



FINDON CALISTHENICS CLUB

Code of Conduct

PARTICIPANT'S AGREEMENT:

In addition to the Member Protection Policy, **I AGREE** to meet the following requirements in regard to my conduct during any activity held or sanctioned by Findon Calisthenics Club.

I WILL:

1. Respect the rights, dignity and worth of fellow participants, coaches, officials and spectators.
2. Refrain from conduct which could be regarded as "bullying" or other harassment towards fellow participants and coaches in all medians, including in person, by email, on Facebook, BAND or any other form of team communication.
3. Be inclusive of race, gender and sexuality.
4. Respect the talent, potential and development of fellow team members and competitors.
5. Care and respect any equipment provided to me as part of my program.
6. Be frank and honest with my coach concerning illness and injury and my ability to train fully within the program requirements.
7. Accept the places awarded at competitions graciously whether you receive a place or not. This includes participating in solos.
8. Conduct myself in a professional manner relating to language, temper and punctuality.
9. Maintain high personal behavioural standards at all times.
10. Abide by the rules and respect the decision of the adjudicators.
11. Respect other members and participants choices within the club.
12. Ensure I maintain professionalism at all times, including fundraising and club events, Findon Solo competitions, class and competitions.
13. Be honest in my attitude and preparation to training. Work equally hard for myself and my team.
14. Cooperate with coaches and staff in development of programs to adequately prepare me for competition at the highest level.

PARENT'S AGREEMENT:

In addition to our Member Protection Policy, **I AGREE** to meet the following requirements regarding my conduct during any activity held or sanctioned by Findon Calisthenics Club and in my role as a parent/guardian of a participant at Findon:

I WILL:

1. Treat your child the same, irrespective of them winning or losing.



2. Do not make comments at competitions about other teams' performances and your frustration over places awarded or not awarded.
3. Remember that your child participates in the sport of calisthenics for his/her enjoyment not your own.
4. Get involved in an appropriate manner if your child or the coach behaves in unacceptable ways during competitions.
5. Respect official's decisions and teach children to do likewise. If you disagree with an official raise the issue through the appropriate channels rather than questioning the official's judgement and honesty in public. Remember most officials are volunteers and give their time and effort for your child's involvement.
6. Recognise the value and importance of volunteer coaches, officials and administrators. They give off their time and resources to provide a recreational and competitive activities for the children and deserve your support. Without these volunteers your child could not participate.
7. Leave it to the coach to do the coaching.
8. Respect the decisions of the coaches and committee. If there is a dressing room roster, or you are told to not go back stage please adhere to this.
9. Understand that children will benefit from a break sometimes and that involvement in other sports is okay.
10. Be there when your child performs poorly. Be an understanding listener rather than a critic, judge and/or fixer.
11. Communicate with your child and ask them how they are really feeling about their sport and about competing in particular. If for any reason your child is not happy, please see an executive committee member or child's coach.
12. Calisthenics is a team sport, ensure your child is at class on time and does not miss too many classes.
13. Emphasise the good things your child did in preparing for and during the competition.

SPECTATOR'S AGREEMENT:

As a spectator at any competition or rehearsal you must agree to follow the below.

1. Remember that children participate in Calisthenics for fun, fitness and friendship. They are not performing for the entertainment of spectators only.
2. Applaud all performances and efforts from each team. Congratulate all participants upon their performance regardless of the competition's outcome.
3. Respect the official's decisions. If there is a disagreement, follow the appropriate procedure to address this.
4. Never ridicule or scold a child for making a mistake during a competition. Positive comments are motivational.
5. Show respect for your team's opponents. Without them there would be no competition.
6. Encourage children to follow the rules.



7. Demonstrate appropriate social behaviour by not using foul language, harassing team members, coaches or officials.

In the event that the above Terms are not adhered to, the Findon Calisthenics Club Committee in consultation with Team Coaches, may result in the following actions:

- Verbal warning
- Written warning
- Removal from the team
- Removal from the Club