



# Centenary Rowing Club

PO Box 3601 Mt Ommaney BC 4074

President: Peter Hayes

Rowing Executive: Peter Hayes, Tanya Brehmer, James Hamilton, Mark Cramond

## **Code of Conduct:**

1. I am an ambassador of CRC and shall maintain high standards of moral and ethical conduct, which includes self-control, responsible behaviour, and consideration for the physical and emotional well-being of others.
2. I will treat others with respect and expect to be treated with respect in return.
3. I will respect an individual's dignity and acknowledge that verbal or physical behaviour that constitutes harassment or abuse are unacceptable.
4. I will uphold the generally accepted standards of fair play and exhibit a high level of sportsmanship and team spirit.
5. I will be modest in victory and gracious in defeat.
6. I will refrain from using profane, insulting or otherwise offensive behaviour.
7. I will abide by the CRC policies and procedures.
8. I will not possess or use any illegal drugs and if under the age of 18, will not possess or use alcohol or tobacco in any form during any activity associated with CRC.
9. I will reimburse the cost of any damage to equipment or property resulting from wilful or negligent action on my part.
10. I acknowledge that the CRC officials and coaches are responsible for the athletes and therefore should follow their instructions and respect their authority.
11. As a member or program participant of Centenary Rowing Club (CRC), I pledge to follow this Athlete Code of Conduct. Should I fail to comply with these requirements, I may be subject to the following further disciplinary actions:
  - a. Reprimand
  - b. Suspension-
  - c. Removal from a team
  - d. Expulsion

Rowers Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness to signature: \_\_\_\_\_

Date: \_\_\_\_\_