



# Newcastle Water Polo

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## Newcastle Water Polo Inc. Summer 2023\_24 · Mens C

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### Round 1 · Week starting Sun 08 Oct 2023

#### Lambton Pool

| Day             | Time  | White Cap      | Blue Cap     |
|-----------------|-------|----------------|--------------|
| Sat 14 Oct 2023 | 13:15 | Central Mens C | Easts Mens C |

### Round 1 · Week starting Sun 08 Oct 2023

#### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap      |
|-----------------|-------|-----------------------|---------------|
| Sat 14 Oct 2023 | 12:50 | Lake Macquarie Mens C | Bar In Mens C |

## Round 2 · Week starting Sun 15 Oct 2023

### Lambton Pool

| Day             | Time  | White Cap    | Blue Cap      |
|-----------------|-------|--------------|---------------|
| Sat 21 Oct 2023 | 12:30 | Easts Mens C | Bar In Mens C |

## Round 2 · Week starting Sun 15 Oct 2023

### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap       |
|-----------------|-------|-----------------------|----------------|
| Sat 21 Oct 2023 | 12:55 | Lake Macquarie Mens C | Central Mens C |

## Round 3 · Week starting Sun 22 Oct 2023

Lambton Pool

| Day             | Time  | White Cap      | Blue Cap      |
|-----------------|-------|----------------|---------------|
| Sat 28 Oct 2023 | 12:30 | Central Mens C | Bar In Mens C |

## Round 3 · Week starting Sun 22 Oct 2023

| Swansea Swim Centre |       |                       |              |
|---------------------|-------|-----------------------|--------------|
| Day                 | Time  | White Cap             | Blue Cap     |
| Sat 28 Oct 2023     | 12:55 | Lake Macquarie Mens C | Easts Mens C |

## Round 4 · Week starting Sun 29 Oct 2023

| Lambton Pool    |       |                |              |
|-----------------|-------|----------------|--------------|
| Day             | Time  | White Cap      | Blue Cap     |
| Sat 04 Nov 2023 | 15:10 | Central Mens C | Easts Mens C |

## Round 4 - Week starting Sun 29 Oct 2023

| Swansea Swim Centre |       |                       |               |
|---------------------|-------|-----------------------|---------------|
| Day                 | Time  | White Cap             | Blue Cap      |
| Sat 04 Nov 2023     | 14:25 | Lake Macquarie Mens C | Bar In Mens C |

**Round 5 · Week starting Sun 05 Nov 2023**

**Lambton Pool**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b>       |
|-----------------|-------------|------------------|-----------------------|
| Sat 11 Nov 2023 | 12:55       | Central Mens C   | Lake Macquarie Mens C |

**Round 5 · Week starting Sun 05 Nov 2023****Swansea Swim Centre**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b> |
|-----------------|-------------|------------------|-----------------|
| Sat 11 Nov 2023 | 10:35       | Bar In Mens C    | Easts Mens C    |

**Round 6 · Week starting Sun 12 Nov 2023****Lambton Pool**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b> |
|-----------------|-------------|------------------|-----------------|
| Sat 18 Nov 2023 | 15:30       | Central Mens C   | Bar In Mens C   |

## Round 6 - Week starting Sun 12 Nov 2023

| Swansea Swim Centre |       |                       |              |
|---------------------|-------|-----------------------|--------------|
| Day                 | Time  | White Cap             | Blue Cap     |
| Sat 18 Nov 2023     | 12:45 | Lake Macquarie Mens C | Easts Mens C |



**Round 7 · Week starting Sun 19 Nov 2023**

**Mayfield Pool**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b> |
|-----------------|-------------|------------------|-----------------|
| Sat 25 Nov 2023 | 11:15       | Central Mens C   | Easts Mens C    |

**Round 7 · Week starting Sun 19 Nov 2023****Swansea Swim Centre**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b>       |
|-----------------|-------------|------------------|-----------------------|
| Sat 25 Nov 2023 | 15:40       | Bar In Mens C    | Lake Macquarie Mens C |

**Round 8 · Week starting Sun 26 Nov 2023****Lambton Pool**

| <b>Day</b>      | <b>Time</b> | <b>White Cap</b> | <b>Blue Cap</b> |
|-----------------|-------------|------------------|-----------------|
| Sat 02 Dec 2023 | 14:00       | Central Mens C   | Easts Mens C    |

## Round 8 - Week starting Sun 26 Nov 2023

| Swansea Swim Centre |       |                       |               |
|---------------------|-------|-----------------------|---------------|
| Day                 | Time  | White Cap             | Blue Cap      |
| Sat 02 Dec 2023     | 14:10 | Lake Macquarie Mens C | Bar In Mens C |



## Round 9 - Week starting Sun 03 Dec 2023

### Lambton Pool

| Day             | Time  | White Cap      | Blue Cap      |
|-----------------|-------|----------------|---------------|
| Sat 09 Dec 2023 | 14:00 | Central Mens C | Bar In Mens C |

## Round 9 - Week starting Sun 03 Dec 2023

### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap     |
|-----------------|-------|-----------------------|--------------|
| Sat 09 Dec 2023 | 14:10 | Lake Macquarie Mens C | Easts Mens C |

## Round 10 - Week starting Sun 10 Dec 2023

### Mayfield Pool

| Day             | Time  | White Cap     | Blue Cap     |
|-----------------|-------|---------------|--------------|
| Sat 16 Dec 2023 | 11:55 | Bar In Mens C | Easts Mens C |

## Round 10 - Week starting Sun 10 Dec 2023

### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap       |
|-----------------|-------|-----------------------|----------------|
| Sat 16 Dec 2023 | 14:10 | Lake Macquarie Mens C | Central Mens C |



## Round 12 · Week starting Sun 28 Jan 2024

| Mayfield Pool   |       |               |              |
|-----------------|-------|---------------|--------------|
| Day             | Time  | White Cap     | Blue Cap     |
| Sat 03 Feb 2024 | 11:55 | Bar In Mens C | Easts Mens C |

## Round 12 · Week starting Sun 28 Jan 2024

| Swansea Swim Centre |       |                       |                |
|---------------------|-------|-----------------------|----------------|
| Day                 | Time  | White Cap             | Blue Cap       |
| Sat 03 Feb 2024     | 12:50 | Lake Macquarie Mens C | Central Mens C |



## Round 13 - Week starting Sun 04 Feb 2024

| Mayfield Pool   |       |               |                |
|-----------------|-------|---------------|----------------|
| Day             | Time  | White Cap     | Blue Cap       |
| Sat 10 Feb 2024 | 11:55 | Bar In Mens C | Central Mens C |

## Round 13 - Week starting Sun 04 Feb 2024

| Swansea Swim Centre |       |                       |              |
|---------------------|-------|-----------------------|--------------|
| Day                 | Time  | White Cap             | Blue Cap     |
| Sat 10 Feb 2024     | 14:10 | Lake Macquarie Mens C | Easts Mens C |



## Round 15 · Week starting Sun 18 Feb 2024

### Lambton Pool

| Day             | Time  | White Cap      | Blue Cap              |
|-----------------|-------|----------------|-----------------------|
| Sat 24 Feb 2024 | 16:00 | Central Mens C | Lake Macquarie Mens C |

## Round 15 · Week starting Sun 18 Feb 2024

### Mayfield Pool

| Day             | Time  | White Cap     | Blue Cap     |
|-----------------|-------|---------------|--------------|
| Sat 24 Feb 2024 | 12:40 | Bar In Mens C | Easts Mens C |

## Round 16 · Week starting Sun 25 Feb 2024

### Lambton Pool

| Day             | Time  | White Cap      | Blue Cap      |
|-----------------|-------|----------------|---------------|
| Sat 02 Mar 2024 | 13:40 | Central Mens C | Bar In Mens C |

## Round 16 · Week starting Sun 25 Feb 2024

### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap     |
|-----------------|-------|-----------------------|--------------|
| Sat 02 Mar 2024 | 10:35 | Lake Macquarie Mens C | Easts Mens C |



## Round 17 · Week starting Sun 03 Mar 2024

### Lambton Pool

| Day             | Time  | White Cap      | Blue Cap     |
|-----------------|-------|----------------|--------------|
| Sat 09 Mar 2024 | 17:25 | Central Mens C | Easts Mens C |

## Round 17 · Week starting Sun 03 Mar 2024

### Swansea Swim Centre

| Day             | Time  | White Cap             | Blue Cap      |
|-----------------|-------|-----------------------|---------------|
| Sat 09 Mar 2024 | 13:35 | Lake Macquarie Mens C | Bar In Mens C |