



PREGNANCY IN SPORT

GRSA supports every pregnant sportswoman's right to make the decision about whether, when and for how long a pregnant women should continue to play sport, in consultation with their medical advisers.

The Association is committed to equal opportunity and the avoidance of discrimination, particularly where pregnant women are concerned, and resolves to put into place a policy that ensure that all members understands these policies and commitments.

The Association undertakes to provide a clear statement containing the content of this policy and place in a prominent position where players/officials are likely to see it. The Association undertakes to provide a clear statement containing the content of this Association policy in the nomination form for all Representative female players/officials and require that selected players/officials sign an indemnity, disclaimer and/or waiver if they wish to continue to play whilst pregnant.

The Association is committed to ensure that these policies are continually updated. In support of this policy, all members of the Association should:

- be aware that softball can involve strong contact with other players and equipment, and that any participants/officials who believes she may be pregnant, takes part in any competition at their own risk.
- be aware that participation in softball during pregnancy can pose theoretical risks to themselves and their unborn child.
- respect and support the rights of women who wish to continue exercising while pregnant.
- be aware that GRSA reserves the right to request evidence that the player/official has obtained medical advice in respect of her participation whilst pregnant.
- seek medical advice for their own health and safety and that of their unborn child/ren, should they believe they may be pregnant.
- avoid giving advice that they are not qualified to give, and encourage pregnant participants/officials to obtain and act on professional medical advice, particularly about the risks of continuing to play and when to stop.
- support a woman's right to privacy by not requiring that a woman disclose that she is pregnant unless she should chose to do so.
- ensure that participants provide a pregnant player the same degree of duty of care as they would any other participant.
- ensure that coaches select participants on the basis of merit and capability, and that all players/officials are treated equitably at all times.
- advise all new female players/officials of the G.R.S.A. Policy on Pregnancy In Sport.