



ADM-POL008

ASTHMA FRIENDLY POLICY

MAY 2015

Purpose

This Policy outlines Hockey SA's commitments to be an 'asthma friendly sport'.

The aim of this policy is for participants who are known to have asthma to be supported and for staff, athletes, officials and volunteers to be able to access Asthma First Aid in an emergency.

Scope

This Policy applies to the scope of Hockey SA's direct responsibilities including operation of the State Hockey Centre and overseeing traveling state teams.

Individual Member Clubs and Regional Associations/Clubs affiliated with Hockey SA should consider their own circumstances and position regarding asthma related policy and initiatives.

Policy Commitment

Asthma is a major chronic health condition that currently affects over 180,000 South Australians, including 1 in 9 children. It is estimated that 50% of these people will experience symptoms during physical activity (Exercise-Induced Asthma).

Sport and recreation organisations can play a key role in providing a safe and supportive environment for participants with asthma. Hockey SA recognises the need to promote responsible asthma management strategies and foster the development of greater asthma awareness.

Policy Statement

It is recommended that all people with asthma regularly consult their Doctor for efficient asthma management. However, to reduce the likelihood of an asthma emergency, the following strategies will be implemented:

Board and Management will be encouraged to:

- Provide Hockey SA coaches and trainers with the opportunity to participate in Asthma First Aid training
- Display asthma information in suitable locations
- Encourage the development of an environment and culture of asthma awareness
- Endeavour to reduce triggers in the local environment that may affect asthma.

Coaches, Officials and Volunteers will be encouraged to:

- Participate in a recognised Asthma First Aid training course (and update every three years)
- Ensure the Asthma Emergency Management Kit is available
- Ensure all asthma first aid incidents are recorded
- Be aware of participants with asthma in their teams or squads
- Encourage strategies to reduce the impact of asthma, including Exercise-Induced Asthma
- Communicate asthma concerns to parents and carers as appropriate.

Members and Participants will be encouraged to:

- Take responsibility for the management of their asthma, including consulting their doctor to develop a written Asthma Action Plan
- Implement strategies to reduce the impact of Exercise-Induced Asthma
- Ensure they have their reliever medication available at all times.

Parents and Carers will be encouraged to:

- Provide and update asthma information as required or needed
- Consult their child's doctor to develop a written Asthma Action Plan
- Ensure an appropriate supply of reliever medication is available for their child.

Review of policy

The Board of Hockey SA will review this policy annually or as often as it determines necessary and will make any changes it determines necessary or desirable.

Access to the policy

This policy will be available for viewing by any member of Hockey SA through its website or a copy will be provided upon request.