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**Langwarrin Running Club**

**Meeting Agenda and Minutes**

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| Meeting Title: | LRC General Meeting |
| Date: | Saturday 15 July, 2023 |
| Time: | 9.00am |
| Location: | Langwarrin General Store |
| Chair: | Luke Raymond. |
| Minutes: | Paige Jessulat. |
| Invited: | Luke Raymond, Cal Wade, EJ Tobias, Paige Jessulat, Andrew Moldrich, Ash Mills. |
| Attendees: | Luke Raymond, Cal Wade, EJ Tobias, Paige Jessulat, Ash Mills. |
| Apologies: | Andrew Moldrich. |

**Meeting open: 8.48am**

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| Item | Subject | Speaker | Minutes |
| 1 | Welcome | Luke | * Welcome |
| 2 | Business arising from previous minutes | Paige, Luke | * Shift social run time back to 7.30am – completed. * Easter Run – completed. * LRC Birthday Breakfast – completed. * Guest speaker to be organised – Luke has investigated a few options – possibly Deon Finniconi, possibly linked in with trail camp. * Old bank account was to be closed, was awaiting Mel’s signature – still to be actioned. |
| 3 | Treasurer’s report | EJ | * Current balance - $3,035.95. * Outgoing expenses included AV fee, easter eggs, coffee day – $583.17 |
| 4 | Committee changes | Luke | * Luke suggested keeping the current committee until the AGM when we can officially nominate and vote people in. Committee in agreement with this. * All members welcome to contribute their ideas to the club via committee too. |
| 5 | Training camp | Cal / All | * Accommodation – several groups have reserved cabins etc. * Continue to post on social media. * Itinerary:   + Arrive on Friday night – short night run.   + Club to provide pizza for tea on the first night run.   + Saturday morning – long run.   + Saturday afternoon - recovery with Morgan.   + Saturday afternoon – short/medium run.   + Saturday afternoon/evening – waterfall visit?   + Guest speaker – Saturday evening?   + Saturday night – possibly go out to the local pub for dinner at everyone’s own expense.   + Sunday morning – short run before people head home. Walking trail loop. Breakfast afterwards.   + Potential to ask Casey to run a pilates session. Paige to ask Casey. * All events to be inclusive for all paces/experience. * First aid – put a post out to see who has first aid qualifications etc. Possibly need to purchase own first aid kit for club. * People’s children will be their own responsibility. * Include in social media post from today anyone who hasn’t received email to reach out and sign up. * Social run to be run in Langwarrin for this weekend whilst away – depending on who is attending, may need to ask another member to host the run. |
| 6 | Website | Andrew, Luke | * Some committee members bios still to be provided to Andrew ASAP. * Thanks to Andrew for his work on the website which is looking great. |
| 7 | Club vision | Andrew, Luke | * Current vision is to socially connect like-minded runners and support people to achieve their running goals. |
| 8 | Annual events | Andrew, Luke | * Running calendar is up on social media already. * Training run for marathon to be organised approximately 3 weeks ahead of the Melbourne Marathon.   + Date: Sunday 24th September.   + Location suggestion – previous location of Hastings, or Langwarrin F&F reserve. * Frankston Running Festival – should get a team together to support a local event – great advertising for our club too – likely to get a large team. Luke will reach out to them for potential discounts. * Night run to be organised for Halloween evening – possibly earlier as Halloween is close to the training camp. Suggestion to do before daylight savings ends so we can have it earlier. Ash will likely host this run. |
| 9 | Any other business | All | * Sharing of minutes – we will update the club on our meetings and a summary of the minutes via social media. Minutes to be emailed to signed up members through RevSport. Paige to do this. * Frankston Community Support Centre – Luke is currently volunteering there, would we be open to fundraise for them? Committee in agreement. Luke to think of ideas of ways to do this. * Morgan Degan – physio – supports the club with discounts. She is going to arrange gifts like water bottle/towel/band for the club, voucher for prizes etc, in exchange for advertising. * Ash mentioned a potential need to reach out to members who have not been returning – committee members to message those other runners who may not show up for a few weeks to check in with them and encourage them to return, assess barriers to returning etc. * We continue to offer a no-cost club apart from AV membership. * Social media – would be great to make more use of Instagram. Potential to share member goals and achievements, birthday shout outs, member contributions, advertising for Morgan etc. Paige and EJ to take a lead role in this. * Committee to pick up extra runs to cover gaps in run leader schedule for time being. * Next committee meeting to be 22/8/23 – 8.00pm at Beretta’s Pub. |

**Meeting closed: 9.40am.**