



Central Coast Water Polo

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Juniors 2023/24

Round 1 - Week starting Sun 08 Oct 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|---------------|--------------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 14 Oct 2023 | 09:10 | | Wyong M16 | The Entrance M16 |
| Mens 16 | Sat 14 Oct 2023 | 09:45 | | Woy Woy M16 | Gosford M16 |
| Ladies 16 | Sat 14 Oct 2023 | 08:00 | | Wyong L16 | The Entrance L16 |
| Ladies 16 | Sat 14 Oct 2023 | 08:35 | | Woy Woy L16 | Gosford L16 |
| Mens 14 | Sat 14 Oct 2023 | 11:30 | | Wyong M14 | The Entrance M14 |
| Mens 14 | Sat 14 Oct 2023 | 12:05 | | Woy Woy M14 | Gosford M14 |
| Ladies 14 | Sat 14 Oct 2023 | 10:20 | | Wyong L14 | The Entrance L14 |
| Ladies 14 | Sat 14 Oct 2023 | 10:55 | | Woy Woy L14 | Gosford L14 |
| u12 Mixed | Sat 14 Oct 2023 | 12:40 | | Wyong u12's | The Entrance u12's |
| u12 Mixed | Sat 14 Oct 2023 | 13:10 | | Woy Woy u12's | Gosford u12's |

Round 2 - Week starting Sun 15 Oct 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|---------------|--------------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 21 Oct 2023 | 09:10 | | Gosford M16 | Wyong M16 |
| Mens 16 | Sat 21 Oct 2023 | 09:45 | | Woy Woy M16 | The Entrance M16 |
| Ladies 16 | Sat 21 Oct 2023 | 08:00 | | Gosford L16 | Wyong L16 |
| Ladies 16 | Sat 21 Oct 2023 | 08:35 | | Woy Woy L16 | The Entrance L16 |
| Mens 14 | Sat 21 Oct 2023 | 11:30 | | Gosford M14 | Wyong M14 |
| Mens 14 | Sat 21 Oct 2023 | 12:05 | | Woy Woy M14 | The Entrance M14 |
| Ladies 14 | Sat 21 Oct 2023 | 10:20 | | Gosford L14 | Wyong L14 |
| Ladies 14 | Sat 21 Oct 2023 | 10:55 | | Woy Woy L14 | The Entrance L14 |
| u12 Mixed | Sat 21 Oct 2023 | 12:40 | | Gosford u12's | Wyong u12's |
| u12 Mixed | Sat 21 Oct 2023 | 13:10 | | Woy Woy u12's | The Entrance u12's |

Round 3 · Week starting Sun 22 Oct 2023

| Gosford Olympic Pool | | | | | | |
|----------------------|-----------------|-------|----------|---------------|--------------------|--|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap | |
| Mens 16 | Sat 28 Oct 2023 | 11:40 | Pool | Gosford M16 | The Entrance M16 | |
| Ladies 16 | Sat 28 Oct 2023 | 11:00 | Pool | Gosford L16 | The Entrance L16 | |
| Mens 14 | Sat 28 Oct 2023 | 10:30 | Pool | Gosford M14 | The Entrance M14 | |
| Ladies 14 | Sat 28 Oct 2023 | 10:00 | Pool | Gosford L14 | The Entrance L14 | |
| u12 Mixed | Sat 28 Oct 2023 | 09:30 | Pool | Gosford u12's | The Entrance u12's | |

Round 3 · Week starting Sun 22 Oct 2023

| Peninsula Leisure Centre | | | | | | |
|--------------------------|-----------------|-------|----------|---------------|-------------|--|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap | |
| Mens 16 | Sat 28 Oct 2023 | 10:35 | | Woy Woy M16 | Wyong M16 | |
| Ladies 16 | Sat 28 Oct 2023 | 10:00 | | Woy Woy L16 | Wyong L16 | |
| Mens 14 | Sat 28 Oct 2023 | 11:45 | | Woy Woy M14 | Wyong M14 | |
| Ladies 14 | Sat 28 Oct 2023 | 11:10 | | Woy Woy L14 | Wyong L14 | |
| u12 Mixed | Sat 28 Oct 2023 | 12:20 | | Woy Woy u12's | Wyong u12's | |

Round 4 · Week starting Sun 29 Oct 2023

Gosford Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|---------|-----------------|-------|----------|-------------|-------------|
| Mens 16 | Sat 04 Nov 2023 | 12:00 | Pool | Gosford M16 | Woy Woy M16 |

| | | | | | |
|-----------|-----------------|-------|------|---------------|---------------|
| Ladies 16 | Sat 04 Nov 2023 | 11:20 | Pool | Gosford L16 | Woy Woy L16 |
| Mens 14 | Sat 04 Nov 2023 | 10:40 | Pool | Gosford M14 | Woy Woy M14 |
| Ladies 14 | Sat 04 Nov 2023 | 10:00 | Pool | Gosford L14 | Woy Woy L14 |
| u12 Mixed | Sat 04 Nov 2023 | 09:30 | Pool | Gosford u12's | Woy Woy u12's |

Round 4 · Week starting Sun 29 Oct 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|--------------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 04 Nov 2023 | 11:00 | | The Entrance M16 | Wyong M16 |
| Ladies 16 | Sat 04 Nov 2023 | 10:20 | | The Entrance L16 | Wyong L16 |
| Mens 14 | Sat 04 Nov 2023 | 09:40 | | The Entrance M14 | Wyong M14 |
| Ladies 14 | Sat 04 Nov 2023 | 09:00 | | The Entrance L14 | Wyong L14 |
| u12 Mixed | Sat 04 Nov 2023 | 08:30 | | The Entrance u12's | Wyong u12's |

Round 5 · Week starting Sun 05 Nov 2023

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|---------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 11 Nov 2023 | 12:30 | | Woy Woy M16 | Wyong M16 |
| Ladies 16 | Sat 11 Nov 2023 | 11:50 | | Woy Woy L16 | Wyong L16 |
| Mens 14 | Sat 11 Nov 2023 | 11:10 | | Woy Woy M14 | Wyong M14 |
| Ladies 14 | Sat 11 Nov 2023 | 10:30 | | Woy Woy L14 | Wyong L14 |
| u12 Mixed | Sat 11 Nov 2023 | 10:00 | | Woy Woy u12's | Wyong u12's |

Round 5 · Week starting Sun 05 Nov 2023

Wyong Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|--------------------|-----------------|
| Mens 16 | Sat 11 Nov 2023 | 11:00 | | The Entrance M16 | Gosford M16 |
| Ladies 16 | Sat 11 Nov 2023 | 10:20 | | The Entrance L16 | Gosford L16 |
| Mens 14 | Sat 11 Nov 2023 | 09:40 | | The Entrance M14 | Gosford M14 |
| Ladies 14 | Sat 11 Nov 2023 | 09:00 | | The Entrance L14 | Gosford L14 |
| u12 Mixed | Sat 11 Nov 2023 | 08:30 | | The Entrance u12's | Gosford u12's |

Round 6 · Week starting Sun 12 Nov 2023**Wyong Olympic Pool**

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|-----------------|
| Mens 16 | Sat 18 Nov 2023 | 10:30 | | Wyong M16 | Gosford M16 |
| Mens 16 | Sat 18 Nov 2023 | 15:00 | | The Entrance M16 | Woy Woy M16 |
| Ladies 16 | Sat 18 Nov 2023 | 09:50 | | Wyong L16 | Gosford L16 |
| Ladies 16 | Sat 18 Nov 2023 | 14:20 | | The Entrance L16 | Woy Woy L16 |
| Mens 14 | Sat 18 Nov 2023 | 09:10 | | Wyong M14 | Gosford M14 |
| Mens 14 | Sat 18 Nov 2023 | 13:40 | | The Entrance M14 | Woy Woy M14 |
| Ladies 14 | Sat 18 Nov 2023 | 08:30 | | Wyong L14 | Gosford L14 |
| Ladies 14 | Sat 18 Nov 2023 | 13:00 | | The Entrance L14 | Woy Woy L14 |

| | | | | |
|-----------|-----------------|-------|--------------------|---------------|
| u12 Mixed | Sat 18 Nov 2023 | 08:00 | Wyong u12's | Gosford u12's |
| u12 Mixed | Sat 18 Nov 2023 | 12:30 | The Entrance u12's | Woy Woy u12's |

Round 7 · Week starting Sun 19 Nov 2023

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|-------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 25 Nov 2023 | 12:30 | | Woy Woy M16 | Gosford M16 |
| Ladies 16 | Sat 25 Nov 2023 | 11:50 | | Woy Woy L16 | Gosford L16 |
| Mens 14 | Sat 25 Nov 2023 | 11:10 | | Woy Woy M14 | Gosford M14 |
| Ladies 14 | Sat 25 Nov 2023 | 10:30 | | Woy Woy L14 | Gosford L14 |

Round 7 · Week starting Sun 19 Nov 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|-------------|--------------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 25 Nov 2023 | 11:00 | | Wyong M16 | The Entrance M16 |
| Ladies 16 | Sat 25 Nov 2023 | 10:20 | | Wyong L16 | The Entrance L16 |
| Mens 14 | Sat 25 Nov 2023 | 09:40 | | Wyong M14 | The Entrance M14 |
| Ladies 14 | Sat 25 Nov 2023 | 09:00 | | Wyong L14 | The Entrance L14 |
| u12 Mixed | Sat 25 Nov 2023 | 08:30 | | Wyong u12's | The Entrance u12's |

Round 8 · Week starting Sun 26 Nov 2023

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|---------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 02 Dec 2023 | 12:30 | | Woy Woy M16 | Wyong M16 |
| Ladies 16 | Sat 02 Dec 2023 | 11:50 | | Woy Woy L16 | Wyong L16 |
| Mens 14 | Sat 02 Dec 2023 | 11:10 | | Woy Woy M14 | Wyong M14 |
| Ladies 14 | Sat 02 Dec 2023 | 10:30 | | Woy Woy L14 | Wyong L14 |
| u12 Mixed | Sat 02 Dec 2023 | 10:00 | | Woy Woy u12's | Wyong u12's |

Round 8 · Week starting Sun 26 Nov 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|--------------------|---------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 02 Dec 2023 | 11:00 | | The Entrance M16 | Gosford M16 |
| Ladies 16 | Sat 02 Dec 2023 | 10:20 | | The Entrance L16 | Gosford L16 |
| Mens 14 | Sat 02 Dec 2023 | 09:40 | | The Entrance M14 | Gosford M14 |
| Ladies 14 | Sat 02 Dec 2023 | 09:00 | | The Entrance L14 | Gosford L14 |
| u12 Mixed | Sat 02 Dec 2023 | 08:30 | | The Entrance u12's | Gosford u12's |

Round 9 · Week starting Sun 03 Dec 2023

Peninsula Leisure Centre

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|--------------------|
| Mens 16 | Sat 09 Dec 2023 | 12:30 | | Woy Woy M16 | The Entrance M16 |
| Ladies 16 | Sat 09 Dec 2023 | 11:50 | | Woy Woy L16 | The Entrance L16 |
| Mens 14 | Sat 09 Dec 2023 | 11:10 | | Woy Woy M14 | The Entrance M14 |
| Ladies 14 | Sat 09 Dec 2023 | 10:30 | | Woy Woy L14 | The Entrance L14 |
| u12 Mixed | Sat 09 Dec 2023 | 10:00 | | Woy Woy u12's | The Entrance u12's |

Round 9 - Week starting Sun 03 Dec 2023**Wyong Olympic Pool**

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|-----------------|
| Mens 16 | Sat 09 Dec 2023 | 11:00 | | Wyong M16 | Gosford M16 |
| Ladies 16 | Sat 09 Dec 2023 | 10:20 | | Wyong L16 | Gosford L16 |
| Mens 14 | Sat 09 Dec 2023 | 09:40 | | Wyong M14 | Gosford M14 |
| Ladies 14 | Sat 09 Dec 2023 | 09:00 | | Wyong L14 | Gosford L14 |
| u12 Mixed | Sat 09 Dec 2023 | 08:30 | | Wyong u12's | Gosford u12's |

Round 10 - Week starting Sun 10 Dec 2023**Gosford Olympic Pool**

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|-----------------|
| Mens 16 | Sat 16 Dec 2023 | 12:00 | Pool | Gosford M16 | Woy Woy M16 |

| | | | | | |
|-----------|-----------------|-------|------|---------------|---------------|
| Ladies 16 | Sat 16 Dec 2023 | 11:20 | Pool | Gosford L16 | Woy Woy L16 |
| Mens 14 | Sat 16 Dec 2023 | 10:40 | Pool | Gosford M14 | Woy Woy M14 |
| Ladies 14 | Sat 16 Dec 2023 | 10:00 | Pool | Gosford L14 | Woy Woy L14 |
| u12 Mixed | Sat 16 Dec 2023 | 09:30 | Pool | Gosford u12's | Woy Woy u12's |

Round 10 - Week starting Sun 10 Dec 2023

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|------------------|--------------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 16 Dec 2023 | 11:00 | | The Entrance M16 | Wyong M16 |
| Ladies 16 | Sat 16 Dec 2023 | 10:20 | | The Entrance L16 | Wyong L16 |
| Mens 14 | Sat 16 Dec 2023 | 09:40 | | The Entrance M14 | Wyong M14 |
| Ladies 14 | Sat 16 Dec 2023 | 09:00 | | The Entrance L14 | Wyong L14 |
| u12 Mixed | Sat 16 Dec 2023 | 08:30 | | Wyong u12's | The Entrance u12's |

Round 11 - Week starting Sun 07 Jan 2024

Gosford Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|--------------------|
| Mens 16 | Sat 13 Jan 2024 | 12:00 | Pool | Gosford M16 | The Entrance M16 |
| Ladies 16 | Sat 13 Jan 2024 | 11:20 | Pool | Gosford L16 | The Entrance L16 |
| Mens 14 | Sat 13 Jan 2024 | 10:40 | Pool | Gosford M14 | The Entrance M14 |
| Ladies 14 | Sat 13 Jan 2024 | 10:00 | Pool | Gosford L14 | The Entrance L14 |
| u12 Mixed | Sat 13 Jan 2024 | 09:30 | Pool | Gosford u12's | The Entrance u12's |

Round 11 - Week starting Sun 07 Jan 2024**Wyong Olympic Pool**

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|--------------|-----------------|-------------|-----------------|------------------|-----------------|
| Mens 16 | Sat 13 Jan 2024 | 11:00 | | Wyong M16 | Woy Woy M16 |
| Ladies 16 | Sat 13 Jan 2024 | 10:20 | | Wyong L16 | Woy Woy L16 |
| Mens 14 | Sat 13 Jan 2024 | 09:40 | | Wyong M14 | Woy Woy M14 |
| Ladies 14 | Sat 13 Jan 2024 | 09:00 | | Wyong L14 | Woy Woy L14 |
| u12 Mixed | Sat 13 Jan 2024 | 08:30 | | Wyong u12's | Woy Woy u12's |

Round 12 - Week starting Sun 14 Jan 2024

| Gosford Olympic Pool | | | | | |
|----------------------|-----------------|-------|----------|---------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 20 Jan 2024 | 12:00 | Pool | Gosford M16 | Wyong M16 |
| Ladies 16 | Sat 20 Jan 2024 | 11:20 | Pool | Gosford L16 | Wyong L16 |
| Mens 14 | Sat 20 Jan 2024 | 10:40 | Pool | Gosford M14 | Wyong M14 |
| Ladies 14 | Sat 20 Jan 2024 | 10:00 | Pool | Gosford L14 | Wyong L14 |
| u12 Mixed | Sat 20 Jan 2024 | 09:30 | Pool | Gosford u12's | Wyong u12's |

Round 12 - Week starting Sun 14 Jan 2024

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|--------------------|---------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 20 Jan 2024 | 11:00 | | The Entrance M16 | Woy Woy M16 |
| Ladies 16 | Sat 20 Jan 2024 | 10:20 | | The Entrance L16 | Woy Woy L16 |
| Mens 14 | Sat 20 Jan 2024 | 09:00 | | The Entrance M14 | Woy Woy M14 |
| Ladies 14 | Sat 20 Jan 2024 | 09:00 | | The Entrance L14 | Woy Woy L14 |
| u12 Mixed | Sat 20 Jan 2024 | 08:30 | | The Entrance u12's | Woy Woy u12's |

Round 13 - Week starting Sun 28 Jan 2024

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|-------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 03 Feb 2024 | 12:30 | | Woy Woy M16 | Gosford M16 |
| Ladies 16 | Sat 03 Feb 2024 | 11:50 | | Woy Woy L16 | Gosford L16 |
| Mens 14 | Sat 03 Feb 2024 | 11:10 | | Woy Woy M14 | Gosford M14 |

| | | | | |
|-----------|-----------------|-------|---------------|---------------|
| Ladies 14 | Sat 03 Feb 2024 | 10:30 | Woy Woy L14 | Gosford L14 |
| u12 Mixed | Sat 03 Feb 2024 | 10:00 | Woy Woy u12's | Gosford u12's |

Round 13 - Week starting Sun 28 Jan 2024

Wyong Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|-----------|-----------------|-------|----------|-------------|--------------------|
| Mens 16 | Sat 03 Feb 2024 | 11:00 | | Wyong M16 | The Entrance M16 |
| Ladies 16 | Sat 03 Feb 2024 | 10:20 | | Wyong L16 | The Entrance L16 |
| Mens 14 | Sat 03 Feb 2024 | 09:40 | | Wyong M14 | The Entrance M14 |
| Ladies 14 | Sat 03 Feb 2024 | 09:00 | | Wyong L14 | The Entrance L14 |
| u12 Mixed | Sat 03 Feb 2024 | 08:30 | | Wyong u12's | The Entrance u12's |

Round 14 - Week starting Sun 04 Feb 2024

| Gosford Olympic Pool | | | | | |
|----------------------|-----------------|-------|----------|---------------|--------------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 10 Feb 2024 | 12:00 | Pool | Gosford M16 | The Entrance M16 |
| Ladies 16 | Sat 10 Feb 2024 | 11:20 | Pool | Gosford L16 | The Entrance L16 |
| Mens 14 | Sat 10 Feb 2024 | 10:40 | Pool | Gosford M14 | The Entrance M14 |
| Ladies 14 | Sat 10 Feb 2024 | 10:00 | Pool | Gosford L14 | The Entrance L14 |
| u12 Mixed | Sat 10 Feb 2024 | 09:30 | Pool | Gosford u12's | The Entrance u12's |

Round 14 - Week starting Sun 04 Feb 2024

| Wyong Olympic Pool | | | | | |
|--------------------|-----------------|-------|----------|-----------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 16 | Sat 10 Feb 2024 | 11:00 | | Wyong M16 | Woy Woy M16 |

| | | | | |
|-----------|-----------------|-------|-------------|---------------|
| Ladies 16 | Sat 10 Feb 2024 | 10:20 | Wyong L16 | Woy Woy L16 |
| Mens 14 | Sat 10 Feb 2024 | 09:40 | Wyong M14 | Woy Woy M14 |
| Ladies 14 | Sat 10 Feb 2024 | 09:00 | Wyong L14 | Woy Woy L14 |
| u12 Mixed | Sat 10 Feb 2024 | 08:30 | Wyong u12's | Woy Woy u12's |

Round 15 - Week starting Sun 18 Feb 2024

Gosford Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|-----------|-----------------|-------|----------|---------------|-------------|
| Mens 16 | Sat 24 Feb 2024 | 12:00 | Pool | Gosford M16 | Wyong M16 |
| Ladies 16 | Sat 24 Feb 2024 | 11:20 | Pool | Gosford L16 | Wyong L16 |
| Mens 14 | Sat 24 Feb 2024 | 10:40 | Pool | Gosford M14 | Wyong M14 |
| Ladies 14 | Sat 24 Feb 2024 | 10:00 | Pool | Gosford L14 | Wyong L14 |
| u12 Mixed | Sat 24 Feb 2024 | 09:30 | Pool | Gosford u12's | Wyong u12's |

Round 15 - Week starting Sun 18 Feb 2024

Peninsula Leisure Centre

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|-----------|-----------------|-------|----------|---------------|--------------------|
| Mens 16 | Sat 24 Feb 2024 | 12:30 | | Woy Woy M16 | The Entrance M16 |
| Ladies 16 | Sat 24 Feb 2024 | 11:50 | | Woy Woy L16 | The Entrance L16 |
| Mens 14 | Sat 24 Feb 2024 | 11:10 | | Woy Woy M14 | The Entrance M14 |
| Ladies 14 | Sat 24 Feb 2024 | 10:30 | | Woy Woy L14 | The Entrance L14 |
| u12 Mixed | Sat 24 Feb 2024 | 10:00 | | Woy Woy u12's | The Entrance u12's |

Semi Finals - Week starting Sun 03 Mar 2024

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|------------------|-------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Ladies 16 | Sat 09 Mar 2024 | 08:30 | | TBD | TBD |
| Mens 14 | Sat 09 Mar 2024 | 10:00 | | The Entrance M14 | Woy Woy M14 |
| Ladies 14 | Sat 09 Mar 2024 | 11:40 | | TBD | TBD |
| u12 Mixed | Sat 09 Mar 2024 | 12:40 | | TBD | TBD |
| u12 Mixed | Sat 09 Mar 2024 | 13:40 | | TBD | TBD |
| Mens 16 | Sat 09 Mar 2024 | 10:30 | | TBD | TBD |

Finals - Week starting Sun 10 Mar 2024

Wyong Olympic Pool

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|---------|-----------------|-------|----------|-------------|-----------|
| Mens 14 | Thu 14 Mar 2024 | 18:00 | | Gosford M14 | Wyong M14 |

Finals - Week starting Sun 10 Mar 2024

Peninsula Leisure Centre

| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
|-----------|-----------------|-------|----------|---------------|-------------|
| Mens 14 | Sat 16 Mar 2024 | 11:10 | | Woy Woy M14 | Gosford M14 |
| u12 Mixed | Sat 16 Mar 2024 | 10:00 | | Gosford u12's | Wyong u12's |

| | | | | |
|-----------|-----------------|-------|-------------|-------------|
| Mens 16 | Sat 16 Mar 2024 | 12:30 | Gosford M16 | Wyong M16 |
| Ladies 16 | Sat 16 Mar 2024 | 11:50 | Gosford L16 | Woy Woy L16 |
| Ladies 14 | Sat 16 Mar 2024 | 10:30 | Wyong L14 | Woy Woy L14 |

Grand Finals - Week starting Sun 17 Mar 2024

| Peninsula Leisure Centre | | | | | |
|--------------------------|-----------------|-------|----------|------------------|---------------|
| Grade | Day | Time | Subvenue | White Cap | Blue Cap |
| Mens 14 | Sat 23 Mar 2024 | 12:10 | | The Entrance M14 | Gosford M14 |
| Mens 16 | Sat 23 Mar 2024 | 09:50 | | Woy Woy M16 | Gosford M16 |
| Ladies 16 | Sat 23 Mar 2024 | 09:00 | | Wyong L16 | Gosford L16 |
| Ladies 14 | Sat 23 Mar 2024 | 11:20 | | Gosford L14 | Wyong L14 |
| u12 Mixed | Sat 23 Mar 2024 | 10:40 | | Woy Woy u12's | Gosford u12's |