

# **FITNESS AND SPORTS TAEKWONDO**

## **Assumption of Risk Waiver and Club Policies**

### **Assumption of Risk Waiver**

You understand there is a possible risk of injury from use of any equipment and / or activities whilst participating in Taekwondo / Boot Camp / Personal Training sessions. You knowingly and freely assume all such risks both known and unknown, with using equipment and exercises conducted in sessions provided by Fitness And Sports Taekwondo (FAST).

Fitness And Sport Taekwondo strongly advise that all participants consult their General Practitioner before participating in any form of physical activity. You therefore declare that you are in a good state of physical condition and health. You declare that there is no medical reason whatsoever that could be regarded as a restriction upon or an obstruction to your enrolment. By signing this document you confirm to take responsibility for any risk that may arise as a result of personal health factors. You understand your health requirements and will bring any necessary medications to each training session as prescribed by your medical/health practitioner.

You understand that payments for training sessions conducted by Fitness And Sports Taekwondo are to be made before the first session of the term commences, a **penalty of \$15.00 will apply** if you fail to do so. Students who are not up to date with their membership fees will not be allowed to train.

Cancellation of memberships paid upfront will only be provided in specific circumstances where special consideration can be applied. Students will still be required to pay for their nominated Australian Taekwondo registration fee, all sessions up to the date of the cancellation and an \$40.00 administration fee.

You give the right to the coaches of Fitness And Sports Taekwondo to terminate your membership based on conduct and behaviour during training. You understand that poor behaviour by any participant will not be tolerated and can result in termination of their membership without a refund.

As a participant or a parent/guardian of a child participating in our Club, you must understand the inherent risks of highly strenuous physical activity conducted by Fitness And Sports Taekwondo. You must read and understand the terms and conditions outlined within this document before proceeding with your registration.



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