Pool	Lake Macquarie Navy	Eastes Yellow
Mens C	Sat 29 Nov 2025	14:45	Pool	Lake Macquarie	Eastes
u12 Mixed	Sat 29 Nov 2025	10:00	Pool	Lake Macquarie Sky	Central Grey
u12 Mixed	Sat 29 Nov 2025	11:55	Pool	Lake Macquarie Navy	Central Blue
u14 Girls	Sat 29 Nov 2025	10:35	Pool	Lake Macquarie	Central Orange

u14 Boys	Sat 29 Nov 2025	11:15	Pool	Lake Macquarie	Central Orange
u17 Boys	Sat 29 Nov 2025	13:15	Pool	Lake Macquarie	Central Orange
u17 Girls	Sat 29 Nov 2025	12:30	Pool	Lake Macquarie	Central Orange

Round 8 - Week starting Sun 30 Nov 2025

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 02 Dec 2025	18:00	Pool	BarBats	Central
Womens A	Tue 02 Dec 2025	18:45	Pool	University	Lake Macquarie
Mens A Central have a BYE.					
Mens A	Tue 02 Dec 2025	19:30	Pool	Bruisers	University
Mens A	Tue 02 Dec 2025	20:15	Pool	Easts	Lake Macquarie
Womens B	Sat 06 Dec 2025	14:15	Pool	Central Blue	Central Orange
Mens B	Sat 06 Dec 2025	15:00	Pool	Central Blue	Central Orange
Womens C Central Blue have a BYE.					
Womens C	Sat 06 Dec 2025	15:45	Pool	Central Orange	University
Womens C	Sat 06 Dec 2025	16:30	Pool	Central Grey	Lake Macquarie Sky
u12 Mixed	Sat 06 Dec 2025	11:00	Pool	Central Grey	Easts Yellow
u12 Mixed	Sat 06 Dec 2025	11:35	Pool	Central Blue	Lake Macquarie Sky
u12 Mixed	Sat 06 Dec 2025	12:10	Pool	Central Orange	Lake Macquarie Navy
u17 Boys	Sat 06 Dec 2025	13:30	Pool	Central Blue	Central Orange
u17 Girls	Sat 06 Dec 2025	12:45	Pool	Central Blue	Central Orange

Round 8 - Week starting Sun 30 Nov 2025

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap

Womens B	Sat 06 Dec 2025	12:45	Pool	Bluebottles	University
Mens B	Sat 06 Dec 2025	13:30	Pool	Barracudas	University
u17 Girls	Sat 06 Dec 2025	12:00	Pool	Blacktips	Central Grey

Round 8 · Week starting Sun 30 Nov 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 06 Dec 2025	10:35		BGs	Easts Yellow
Mens C	Sat 06 Dec 2025	11:20		Barbarians	Central
u12 Mixed	Sat 06 Dec 2025	10:00		Bluefins	Easts Blue
u17 Boys Bullsharks have a BYE.					

Round 8 · Week starting Sun 30 Nov 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 06 Dec 2025	11:45	Pool	Lake Macquarie	Easts
Mens B	Sat 06 Dec 2025	12:30	Pool	Lake Macquarie	Easts
Womens C	Sat 06 Dec 2025	14:00	Pool	Lake Macquarie Navy	Easts Blue
Mens C	Sat 06 Dec 2025	14:45	Pool	Lake Macquarie	Easts
u17 Boys	Sat 06 Dec 2025	13:15	Pool	Lake Macquarie	Easts
u17 Girls	Sat 06 Dec 2025	11:00	Pool	Lake Macquarie	Easts

Round 9 · Week starting Sun 07 Dec 2025

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
u12 Mixed	Sat 13 Dec 2025	10:15	Pool	Easts Yellow	Lake Macquarie Navy

Round 9 · Week starting Sun 07 Dec 2025

Lakeside Leisure Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 13 Dec 2025	12:45	Pool	Central Blue	University
Mens B	Sat 13 Dec 2025	13:30	Pool	Central Blue	University
Womens C	Sat 13 Dec 2025	14:15	Pool	Central Orange	Central Grey
u17 Girls	Sat 13 Dec 2025	12:00	Pool	Central Blue	Central Grey

Round 9 · Week starting Sun 07 Dec 2025

Lambton Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 13 Dec 2025	15:10	Pool	Easts	Central Orange
Mens B	Sat 13 Dec 2025	15:55	Pool	Easts	Central Orange
Womens C	Sat 13 Dec 2025	14:25	Pool	Easts Blue	Central Blue
Womens C	Sat 13 Dec 2025	17:25	Pool	Easts Yellow	University
Mens C	Sat 13 Dec 2025	16:40	Pool	Easts	Central

u12 Mixed	Sat 13 Dec 2025	11:00	Pool	Easts Blue	Central Grey
u14 Girls Central Blue have a BYE.					
u14 Girls	Sat 13 Dec 2025	11:35	Pool	Easts	Central Orange
u14 Boys Central Blue have a BYE.					
u14 Boys	Sat 13 Dec 2025	12:15	Pool	Easts	Central Orange
u17 Boys Central Blue have a BYE.					
u17 Boys	Sat 13 Dec 2025	13:40	Pool	Easts	Central Orange
u17 Girls	Sat 13 Dec 2025	12:55	Pool	Easts	Central Orange

Round 9 - Week starting Sun 07 Dec 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 13 Dec 2025	13:30	Pool	Lake Macquarie	Bluebottles
Mens B	Sat 13 Dec 2025	14:15	Pool	Lake Macquarie	Barracudas
Womens C Lake Macquarie Sky have a BYE.					
Womens C	Sat 13 Dec 2025	15:00	Pool	Lake Macquarie Navy	BGs
Mens C	Sat 13 Dec 2025	15:45	Pool	Lake Macquarie	Barbarians
u12 Mixed	Sat 13 Dec 2025	09:30	Pool	Lake Macquarie Sky	Central Orange
u12 Mixed	Sat 13 Dec 2025	10:05	Pool	Bluefins	Central Blue
u14 Girls	Sat 13 Dec 2025	10:40	Pool	Lake Macquarie	Bandits
u14 Boys	Sat 13 Dec 2025	11:20	Pool	Lake Macquarie	Bulldawgs
u17 Boys	Sat 13 Dec 2025	12:45	Pool	Lake Macquarie	Bullsharks
u17 Girls	Sat 13 Dec 2025	12:00	Pool	Lake Macquarie	Blacktips

Round 10 · Week starting Sun 14 Dec 2025

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 20 Dec 2025	10:15	Pool	East's Blue	East's Yellow
u14 Girls East's have a BYE.					
u14 Boys East's have a BYE.					
u17 Boys East's have a BYE.					

Round 10 · Week starting Sun 14 Dec 2025

Lambton Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 20 Dec 2025	14:35	Pool	Central Blue	Bluebottles
Womens B	Sat 20 Dec 2025	16:50	Pool	East's	University
Mens B	Sat 20 Dec 2025	13:05	Pool	East's	University
Mens B	Sat 20 Dec 2025	15:20	Pool	Central Blue	Barracudas
Womens C Central Grey have a BYE.					
u14 Girls	Sat 20 Dec 2025	11:40	Pool	Central Blue	Bandits
u14 Boys	Sat 20 Dec 2025	11:00	Pool	Central Blue	Bulldawgs
u17 Boys	Sat 20 Dec 2025	13:50	Pool	Central Blue	Bullsharks
u17 Girls	Sat 20 Dec 2025	12:20	Pool	Central Blue	Blacktips
u17 Girls	Sat 20 Dec 2025	16:05	Pool	Central Grey	East's

Round 10 · Week starting Sun 14 Dec 2025

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 20 Dec 2025	10:45		BGs	Central Orange
Mens C	Sat 20 Dec 2025	10:00		Barbarians	Easts

Round 10 · Week starting Sun 14 Dec 2025

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 20 Dec 2025	12:20	Pool	Lake Macquarie	Central Orange
Mens B	Sat 20 Dec 2025	13:05	Pool	Lake Macquarie	Central Orange
Womens C	Sat 20 Dec 2025	13:50	Pool	Lake Macquarie Navy	Central Blue
Womens C	Sat 20 Dec 2025	14:35	Pool	Lake Macquarie Sky	University
Mens C	Sat 20 Dec 2025	15:20	Pool	Lake Macquarie	Central
u14 Girls	Sat 20 Dec 2025	09:30	Pool	Lake Macquarie	Central Orange
u14 Boys	Sat 20 Dec 2025	10:10	Pool	Lake Macquarie	Central Orange
u17 Boys	Sat 20 Dec 2025	11:35	Pool	Lake Macquarie	Central Orange
u17 Girls	Sat 20 Dec 2025	10:50	Pool	Lake Macquarie	Central Orange

Round 11 · Week starting Sun 11 Jan 2026

Lambton Pool						
Grade	Day	Time	Pool	White Cap	Blue Cap	
Womens C Central Blue have a BYE.						
Womens C	Sat 17 Jan 2026	12:20	Pool	East's Yellow	BGs	
Womens C	Sat 17 Jan 2026	13:05	Pool	East's Blue	Lake Macquarie Navy	
Womens C	Sat 17 Jan 2026	15:10	Pool	Central Grey	Lake Macquarie Sky	
Womens C	Sat 17 Jan 2026	15:55	Pool	Central Orange	University	
u14 Girls Central Orange have a BYE.						
u14 Girls	Sat 17 Jan 2026	11:00	Pool	East's	Bandits	
u14 Girls	Sat 17 Jan 2026	13:50	Pool	Central Blue	Lake Macquarie	
u14 Boys Central Orange have a BYE.						
u14 Boys	Sat 17 Jan 2026	11:40	Pool	East's	Bulldawgs	
u14 Boys	Sat 17 Jan 2026	14:30	Pool	Central Blue	Lake Macquarie	

Round 12 · Week starting Sun 25 Jan 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 27 Jan 2026	19:30	Pool	Central	Lake Macquarie
Womens A	Tue 27 Jan 2026	20:15	Pool	BarBats	University
Mens A Bruisers have a BYE.					
Mens A	Tue 27 Jan 2026	18:00	Pool	Central	East's
Mens A	Tue 27 Jan 2026	18:45	Pool	Lake Macquarie	University
Womens B	Sat 31 Jan 2026	14:25	Pool	Central Blue	Central Orange
Mens B	Sat 31 Jan 2026	15:10	Pool	Central Blue	Central Orange
Womens C	Sat 31 Jan 2026	15:55	Pool	Central Grey	East's Yellow
Womens C	Sat 31 Jan 2026	16:40	Pool	Central Blue	Lake Macquarie Sky
u12 Mixed	Sat 31 Jan 2026	11:00	Pool	Central Blue	Central Orange
u14 Girls	Sat 31 Jan 2026	11:35	Pool	Central Blue	Central Orange
u14 Boys	Sat 31 Jan 2026	12:15	Pool	Central Blue	Central Orange
u17 Boys	Sat 31 Jan 2026	13:40	Pool	Central Blue	Central Orange
u17 Girls	Sat 31 Jan 2026	12:55	Pool	Central Blue	Central Orange

Round 12 · Week starting Sun 25 Jan 2026

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 31 Jan 2026	10:45	Pool	Bluebottles	University

Mens B	Sat 31 Jan 2026	11:30	Pool	Barracudas	University
u17 Girls	Sat 31 Jan 2026	10:00	Pool	Blacktips	Central Grey

Round 12 · Week starting Sun 25 Jan 2026

Mayfield Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C Central Orange have a BYE.					
Womens C	Sat 31 Jan 2026	10:35		BGs	East Blue
Mens C	Sat 31 Jan 2026	11:20		Barbarians	East
u12 Mixed	Sat 31 Jan 2026	10:00		Bluefins	Central Grey
u14 Girls Bandits have a BYE.					
u14 Boys Bulldawgs have a BYE.					
u17 Boys Bullsharks have a BYE.					

Round 12 · Week starting Sun 25 Jan 2026

Swansea Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 31 Jan 2026	13:30	Pool	Lake Macquarie	East
Mens B	Sat 31 Jan 2026	14:15	Pool	Lake Macquarie	East
Womens C	Sat 31 Jan 2026	15:00	Pool	Lake Macquarie Navy	University
Mens C	Sat 31 Jan 2026	15:45	Pool	Lake Macquarie	Central
u12 Mixed	Sat 31 Jan 2026	09:30	Pool	Lake Macquarie Sky	East Yellow
u12 Mixed	Sat 31 Jan 2026	10:05	Pool	Lake Macquarie Navy	East Blue

u14 Girls	Sat 31 Jan 2026	10:40	Pool	Lake Macquarie	Easts
u14 Boys	Sat 31 Jan 2026	11:20	Pool	Lake Macquarie	Easts
u17 Boys	Sat 31 Jan 2026	12:45	Pool	Lake Macquarie	Easts
u17 Girls	Sat 31 Jan 2026	12:00	Pool	Lake Macquarie	Easts

Round 13 · Week starting Sun 01 Feb 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 03 Feb 2026	18:00	Pool	University	Central
Womens A	Tue 03 Feb 2026	18:45	Pool	BarBats	Lake Macquarie
Mens A Lake Macquarie have a BYE.					
Mens A	Tue 03 Feb 2026	19:30	Pool	University	Easts
Mens A	Tue 03 Feb 2026	20:15	Pool	Bruisers	Central
Womens B	Sat 07 Feb 2026	13:05	Pool	Central Orange	University
Womens B	Sat 07 Feb 2026	14:35	Pool	Central Blue	Lake Macquarie
Mens B	Sat 07 Feb 2026	13:50	Pool	Central Orange	University
Mens B	Sat 07 Feb 2026	15:20	Pool	Central Blue	Lake Macquarie
Womens C	Sat 07 Feb 2026	11:35	Pool	Central Grey	Lake Macquarie Navy
Womens C	Sat 07 Feb 2026	12:20	Pool	Central Orange	Lake Macquarie Sky
Womens C	Sat 07 Feb 2026	16:50	Pool	Easts Blue	University
Mens C	Sat 07 Feb 2026	16:05	Pool	Easts	Lake Macquarie
u12 Mixed	Sat 07 Feb 2026	11:00	Pool	Central Grey	Central Blue

Round 13 · Week starting Sun 01 Feb 2026

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C Easts Yellow have a BYE.					

u12 Mixed	Sat 07 Feb 2026	10:15	Pool	East's Yellow	Central Orange
u12 Mixed	Sat 07 Feb 2026	10:50	Pool	East's Blue	Lake Macquarie Sky
u12 Mixed	Sat 07 Feb 2026	11:25	Pool	Bluefins	Lake Macquarie Navy

Round 13 · Week starting Sun 01 Feb 2026

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 07 Feb 2026	13:30	Pool	Bluebottles	East's
Mens B	Sat 07 Feb 2026	14:15	Pool	Barracudas	East's
Womens C	Sat 07 Feb 2026	12:00	Pool	BGs	Central Blue
Mens C	Sat 07 Feb 2026	12:45	Pool	Barbarians	Central

Round 14 · Week starting Sun 08 Feb 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 10 Feb 2026	19:30	Pool	Central	BarBats
Womens A	Tue 10 Feb 2026	20:15	Pool	Lake Macquarie	University
Mens A Easts have a BYE.					
Mens A	Tue 10 Feb 2026	18:00	Pool	Central	University
Mens A	Tue 10 Feb 2026	18:45	Pool	Bruisers	Lake Macquarie
Womens B	Sat 14 Feb 2026	13:15	Pool	Central Blue	Easts
Mens B	Sat 14 Feb 2026	14:00	Pool	Central Blue	Easts
Womens C	Sat 14 Feb 2026	12:30	Pool	Central Blue	Central Orange
u17 Boys	Sat 14 Feb 2026	11:45	Pool	Central Blue	Easts
u17 Girls	Sat 14 Feb 2026	11:00	Pool	Central Blue	Easts

Round 14 · Week starting Sun 08 Feb 2026

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
u14 Girls	Sat 14 Feb 2026	10:55	Pool	Easts	Central Blue
u14 Boys	Sat 14 Feb 2026	10:15	Pool	Easts	Central Blue

Round 14 · Week starting Sun 08 Feb 2026

Lakeside Leisure Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 14 Feb 2026	13:30	Pool	Bluebottles	Central Orange
Mens B	Sat 14 Feb 2026	14:15	Pool	Barracudas	Central Orange
u17 Boys	Sat 14 Feb 2026	12:45	Pool	Bullsharks	Central Orange
u17 Girls	Sat 14 Feb 2026	12:00	Pool	Blacktips	Central Orange

Round 14 · Week starting Sun 08 Feb 2026**Mayfield Pool**

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 14 Feb 2026	11:20		BGs	University
u14 Girls	Sat 14 Feb 2026	10:00		Bandits	Central Orange
u14 Boys	Sat 14 Feb 2026	10:40		Bulldawgs	Central Orange

Round 14 · Week starting Sun 08 Feb 2026**Swansea Swim Centre**

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 14 Feb 2026	10:45	Pool	Lake Macquarie	University
Mens B	Sat 14 Feb 2026	11:30	Pool	Lake Macquarie	University
Womens C Lake Macquarie Navy have a BYE.					
Womens C	Sat 14 Feb 2026	13:00	Pool	Lake Macquarie Sky	East's Yellow
Womens C	Sat 14 Feb 2026	13:45	Pool	Central Grey	East's Blue
Mens C	Sat 14 Feb 2026	12:15	Pool	Lake Macquarie	Barbarians

Mens C	Sat 14 Feb 2026	14:30	Pool	Central	East
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u14 Girls Lake Macquarie have a BYE.

u14 Boys Lake Macquarie have a BYE.

u17 Boys Lake Macquarie have a BYE.

u17 Girls	Sat 14 Feb 2026	10:00	Pool	Lake Macquarie	Central Grey
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Round 15 · Week starting Sun 15 Feb 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 17 Feb 2026	18:00	Pool	University	BarBats
Womens A	Tue 17 Feb 2026	18:45	Pool	Lake Macquarie	Central
Mens A University have a BYE.					
Mens A	Tue 17 Feb 2026	19:30	Pool	Lake Macquarie	Central
Mens A	Tue 17 Feb 2026	20:15	Pool	Bruisers	Easts
Womens C	Sat 21 Feb 2026	15:10	Pool	Central Orange	Easts Yellow
Womens C	Sat 21 Feb 2026	15:55	Pool	Central Blue	University
Womens C	Sat 21 Feb 2026	16:40	Pool	Central Grey	BGs
u12 Mixed	Sat 21 Feb 2026	11:00	Pool	Central Grey	Central Orange
u14 Girls Central Orange have a BYE.					
u14 Girls	Sat 21 Feb 2026	12:20	Pool	Central Blue	Lake Macquarie
u14 Boys Central Orange have a BYE.					
u14 Boys	Sat 21 Feb 2026	13:00	Pool	Central Blue	Lake Macquarie
u17 Boys Central Orange have a BYE.					
u17 Boys	Sat 21 Feb 2026	14:25	Pool	Central Blue	Lake Macquarie
u17 Girls	Sat 21 Feb 2026	11:35	Pool	Central Grey	Central Orange
u17 Girls	Sat 21 Feb 2026	13:40	Pool	Central Blue	Lake Macquarie

Round 15 · Week starting Sun 15 Feb 2026

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C Easts Blue have a BYE.					
u12 Mixed	Sat 21 Feb 2026	11:35	Pool	Easts Yellow	Bluefins
u12 Mixed	Sat 21 Feb 2026	12:10	Pool	Easts Blue	Central Blue
u14 Girls	Sat 21 Feb 2026	10:55	Pool	Easts	Bandits
u14 Boys	Sat 21 Feb 2026	10:15	Pool	Easts	Bulldawgs

Round 15 · Week starting Sun 15 Feb 2026**Swansea Swim Centre**

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 21 Feb 2026	14:35	Pool	Lake Macquarie Navy	Lake Macquarie Sky
u12 Mixed	Sat 21 Feb 2026	12:30	Pool	Lake Macquarie Sky	Lake Macquarie Navy
u17 Boys	Sat 21 Feb 2026	13:50	Pool	Easts	Bullsharks
u17 Girls	Sat 21 Feb 2026	13:05	Pool	Easts	Blacktips

Round 16 · Week starting Sun 22 Feb 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 24 Feb 2026	19:30	Pool	Central	University
Womens A	Tue 24 Feb 2026	20:15	Pool	Lake Macquarie	BarBats
Mens A Central have a BYE.					
Mens A	Tue 24 Feb 2026	18:00	Pool	University	Bruisers
Mens A	Tue 24 Feb 2026	18:45	Pool	Lake Macquarie	EastS
Womens B	Sat 28 Feb 2026	15:30	Pool	EastS	Central Orange
Mens B	Sat 28 Feb 2026	16:15	Pool	EastS	Central Orange
Womens C University have a BYE.					
Womens C	Sat 28 Feb 2026	14:45	Pool	EastS Blue	Central Orange
Mens C	Sat 28 Feb 2026	17:00	Pool	EastS	Lake Macquarie
u14 Girls Central Blue have a BYE.					
u14 Boys Central Blue have a BYE.					
u17 Boys Central Blue have a BYE.					
u17 Boys	Sat 28 Feb 2026	14:00	Pool	EastS	Central Orange
u17 Girls	Sat 28 Feb 2026	12:30	Pool	Central Blue	Central Grey
u17 Girls	Sat 28 Feb 2026	13:15	Pool	EastS	Central Orange

Round 16 · Week starting Sun 22 Feb 2026

Charlestown Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
u12 Mixed	Sat 28 Feb 2026	11:35	Pool	Easts Blue	Central Orange
u12 Mixed	Sat 28 Feb 2026	12:10	Pool	Easts Yellow	Central Blue
u14 Girls	Sat 28 Feb 2026	10:15	Pool	Easts	Central Orange
u14 Boys	Sat 28 Feb 2026	10:55	Pool	Easts	Central Orange

Round 16 · Week starting Sun 22 Feb 2026

Lakeside Leisure Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 28 Feb 2026	13:30	Pool	Bluebottles	Lake Macquarie
Mens B	Sat 28 Feb 2026	14:15	Pool	Barracudas	Lake Macquarie
Mens C	Sat 28 Feb 2026	15:00	Pool	Barbarians	Central
u17 Boys	Sat 28 Feb 2026	12:45	Pool	Bullsharks	Lake Macquarie
u17 Girls	Sat 28 Feb 2026	12:00	Pool	Blacktips	Lake Macquarie

Round 16 · Week starting Sun 22 Feb 2026

Mayfield Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 28 Feb 2026	11:55		BGs	Lake Macquarie Sky
u12 Mixed	Sat 28 Feb 2026	10:00		Bluefins	Lake Macquarie Sky
u14 Girls	Sat 28 Feb 2026	10:35		Bandits	Lake Macquarie
u14 Boys	Sat 28 Feb 2026	11:15		Bulldawgs	Lake Macquarie

Round 16 · Week starting Sun 22 Feb 2026

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 28 Feb 2026	13:20	Pool	Central Blue	University
Mens B	Sat 28 Feb 2026	14:05	Pool	Central Blue	University
Womens C	Sat 28 Feb 2026	12:35	Pool	Central Grey	Central Blue
Womens C	Sat 28 Feb 2026	14:50	Pool	Lake Macquarie Navy	East's Yellow
u12 Mixed	Sat 28 Feb 2026	12:00	Pool	Lake Macquarie Navy	Central Grey

Round 17 · Week starting Sun 01 Mar 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 03 Mar 2026	18:00	Pool	BarBats	Central
Womens A	Tue 03 Mar 2026	18:45	Pool	University	Lake Macquarie
Mens A Bruisers have a BYE.					
Mens A	Tue 03 Mar 2026	19:30	Pool	Easts	Central
Mens A	Tue 03 Mar 2026	20:15	Pool	University	Lake Macquarie
Womens B	Sat 07 Mar 2026	13:50	Pool	Central Orange	University
Mens B	Sat 07 Mar 2026	14:35	Pool	Central Orange	University
Womens C	Sat 07 Mar 2026	15:20	Pool	Central Blue	Easts Yellow
Womens C	Sat 07 Mar 2026	16:05	Pool	Central Orange	Lake Macquarie Navy
Womens C	Sat 07 Mar 2026	16:50	Pool	Central Grey	University
Mens C	Sat 07 Mar 2026	13:05	Pool	Central	Lake Macquarie
u14 Girls	Sat 07 Mar 2026	11:00	Pool	Central Orange	Central Blue
u14 Boys	Sat 07 Mar 2026	11:40	Pool	Central Orange	Central Blue
u17 Girls	Sat 07 Mar 2026	12:20	Pool	Central Orange	Central Grey

Round 17 · Week starting Sun 01 Mar 2026

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 07 Mar 2026	11:30	Pool	Bluebottles	Easts

Mens B	Sat 07 Mar 2026	12:15	Pool	Barracudas	Easts
Mens C	Sat 07 Mar 2026	13:00	Pool	Barbarians	Easts
u17 Boys	Sat 07 Mar 2026	10:45	Pool	Bullsharks	Easts
u17 Girls	Sat 07 Mar 2026	10:00	Pool	Blacktips	Easts

Round 17 · Week starting Sun 01 Mar 2026

Mayfield Pool

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C BGs have a BYE.					
u14 Girls Bandits have a BYE.					
u14 Boys Bulldawgs have a BYE.					
u17 Boys Central Orange have a BYE.					

Round 17 · Week starting Sun 01 Mar 2026

Swansea Swim Centre

Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 07 Mar 2026	12:50	Pool	Lake Macquarie	Central Blue
Mens B	Sat 07 Mar 2026	13:35	Pool	Lake Macquarie	Central Blue
Womens C	Sat 07 Mar 2026	14:20	Pool	Lake Macquarie Sky	Easts Blue
u14 Girls	Sat 07 Mar 2026	10:00	Pool	Lake Macquarie	Easts
u14 Boys	Sat 07 Mar 2026	10:40	Pool	Lake Macquarie	Easts
u17 Boys	Sat 07 Mar 2026	12:05	Pool	Lake Macquarie	Central Blue
u17 Girls	Sat 07 Mar 2026	11:20	Pool	Lake Macquarie	Central Blue

Round 18 · Week starting Sun 08 Mar 2026

Lambton Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens A	Tue 10 Mar 2026	19:30	Pool	BarBats	University
Womens A	Tue 10 Mar 2026	20:15	Pool	Central	Lake Macquarie
Mens A Lake Macquarie have a BYE.					
Mens A	Tue 10 Mar 2026	18:00	Pool	Central	Bruisers
Mens A	Tue 10 Mar 2026	18:45	Pool	Easts	University
Womens B	Sat 14 Mar 2026	14:35	Pool	Central Orange	Lake Macquarie
Womens B	Sat 14 Mar 2026	16:05	Pool	Easts	University
Mens B	Sat 14 Mar 2026	15:20	Pool	Central Orange	Lake Macquarie
Mens B	Sat 14 Mar 2026	16:50	Pool	Easts	University
Womens C Central Grey have a BYE.					
u14 Girls	Sat 14 Mar 2026	11:45	Pool	Central Orange	Lake Macquarie
u14 Boys	Sat 14 Mar 2026	12:25	Pool	Central Orange	Lake Macquarie
u17 Boys	Sat 14 Mar 2026	13:50	Pool	Central Orange	Lake Macquarie
u17 Girls	Sat 14 Mar 2026	11:00	Pool	Central Grey	Easts
u17 Girls	Sat 14 Mar 2026	13:05	Pool	Central Orange	Lake Macquarie

Round 18 · Week starting Sun 08 Mar 2026

Charlestown Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap

Womens C	Sat 14 Mar 2026	12:00	Pool	East's Yellow	East's Blue
u12 Mixed	Sat 14 Mar 2026	10:15	Pool	East's Blue	East's Yellow
u12 Mixed	Sat 14 Mar 2026	10:50	Pool	Central Grey	Lake Macquarie Sky
u12 Mixed	Sat 14 Mar 2026	11:25	Pool	Central Blue	Lake Macquarie Navy
u14 Girls East's have a BYE.					
u14 Boys East's have a BYE.					
u17 Boys East's have a BYE.					

Round 18 · Week starting Sun 08 Mar 2026

Lakeside Leisure Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens B	Sat 14 Mar 2026	13:30	Pool	Bluebottles	Central Blue
Mens B	Sat 14 Mar 2026	14:15	Pool	Barracudas	Central Blue
u17 Boys	Sat 14 Mar 2026	12:45	Pool	Bullsharks	Central Blue
u17 Girls	Sat 14 Mar 2026	12:00	Pool	Blacktips	Central Blue

Round 18 · Week starting Sun 08 Mar 2026

Mayfield Pool					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 14 Mar 2026	11:55		BGs	Central Orange
u12 Mixed	Sat 14 Mar 2026	10:00		Bluefins	Central Orange
u14 Girls	Sat 14 Mar 2026	10:35		Bandits	Central Blue
u14 Boys	Sat 14 Mar 2026	11:15		Bulldawgs	Central Blue

Round 18 · Week starting Sun 08 Mar 2026

Swansea Swim Centre					
Grade	Day	Time	Pool	White Cap	Blue Cap
Womens C	Sat 14 Mar 2026	12:00	Pool	Lake Macquarie Navy	Central Blue
Womens C	Sat 14 Mar 2026	12:45	Pool	Lake Macquarie Sky	University