

#### RESPECT

All participants, instructors, coaches, volunteers and equipment.

## SAFETY

Follow all ground rules given by your <a href="Instructors">Instructors</a>, coaches, volunteers.

# INCLUSION

Everyone has the right and opportunity to be apart of our club.

## RESILIENCE

It's okay to try new things and always do your best.

## **FUN**

Always have fun, while making sure to be safe, respect and include everyone and everything!