



CLUB Update December 2020

From the President

Safety is a significant priority for the BMRC Committee and the Club. As I write this there are indications of a COVID cluster developing in Sydney. We should all remain alert to the risks of the virus, and ensure we operate within the protocols defined in the BMRC 'Return to Play' arrangements.

The BMRC Safety Officer, Mary Bonney, has recently completed a Safety Audit of the BMRC fleet which found that a number of boats were being used while unseaworthy and therefore unsafe. There is an individual responsibility on all members to ensure that equipment being used is in a safe and serviceable condition; that we are aware of the rules of the Lake; that we are aware of the risks posed by other users and are taking care to ensure an unsafe situation does not develop, by taking some simple steps such as maintaining a safe lookout, taking a course that offers plenty of room (a safety margin) for other users, and yelling out to other users to warn of unsafe situations developing.

While it was disappointing to not be able to hold the Pudding Races this year, the recent Working Bee reinforced the strong community we have within BMRC. I hope you all have safe Christmas and New Year and I look forward to seeing you around the shed.

Leigh Gordon

From the Secretary

The Club mailing list has now been completely transferred to Google Groups.

The Yahoo Groups platform we previously used has now been discontinued, so any emails to the old address (blmtrc@yahoogroups.com) will disappear into a black hole.

The new address to send an email to the whole Club (to be used with caution and only for things we all, or most of us, need to know!) is:

blackmountainrowingclub@googlegroups.com

Any queries, please contact me - abercromby56@gmail.com

Judith

From the captain

Thanks to those who have volunteered to assist with a review of Club rigging on boats.

Thankyou also to those who were able to help out at the Working Bee, and those who pitched in beforehand. The Safety Audit of the boats was completed, but please continue to note any boat issues in the maintenance book, including as much detail as possible.

Boat movements: The Kelley has left the building for a new home. The Margot Bell is back in the shed as a replacement for the Kelley.

Private boat storage: The review of private boat storage is continuing and several boats have been identified as unused or rarely used. Individual boat owners will be contacted in the near future to discuss.

We are currently investigating travelling to Berry Park (near Maitland) for a weekend of regattas February 20th and 21st. Some Club members participated in this a couple of years ago and it was considered a successful weekend – both on and off the water.

More details to follow soon.

<https://regattas.rowingnsw.asn.au/regattas/5165>

and <https://regattas.rowingnsw.asn.au/regattas/5166>
Ian

From the COVID-19 Safety Officer

Community sport in the ACT, including rowing, continues to be subject to ACT Government COVID-19 restrictions and Canberra's COVID Recovery Plan. This is likely to continue for the foreseeable future.

BMRC's 'Return-to-Play' arrangements continue to apply to keep us COVID safe. This means you should:

- continue to fill in your details when you arrive and depart the shed
 - use the hand sanitiser **before** using the pen to fill in your details
- continue to apply the get in, train/compete, get out principle at the shed
- continue to observe social distancing when at the shed
 - as you move around the shed, remember there are the limits on the numbers of people who should be in the various areas of the shed
 - use the ergs in a socially distanced manner
- Clean shared equipment after each use, using clean water and detergent.

In this way we all do our bit to ensure we continue to enjoy easy access to the shed and to Club equipment.

More information about the current COVID restrictions can be found at covid19.act.gov.au or from Leslee Hodgson (BMRC COVID safety Officer).

Leslee

From the Safety Officer

In my role as Safety Officer, I have been working through a Safety Audit. The boats have all been checked. Thanks to those who helped. It was very disappointing to find around 6 shoes not tied down (some didn't even have laces!). PLEASE check this when you row – both Club and private boats. You don't want to find yourself upside down in the water one day, not able to get your foot out! And don't think you are safe in a bigger boat, that you won't capsize. Take it from me - it has been done! Also check the lace pulls. If there is any fraying etc. write it in the maintenance book.

I ask that you take the time to do the quiz about Lake traffic flow attached to this newsletter. You might learn something new.....I certainly did!

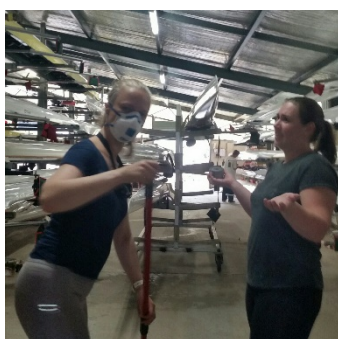
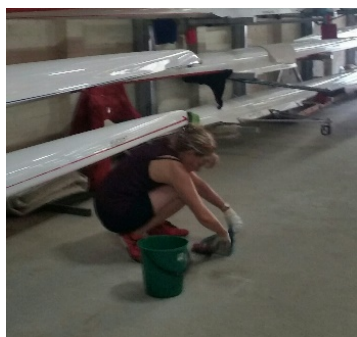
Mary B

Recent events

Working Bee:

The shed and surrounds were abuzz at the end of November with members on the roof, on the ground, on their knees, on the clipboards, on the BBQ, on their brooms..... With a great result. The shed looks spick and span, a number of safety items were checked, oars were painted, and an ongoing oar painting plan developed.

The windy weather altered some plans: oar painting moved inside, and it was too windy to place the new quad outside for a boat naming ceremony. Plus, we had the Great Mystery of the boat name stickers disappearing and then just as mysteriously reappearing a few days later! Stay tuned in 2021 for the rescheduled naming ceremony.



The Sunday School for Scullers

The Sunday School for Scullers wrapped up recently with another happy group enjoying their newfound confidence in the boat of truth, the single scull.

From a coaching perspective it was enormously gratifying to see this group develop over 6 weekend sessions from a timid uncertain collective into assured capable scullers who are ready to go on with the development of their boat handling skills.

Thanks to Mary Quilty for initiating this project and seeing it take to the water. We had indifferent weather on several occasions, yet we still managed to get out and even enjoy the challenge of dealing with the circumstances. There were countless 'ah-ha' moments that became cause for celebration. There were skinned knuckles and almost-swims, but throughout it all there was steady determination to do the drills and master the skills.

The payoff for all this angst was the pure satisfaction of taking that first clean stroke. For the coach, there is no greater thrill. So, thank you to all the class for showing up each week and trusting in the wisdom of the elders. We hope that your faith has been amply repaid by the new abilities that you have. Remember, keep at it. Never stop learning. Do the drills and above all, be open and conscientious in challenging yourself. See you at the capsized session.

Phillip



ACT Rowing Reception

Their Excellencies The Governor General and Mrs Hurley hosted a reception for the Rowing ACT Community. As Patrons of Rowing ACT, they presented awards including Life Membership to BMRC's David Bagnall and Vince McMahon in recognition of the incredible work they have done for the rowing community over many years.

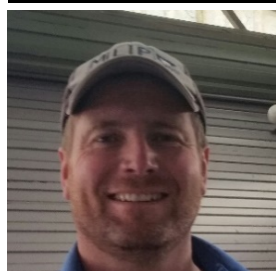


Upcoming Events

Regattas

January 2021						
30/1/2021	Sat	Canberra Grammar School Regatta	Canberra Grammar	Lake Burley Griffin	Standard	Info.. Events
February						
13/2/2021	Sat	ANU Boat Club Regatta	ANU	Lake Burley Griffin	Standard	Info.. Events
20/2/2021	Sat	Lake Macquarie Rowing Club	CDRA	Berry Park	Club	Info.. Events
21/2/2021	Sun	Endeavour Rowing Club	CDRA	Berry Park	Club	Info.. Events
March						
13/3/2021	Sat-Sun	ACT Open & Masters Championships	Rowing ACT	Lake Burley Griffin	Championship	Info..
22/3/2021	Mon-Sun	Australian Rowing Championships	Rowing Australia	Lake Barrington, TAS	National	Info.. Events Event Website...
May						
15/5/2021	Sat-Sun	NSW Masters Championships		SIRC, NSW	Masters	Info.. Events
27/5/2021	Thu-Sun	Australian Masters Rowing Championships	Rowing Australia	SIRC, NSW	Masters	Info..

Welcome New Members



Henry Bridgewater

I am very appreciative of how I have been welcomed and made to feel at home, after moving over from CRC in October. My rowing history is I rowed at Cranbrook school, for St Paul's College and Sydney University and then moved to the family farm, never giving it another thought. After moving to Canberra in 2016 I joined CRC and had two

seasons getting back into it from over 20 years off. Now I am enjoying the good boats, consistent training and having a goal of making state masters crews next year.

Cheers
Henry

Shout outs



Shout out to Jon of 'Signs, Lines n Letters' in Fyshwick. He kindly reprinted labels for 4 boats for free after I made a mistake in the order. Mary B



Shout out to the coaches (Mary Q, Phillip, Leslee and Dave Nash), the administrator (Judith) and other volunteers who helped with the Single Sculls Sessions. It was deemed a success, both as a fundraiser for the Club and by the progress made by the scullers.

Shout out to Leslee and Phil for getting the outboard motors serviced.

Community Announcements

With the oncoming silly season, it might be reasonable to expect an increase in the number of bottles to be recycled. So - kindly think of BMRC while downing a celebratory drink.

Checklist for recycling: Containers between 150ml and 3L in size. Can be glass, plastic, aluminium, steel or carton. Must be empty and in reasonable condition. Label must state 10c refund from collection depots.

You can bring them to the shed or take them to a recycling centre yourself.

By entering Cecilie's phone number 0403876944 at the collection depot and printing a label for each bag, the money will be credited directly to the BMRC account. Or, if you are paid out in cash, simply deposit it into our account, noting that it is from the recycling program. For collection points click on the link. <https://actcds.com.au/return-points/>

To date \$500 has been raised through this initiative.

