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| **ALL*** **ROWERS**
* **COACHES**
* **TINNY OPERATORS**
 | Understand and comply with BMRC Safety Policy and Procedures |
| Understand and take action to mitigate against risks posed by common hazards on and off the water – See *Warnings and Hazards*. |
| Be familiar with Lake Burly Griffin *Traffic Flow Guide*, and *ACT Regatta Reverse Traffic Flow* |
| Must not operate a boat while intoxicated - a maximum fine of $500. |
| Keep a good look out to avoid a collision. Call out to other boats if a collision is imminent. Call the type of boat approaching eg ‘double’, ‘quad’. |
| **ROWERS** | Be vigilant for other craft including kayaks, motor and sailing boats and other rowers, noting sailing boats have right of way. |
| Must not row in areas that have been cordoned off. |
| Must, if over taking a slower boat - comply with the **legal requirement** to stay out of the way of the boat/s being overtaken.On the course slower boats must move out of the way of faster boats, however, the legal requirement for the overtaking boat to stay clear of the boat that is being overtaken still applies.The legal requirement is to give way to a boat approaching from starboard side – the right hand side facing in the direction you are travelling (bowside). |
| Must be able to swim 50m, tread water for 2 minutes, swim 5m under water in rowing kit. If not, rowers to wear a Personal Flotation Device. |
| Never scull alone from 1 May to 30 September – use the four oar rule. |
| Must take great care when moving boats, undertake simple repairs to the boats being rowed and report (in the maintenance book) any damage to the boat and/or repairs they are unable to fix. |
| **BOW** | The person in the bow seat of any coxless crew assumes primary responsibility for the safety of that crew. That person becomes the lookout. When there is a coxswain in the boat – the bow person shares responsibility with the coxswain because the coxswain’s vision is sometimes obscured. |
| **STROKE** | It is the stroke’s responsibility to ensure that:* the boat is put onto (and taken off) the water correctly,
* is washed properly, and
* is checked for damage.
* reports damage in the boat maintenance book
* completes an Incident Report Form where required
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| **COACHES** | Coaches are responsible for the safety of those in their charge. Coaches should be aware of the weather forecast and evaluate the conditions before deciding (in light of rowers’ capabilities) whether it is safe to row.  |
| **TINNY OPERATORS** | Tinny operators must also be familiar and comply with legislative requirements for operating motor vessels as summarised in the *Tinny Checklist* and *Tinny Protocol for the Rowing Course and Wider Lake*. |