

SAILING POLICY

Alcohol and Other Drugs – Sailing Officials & Volunteers

PREAMBLE

Belmont 16ft Sailing Club is committed to providing a healthy and safe environment for our officials, volunteers and sailors.

This commitment includes providing adequate management of the risks that officials and volunteers may be subject to when undertaking race management duties.

The potential for alcohol and other drugs to impact on officials' or volunteers' ability to present in a "fit for duty" condition is one such risk. This policy aims to recognise and minimise this risk.

EFFECTS

1. Alcohol and Other Drugs Consumption can lead to:

- 1.1 Impairment of co-ordination and judgement.
- 1.2 Impairment of awareness and communication.
- 1.3 Slowed reaction time and memory loss.
- 1.4 Fatigue and vision problems.
- 1.5 Deterioration of skills and loss of interest.
- 1.6 Aggression and/or conflict.

REASONING

2. The Club is committed to implementing an Alcohol and Other Drugs program to:

- 2.1 Reduce the risk of alcohol and other drugs causing injury and damage.
- 2.2 Promote a healthy lifestyle and well-being for all sailing members, particularly our junior sailors.
- 2.3 Promote a culture of responsibility towards alcohol and other drugs consumption.
- 2.4 Meet its statutory obligations.

APPLICATION

3. This policy applies to personnel engaged in the following operational Race Management roles, as detailed in the Position Descriptions within the Sailing Operation Manual:

- 3.1 Principal Race Officer(s).
- 3.2 All members of the Start Boat crew.
- 3.3 Support Boat Drivers and all crew members.
- 3.4 Shore Marshall(s).
- 3.5 Radio Room Operator and Sighter(s).

RESPONSIBILITIES

4. The following responsibilities apply with respect to this policy:

- 4.1 Do not take part in the Race Management Team if you are under the influence of alcohol or drugs including prescription drugs.
This assumes a 0.05% blood alcohol level.
- 4.2 Do not possess or consume alcohol or illegal drugs immediately prior to or whilst on Race Management duties.
- 4.3 Seek advice on your ability to undertake your assigned tasks safely from your doctor with respect to prescribed drugs and a pharmacist for over the counter medications.

Please note that officials and volunteers must not take part in the Race Management Team if advised that their abilities may be impaired and that they will be unable to undertake their duties safely.
- 4.4 Advise the Principal Race Officer if you observe another official or volunteer acting in an unsafe manner.

Club Flag Officers have the authority to stand down an official or volunteer should they feel their abilities are impaired in any way.

POLICY DETAIL:	Date created:	July 2015
	Dates Reviewed:	July 2015, July 2016
	Date of Board Approval:	26 July 2016
	Next Revision Date:	As required.
	Responsibility:	Sailing Administration