

Canberra Roller Derby League

Code of Conduct

1. All participants including skaters, board members, officials, coaches and volunteers should always create a Welcoming and Supportive environment for every participant.
1. Treat everyone with respect and not discriminate.
2. Every new skater, coach, trainer and volunteer should be given a fair go and the encouragement they need.
3. Skaters, officials, coaches, board members and volunteers must not participate in practices or bouts while intoxicated or under the influence of drugs.
4. Portraying CRDL in a positive light when seen to be representing it. Be mindful that swearing, intoxication, smoking, indecent exposure and disrespectful behaviour will not reflect well on CRDL.
5. Injured and incapable skaters should be given opportunities to participate at whatever level they feel comfortable with.
6. Bringing to the attention of the nearest Board Member or official immediately, any unusual, significant hazard in their presence or participation that may jeopardise the safety of themselves or any other individual.
7. Bringing to the attention of the nearest board member or official immediately, any actively bleeding wound or blood spillage. The injured skater must immediately remove themselves for first aid, and cannot return to league activities until their wound has stopped bleeding, and is appropriately covered. League activities must be paused until spilled blood has been appropriately cleaned.

Players' Code of Behaviour

1. Skaters must support a Safe Environment during practices and bouts. This includes:

Supplying your own skates and protective gear, including, but not limited to, knee and elbow pads, wrist guards, mouth guard and helmet. All gear should be appropriate to the sport, in good working order and should not pose a threat to any other player.

Supplying relevant contact information, reading the code of conduct and signing the waiver.

All skates and protective gear and clothing must be rink-safe, meaning that their use must not gash, indent or blemish the skating surface or any other surface, and that the skates will not cause injury to property or person(s).

No loose or dangly jewellery will be permitted to be worn during training or bouts. Skaters with piercings are advised to replace spikes with balls and to cover any piercings may pose a risk to skaters or others.

Skaters must take responsibility for their personal liability and wellbeing. Skaters are required to join Skate Australia in order to be a member of Canberra Roller Derby League. Membership includes sports accident insurance coverage. CRDL also recommends skaters have private health insurance if possible.

2. Skaters should have a Strong Team Ethos and should practice good sports-womanship at all times
 - a. Play by the rules. Never argue with an official. If you disagree, ask your Team Captain to deal with the matter.

- b. Control your temper. Verbal abuse of officials or other athletes, deliberately distracting or provoking an opponent is not acceptable or permitted in our sport.
- c. Work equally hard for yourself and/or your Team/League. Your Team/League's performance will benefit.
- d. Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- e. Participate in Roller Derby for the "fun of it" and for the sport, not the spectacle and theatrics.
- f. Discuss questions/concerns/problems openly and rationally.

All skaters should meet Skills Requirements before they are allowed to scrimmage and bout.

- a. Skaters should be willing to take direction/suggestions from coaches or trainers about skills and game rules.

Skaters will be required to make Attendance at practices and any mandatory meetings.

1. Once permanent, private practice times are determined, skaters will be required to attend a minimum number of practices per month. (This document will be updated once practice times and dates have been determined)
2. Skaters should contribute to the improvement of the league by volunteering time and effort to support league projects.

Skaters should choose a Derby Name that is not yet listed on the Master Roster, is not offensive and does not reflect poorly on the CRDL.

Board Members' Code of Behaviour

1. Create a welcoming and supportive environment for every member. Compliment all participants on their efforts.
2. Involve members in the planning, leadership, evaluation and decision-making related to CRDL.
3. Ensure that equal opportunities for participation are made available to all members, regardless of ability, size, shape, disability or ethnic origin.
4. Ensure that equipment and facilities are safe and appropriate to the ability level of participating members.
5. Ensure that adequate supervision is provided by qualified and competent coaches and officials capable of developing appropriate positive behaviour and skill technique.
6. Avoid allowing events to become primarily spectator entertainment. Focus more on the needs of the participants rather than the enjoyment of the spectators. To focus on „sport over spectacle“.
7. Distribute, abide by, and enforce the Code of Behaviour regarding players, officials, spectators and coaches.

Officials Code of Behaviour

1. Be consistent, objective and courteous in calling all infractions. Make a personal commitment to be informed of the principles and rules of Roller Derby.
2. Condemn unsporting behaviour and promote respect for all opponents.
3. Ensure that equipment and facilities meet safety standards and are appropriate.
4. Ensure that your behaviour is consistent with the principles of good sporting behaviour. Actions speak louder than words.

Coaches Code of Behaviour

1. Be reasonable in your demands on athletes' time, energy and enthusiasm.
2. Whenever possible, group athletes of similar skill level to give a reasonable chance of success. Avoid over-coaching the better performing athletes, the "just averages" athletes need and deserve equal time.
3. Remember that members participate for fun and enjoyment and that winning is only part of their enjoyment. Never ridicule or yell at the team for making mistakes or losing an event.
4. Ensure that equipment and facilities meet safety standards and are appropriate.
5. Follow the advice of a physician when determining when an injured athlete is ready to recommence training or competition.
6. Make a personal commitment to keep yourself informed of sound coaching principles.

Spectators Code of Behaviour

1. Demonstrate appropriate social behaviour by not harassing athletes, coaches or officials, smoking on the arena or being intoxicated.
2. Spectators (patrons on the premises as a result of the participant's involvement in the activity) must behave in a respectful manner to both person and property. Behaviour which could potentially lead to intentional or unintentional bodily injury or injury to property will not be tolerated.

Any skater found violating this Code of Conduct will have their membership reviewed by the committee of the CANBERRA ROLLER DERBY LEAGUE and action, such as a formal warning or expulsion without refund of dues paid, may be taken.