

South Island Secondary School Dragon Boat Cup

Sunday 24th March
Lake Rua
Roto Kohatu, Harewood



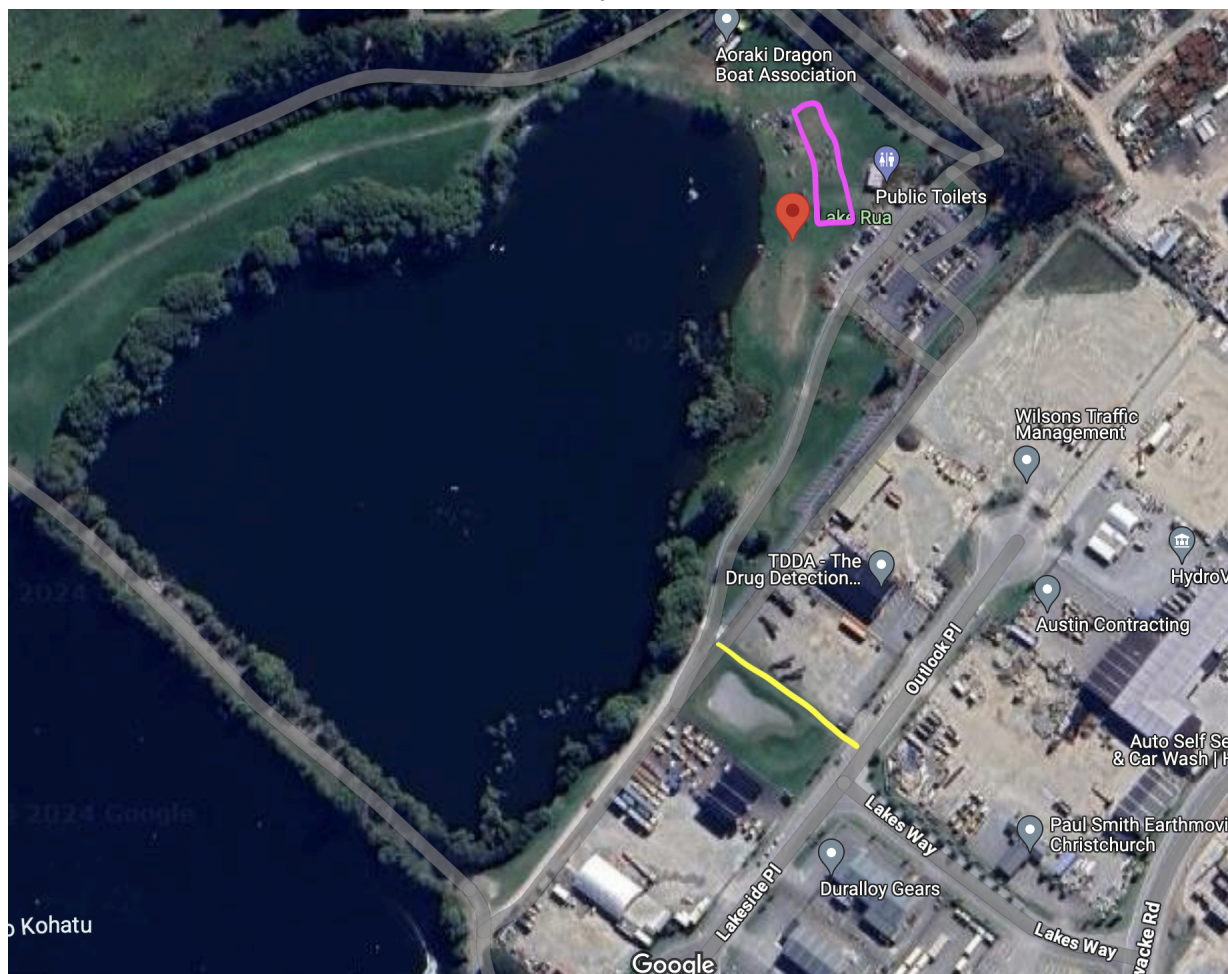
Below is all the information you should require for the event. If you have any questions, please reach out to aoraki.dragons.development@gmail.com

At Lake Rua - look out for a PINK hi-vis if you have any questions - I will be wearing pink and roaming around on the day.

Where to park:

Parking for the event is only available in the Lake Rua carpark and also on Outlook Place with a walk through the pedestrian access way. We are highly recommending teams to carpool. Parking is limited.

See map - Yellow is the pedestrian access way.



Tent set up:

Teams are to bring their own tents/gazebo/shade for the event. It is suggested to have shade as it can get hot, or cold, depending on the weather. See the map above for where your school can be set up - in the pink area. Note there are no allocated spots. Please be mindful of the teams around you as space is limited.

First Aid:

First aid services will be available on the day. If you have any injuries during the day, please visit them.

Food vendors:

There will be a food truck, coffee van and an ice cream vendor for spectators and participants.

Water:

There will be some water containers to top up bottles. It is suggested you bring your own bottle filled from home.

Toilets:

There is a toilet block for use during the event.

Sunscreen:

Ensure your team members all SLIP, SLOP, SLAP. Be Sun Smart!

Swimming:

The water is fresh and suitable for swimming. We ask that no students or spectators swim during the racing. If your school allows, swimming can occur AFTER the racing and prize giving has finished. This is solely at your school's discretion.

Essentials:

- Gazebo or other shade for your team
- Water & Food - snacks and high energy
- Sunscreen
- Warm clothes
- Towel
- Jandals or shoes you are happy to get wet

Schedule of events

8.30am	Teams Arrive
9am	Sweeps Briefing
9.15am	Team Briefing
9.30am	Racing Begins 1km (multiple flights) 500m Heat (one turn)
11am	Lunch Break Chant Off - Prepare your best chant as a school
12pm	500m Final (one turn) 200m Heats (2 heats each) 200m Finals
2.30 pm	Prizegiving Final Pack Up

*All racing will be in Standard boats (20 man)

*All races will have floating starts.

*Race times are approximate. At 9.30am and 12pm we are aiming to have the race start, so crews will be through crew loading and into the boats by this time.

*Divisions are Girls 20s and Mixed 10s.

*Callers are required.

*Carbon paddles are allowed if your school has them, or has access to them.

*No jeans, puffer jackets are to be worn in the boat during racing

Race Draw

A race draw will be sent out before the event. Copies will be available on the day.

Live Streaming

The racing will be live streamed on our YouTube channel. The link will be shared on the day and by email closer to the time.