



## **BOCCIA NSW**

### **POLICY ON TEMPERATURE DURING BOCCIA COMPETITIONS**

#### **Introduction:**

As Boccia is a sport intended specifically for athletes living with a wide range of disabilities, player health and safety is an important consideration in competitions at all levels, as is the provision of optimum playing conditions to ensure the highest level of play. Boccia should never be seen as a test of endurance or resilience.

Temperature, though, is not the only factor to be considered in assessing player well-being. In an indoor sport facility, humidity and ventilation also need to be kept in mind.

#### **Aim:**

This policy aims to set temperature guidelines for Boccia competitions in New South Wales.

#### **Guidelines:**

1. When a competition is being planned, the temperature that can be expected inside the venue at the time of the competition should be included in the evaluation process. The Bureau of Meteorology has daily temperature records on its website.
2. The temperature inside the venue should be read on a digital thermometer located in the playing area and monitored by the Technical Delegate (TD).
3. If the temperature drops to below 10 degrees Celsius or rises to above 30 degrees Celsius, the TD will confer with the Head Referee and any other person they consider relevant to assess whether any steps need to be taken, such as:
  - A break may be permitted at the mid-point of the game in times of extreme high or low temperatures to allow players to cool down, or to warm up in times of low temperatures.
  - A reminder to players that a Medical Time Out is available if it's needed.
4. If air-conditioning, fans or heaters are not available in the venue and extreme temperatures are expected, it may be advisable to hire industrial fans or heaters for the duration of the event.



This policy will be reviewed by the Committee on an annual basis.

A copy will be posted on the Boccia NSW website.

Any complaints about this policy should be made in writing to the Committee, and will be considered at the next possible Committee meeting.

Date presented to the Boccia NSW Committee: 13/3/2023

Date approved by the Boccia NSW Committee: 13/3/2023

Last Reviewed by the Boccia NSW Committee: 13/3/2023

Date of next review: 2024